

How to Transition to the Next Research Opportunity



**NIH PRAGMATIC TRIALS
COLLABORATORY**

Rethinking Clinical Trials®

Panelists

- Rich Platt, MD, MSc, Harvard Pilgrim Health Care Institute and Harvard Medical School
- Lynn DeBar, MD, Kaiser Permanente Center for Health Research
 - Collaborative Care for Chronic Pain in Primary Care (PPACT)
 - Pragmatic Trial of Acupuncture for Chronic Low Back Pain in Older Adults (BackInAction)
- Mike Ho, MD, University of Colorado
 - Personalized Patient Data and Behavioral Nudges to Improve Adherence to Chronic Cardiovascular Medications (Nudge)
 - Using Artificially Intelligent Text Messaging Technology to Improve American Heart Association's Life's Essential 8 Health Behaviors (Chat 4 Heart Health)
- Angelo Volandes, MD, Massachusetts General Hospital
 - Pragmatic Trial of Video Education in Nursing Homes (PROVEN)
 - Improving Advance Care Planning: Promoting Effective and Aligned Communication in the Elderly (ACP PEACE)

Session Goals



- Share insights from NIH Collaboratory trials that informed their subsequent pragmatic trials
- Learn which aspects of investigators' first pragmatic trial that they preserved in subsequent trials, and which aspects they discontinued or added

Let Discuss...

- What aspects of your first pragmatic trial did you preserve in subsequent trials? Discontinue? Add?
- Did you encounter barriers in the first trial that you proactively addressed in later trials?
- How did you decide whether to use a clinical organization's existing implementation structures and procedures vs providing trial-specific capabilities?
- Can a trial be too pragmatic? Has your thinking changed about how much to be guided by PRECIS-2?
- What did you learn about working in diverse clinical settings that influenced your subsequent trials?
- How did/do you ensure you have enough clinical and other resources to support an intervention?
- What are the distinguishing features of good delivery system partners?



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