# **Exploring the Generative Investment of an ePCT for Catalyzing Research**

Greg Simon, MD, MPH Kaiser Permanente Washington Health Research Institute



#### **Panelists**

- Susan Huang, MD
  - Active Bathing to Eliminate (ABATE) Infection
  - INtelligent Stewardship Prompts to Improve Real-time Empiric Antibiotic Selection for Patients (INSPIRE)
- Natalia Morone, MD
  - Group-based Mindfulness for Patients with Chronic Low Back Pain in the Primary Care Setting (OPTIMUM)
- Jon Tilburt, MD
  - Nonpharmacologic Options in Postoperative Hospital-based and Rehabilitation Pain Management (NOHARM)

#### **Session Goals**

 Discuss elements of research platforms in NIH Collaboratory Trials most at risk of dissipating and needing to be rebuilt for future research

 Describe which elements could be reused (e.g., relationships, teams, interventions, EHR/IT systems)





### **Exploring the Generative Investment: ABATE & INSPIRE Trials**







#### **Reusable Investments**

- Intangibles
- Tangibles
- Limitations

#### **Intangibles: Rapport**

#### **Efficiencies**

- Engagement discussions
- Communication
- Recruitment
- Access to key leaders, steering committees
  - ✓ Prioritization
  - ✓ Troubleshooting
  - ✓ Requests for operational support and speed

#### **Intangibles: Experience**

#### **Efficiencies**

- IRB
- DUAs, legal clearance for data access
- Framework and templates
  - ✓ Roadmap
  - ✓ IT specifications
  - ✓ Coaching call templates
  - ✓ Toolkits

#### **Tangibles: Computer Programs**

#### *Infrastructure*

Research computing enclave (VPN, server, software)

#### **Efficiencies**

- Variables and data streams
- EHR functions (e.g., screens, prompts)
- Data cleaning programs
- Analytic programs

#### **Limitations**

- Operational priorities change
- Funding for maintaining ready infrastructure
- Experience with select variables or outcomes not always translatable
- Team turnover: health system partners, investigators, staff

## Exploring the Generative investment of an ePCT for Catalyzing Research

Natalia Morone, MD

Boston Medical Center



## Platforms at risk of dissipating: OPTIMUM experience

- Community Advisory Board dissolves after trial end (significant time spent training board members and staff)
- Team skilled in facilitating an electronic intervention and team may not continue after trial end (working with participants' training needs to use technology effectively)
- Operating procedures customized to the ePCT (text/email communications, content and context of the communications, trainin optimum and participants, involvement of clini Optimizing Pain Treatment in Medical Settings Using Mindfulness

#### "Re-using" infrastructure

- Collaboratory Community Advisory Board available to ePCTs.
- Trained staff available to Collaboratory trials to expedite training staff involved in ePCTs.

Cost/resources: likely involve some FTE effort and website maintenance







#### **NOHARM=**Non-Pharmacological Options in post-Hospital and Rehabilitation pain Management

Andrea Cheville, MD, MSCE & Jon Tilburt, MD May 2024

#### Reusable infrastructure

- running start
- Repurposing content and methods
  - (NOHARM to ASCENT)
  - (E2C2 to ASCENT)



#### Maintaining infrastructure btwn studies

- Organizational Culture ("trust & good will")
- Institutional memory
- IRB Know How
- Staff continuity
  - Epic programmer
  - Practice data scientists
  - Project management



#### Same partners for new studies?

Old protocols/patterns vs. Fresh perspective



#### Reframing Goals

- from ... "faster & more efficient"
- to ... "meaningful, sustainable, practice changing"





#### Thank You!

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## Questions