

# Planning Effectively for Posttrial Activities

Hayden Bosworth, PhD  
Duke University School of Medicine



**NIH PRAGMATIC TRIALS  
COLLABORATORY**

Rethinking Clinical Trials®

# Panelists

- Shruti Gohil, MD
  - Intelligent Stewardship Prompts to Improve Real-time Empiric Antibiotic Selection for Patients (INSPIRE)
- Corita Grudzen, MD
  - Primary Palliative Care for Emergency Medicine (PRIM-ER)
- Stacy Sterling, DrPH, MSW
  - Guiding Good Choices for Health (GGC4H): Testing Feasibility and Effectiveness of Universal Parent-Focused Prevention in Three Healthcare Systems

# Session Goals



- Discuss preparing for dissemination and sustainment or de implementation before results are known; describe considerations for when and how to share results with partners and the public
- Learn ways to share trial tools more widely, and explore Dissemination and Implementation R01s

# **INSPIRE Abdominal & Skin/Soft Tissue Infection Trials**

**Intelligent Stewardship Prompts to Improve Real-time Empiric  
Antibiotic Selection for Patients**

**NIH Collaboratory In-Person Steering Committee Meeting  
Planning Effectively for Post-trial Dissemination & Implementation  
May 10, 2024**

**Shruti K. Gohil, MD, MPH**

Assistant Professor, Division of Infectious Diseases  
Associate Medical Director, Epidemiology & Infection Prevention  
University of California, Irvine School of Medicine



# INSPIRE Trials: Purpose & Design

---

- **Purpose:** Reduce unnecessary empiric broad-spectrum antibiotic use
- **Design:** Cluster-randomized trials, 92 HCA Healthcare hospitals, non-ICU patients
- **Intervention:** CPOE prompts for abdominal or skin/soft tissue infections
- **Outcomes:**
  - **Effectiveness** – antibiotic use first 3 inpatient days
    - Primary – any broad-spectrum antibiotics
    - Secondary – antibiotic subsets
  - **Safety:** days to ICU transfer, hospital length of stay



# Post-Trial Dissemination – Local Adoption

---

## HCA Healthcare dissemination plan

- Prompt ready to turn on for routine care hospitals
- Centralized IT program ready to deploy for entire health system

## Strong health system partnership

- Engaged during all stages of trial implementation
- Shared results early
  - Inform and influence decision to adopt
  - Allowed planning, budgeting, IT time
- Support implementation



# Post-Trial Dissemination – Wider Adoption

---

## Amplify publicity

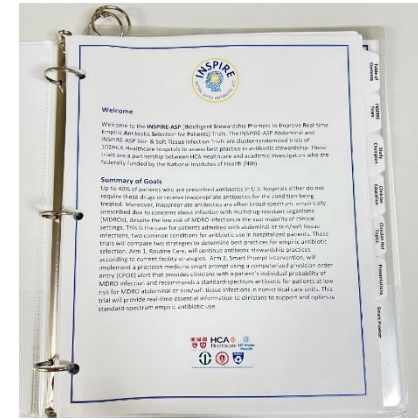
- Time release of publication with national conferences
- Leverage media/press teams
  - Multiple channels – joint release all institutions
  - Web-based opportunities for feature stories
  - Social media
- Online dissemination toolkit



# Dissemination Materials – Intervention Implementation

## Trial implementation materials = future online dissemination toolkit

- Roadmap for implementation
  - FAQs
  - Recorded webinars, videos
  - Poster clings
  - Podcasts
  - Implementation tips
  - How prompt works
  - Guidance for IT teams
  - Feedback report examples



### Poster Cling

### Improve Patient Safety Reduce Extended-Spectrum (ES) Antibiotics

Empiric broad spectrum antibiotic use is **magnitudes higher** than actual MDRO prevalence at <<Your Hospital>>

	Abdominal Infection		Skin & Soft Tissue Infection	
	Overall ES Antibiotic Use: <b>43.5%</b>	Actual MDRO Infection <sup>2</sup>	Overall ES Antibiotic Use: <b>82.6%</b>	Actual MDRO Infection <sup>2</sup>
MRSA	15.2%	0.3%	82.5%	8.0%
<i>Pseudomonas</i>	33.6%	0.8%	47.4%	1.1%
ESBL	6.4%	1.0%	1.8%	0.3%

<sup>1</sup>Percent represent pathogen-specific empiric antibiotic use: % Vancomycin use for MRSA coverage, % Antipseudomonal use (e.g., piperacillin/tazobactam, ceftazidime), and % Carbapenem use (e.g., meropenem, imipenem); <sup>2</sup>Percent of abdominal or skin/soft tissue patients with culture-positive MDRO infection. NOTE: Data from 2017 to 2019. MDRO=Multi-drug-resistant organisms; MRSA = Methylcillin-resistant *Staphylococcus aureus*; ESBL=Extended-spectrum beta-lactamase Enterobacteriaceae.

INSPIRE prompts give clinicians **real-time, patient-specific risk** of antibiotic-resistant infection

Clinicians should use **standard-spectrum antibiotics** whenever possible

### INSPIRE Podcast





# Address Potential Avenues to Adoption

---

## Seek opportunities to expand adoption

- Engaging EHR vendors

The Epic logo is written in a bold, red, italicized sans-serif font.The Cerner logo features a stylized icon of three curved lines in blue and green to the left of the word "Cerner" in a blue sans-serif font.The dr chrono logo consists of a green square containing the lowercase letters "dr" in white, followed by the word "chrono" in a grey sans-serif font.The athenahealth logo features a green leaf-like icon to the left of the word "athenahealth" in a purple sans-serif font.The eClinicalWorks logo is written in a dark blue, italicized sans-serif font.

