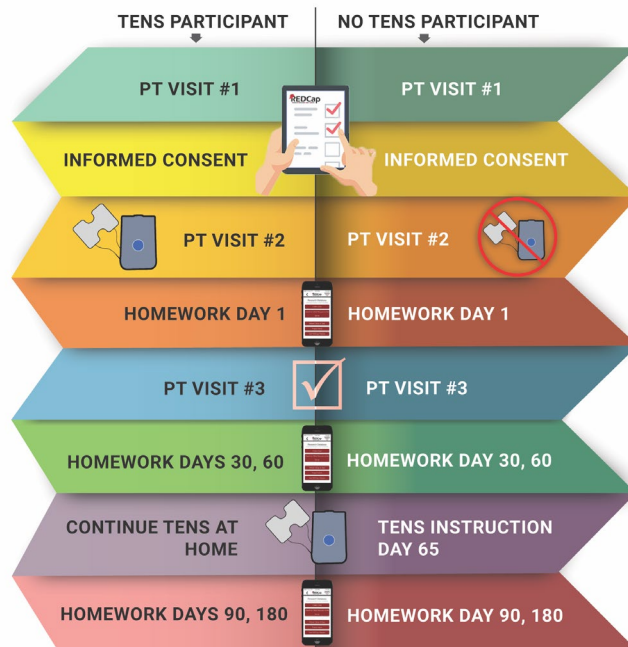


Fibromyalgia TENS in Physical Therapy Study: An Embedded Pragmatic Trial



FM-TIPS

*Fibromyalgia TENS In
Physical Therapy Study*



FM-TIPS

*Fibromyalgia TENS In
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Barriers and Challenges

- Research Naïve Clinicians
- Technology Ability for Clinicians and Patients
- Recruitment
 - COVID impact on enrollment (PT availability, reduced staff, clinic closing, change in referral patterns, patient availability)
 - FM diagnosis not common reason for referral to PT
 - Changing workflow for PTs Difficult
- Retention
 - Enrollment to completion of Visit 2 (mITT) lower than expected
 - Completion of day 180 at 70%
- Electronic Health Record
 - 6 different systems
 - Clinics have PTs responsible for EHR
 - Clinics switching EHR



FM-TIPS

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Solutions

- Recruitment and Retention
 - Initiated regular contact (phone, e-mail, text) with enrolled subjects after eligibility and enrollment
 - Additional clinics with more intensive training of clinicians
 - Retrained existing clinics in person in the fall
 - Screen all neck and back pain subjects
 - Enrollment incentives, weekly reports, newsletters, on site visits quarterly
- Electronic Health Record
 - Scheduling regular meetings to finalize data pulls, set deadlines
 - Concentrating on data more easily pulled from EHR (no patient-level outcomes)
- Lessons Learned
 - Know where to concentrate efforts
 - Setting expectations for clinics and healthcare system
 - Regular interaction with clinics and patients critical to maintain engagement
 - Being available to answer clinician and patient questions