The Everyday Discrimination Scale Full and Short Version

**Life Stage:** Prenatal, Infancy, Early Childhood, Middle Childhood, Adolescence  
**Target:** Mother, Caregiver  
**Reported by:** Mother, Caregiver, Child  

**Administration:** Questionnaire  
- Self-administered  
- Researcher/Interviewer-administered  

**Translation:** English

**Protocol Measurement Type:** Recommended, Preferred

**Brief Explanation of Tool:**
Brief scale designed to identify the complex ways in which economic and non-economic forms of discrimination relate to each other and combine with socio-economic position and other risk factors and resources to affect health.

**Equipment and Supplies Needed:**
- Questionnaire  
  - Paper and pencil for paper administration  
  - Electronic data collection platform where this measure is available (i.e., REDCap)

**Time to Complete:** 2-5 minutes

**Procedures/Instructions:**

**STAFF INSTRUCTIONS**

*Full version* - This form or the short form version should be completed by the pregnant woman during the prenatal life stage using the pregnancy ID. This form or the short form version is also recommended to be completed by the child’s primary caregiver during the infancy, early childhood, middle childhood, and adolescence life stages using the child’s participant ID.

*Short form* - This form or the longer version should be completed by the pregnant woman during the prenatal life stage using the pregnancy ID. This form or the longer version is also recommended to be completed by the child’s primary caregiver during the infancy, early childhood, middle childhood, and adolescence life stages using the child’s participant ID. The Short Form version is available as a subset of the original scale.

Questions refer to day to day life, and ask how often the participant experiences a set of situations.

Please refer to Best Practices for questionnaire administration. Form completion instructions embedded on form.

**References:**


Location:
https://echoportal.org/

Summary of Changes:

<table>
<thead>
<tr>
<th>Version</th>
<th>Date</th>
<th>Summary of Changes</th>
</tr>
</thead>
<tbody>
<tr>
<td>2.0</td>
<td>16Jun2020</td>
<td>Protocol v.1.3 - Reclassified the data element discrimination from essential in the prenatal life stage to recommended in the same life stage (already recommended in infancy, early childhood, middle childhood, and adolescence).</td>
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