# Planning Effectively for Post Trial Activities: Maintenance and Sustainability

**Corita R. Grudzen, MD, MSHS, FACEP**

Division Head, Supportive and Acute Care Services

Fern Grayer Chair in Oncology Care and Patient Experience

Director, Center for Cancer Care Innovation

Memorial Sloan Kettering Cancer Center

Professor of Emergency Medicine

Weill Cornell Medical College



Memorial Sloan Kettering  
Cancer Center

# Maintenance, program preservation

- Co-design and engagement
  - Patients, care partners, healthcare workers, administrators, payers, policymakers
- Context
  - +/- Champion
  - EHR or other systemwide vendor transition
- Modifications/adaptations
- Inertia
  - De-implementation is hard!



# **Sustainability**, meeting needs of present without compromising future resources

- Value-based care versus Fee-for-service
- Revenue-generating, cost-saving, cost-neutral
- Incremental FTEs
- Perceived value to patients, care partners, and healthcare workers



# Survival, versus extinction



445 million years  
“living fossil”



3 million years

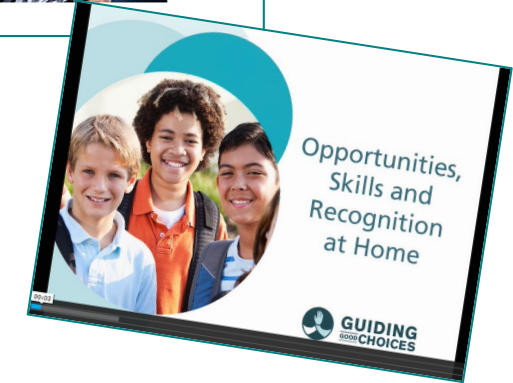
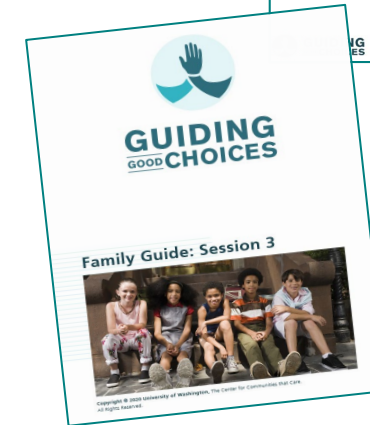
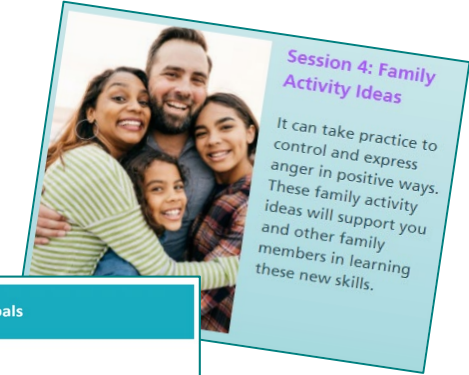
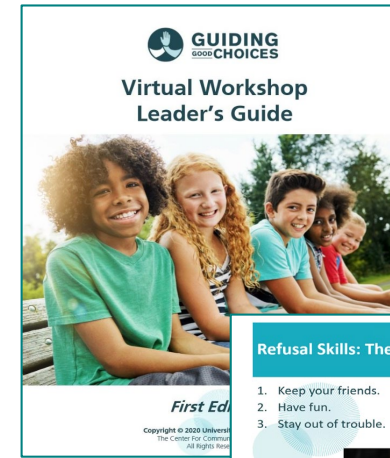


Memorial Sloan Kettering  
Cancer Center

# Guiding Good Choices for Health

Stacy Sterling, DrPH, MSW, Margaret Kuklinski, PhD, Jordan Braciszewski, PhD, Arne Beck, PhD, Jennifer Boggs, PhD, MSW  
NIH Collaboratory Steering Committee, May 10, 2024

- **6- Session virtual Universal Prevention program for all parents of adolescents ages 11-14**
- **Evaluated in previous RCTs**
  - ✓ Affects **Parenting Behavior** regardless of family risk (Spoth et al., 1998)
  - ✓ Reduced Growth in **Substance Use, Delinquency; Depressive Symptoms** (Mason et al., 2003, 2007)
  - ✓ **Cost-beneficial:** Benefit-Cost Ratio: \$2.77 (WSIPP, 2018)



# Challenges

1. Competing priorities – both clinically and organizationally
2. Staffing and Resources – personnel, space, time...
3. Who owns this?
4. Overarching challenge of implementation of primary prevention interventions: ***“It's difficult to create the case for urgency, when there's no burning platform, right?”***



# *“Dig where the hole is”*

1. **KPCO:** Looking to train the cadres of Psychology Interns who come in each year, in how to deliver GGC
2. **UW:** 1) Working with team at Yale to implement in Federally Qualified Health Center settings; 2) Adapting GGC for high school population, to include focus on social media use
3. **KPNC:** New state mandate to provide dyadic behavioral health care to Medicaid Managed Care beneficiary children and their caregivers – GGC might meet a need of health system

# Thank You!

[stacy.a.sterling@kp.org](mailto:stacy.a.sterling@kp.org)  
[mrk63@uw.edu](mailto:mrk63@uw.edu)



**NIH PRAGMATIC TRIALS  
COLLABORATORY**

Rethinking Clinical Trials®

# Questions