

<b>Protocol Name</b>	<i>Primary Palliative Care Education, Training, and Technical Support for Emergency Medicine (PRIM-ER)</i>
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## 1. Objectives

We propose the implementation and testing of a novel, highly efficient pragmatic intervention that seeks to shift the clinical practice paradigm of emergency medicine. We propose a pragmatic, cluster-randomized stepped wedge design to test the effectiveness of primary palliative care education, training, and technical support for emergency medicine (PRIM-ER) in 35 Emergency Departments (EDs). PRIM-ER includes four core components: 1) evidence-based multidisciplinary primary palliative care education, 2) simulation-based workshops on communication in serious illness, 3) clinical decision support, and 4) provider audit and feedback. These core components will be implemented in each participating health system as part of a quality improvement initiative to improve the care older adults with serious illness receive in the ED setting. In the UG3 phase of the project, we will: 1) tailor PRIM-ER to the emergency provider workforce and a more diverse ED context using an agile implementation framework approach; and 2) pilot test PRIM-ER at two sites for feasibility, fidelity, and usability. In the UH3 phase, we will: 3) implement PRIM-ER in a cluster-randomized, stepped wedge design in the remaining 33 EDs; and 4) measure the effect of PRIM-ER on aspects of: a) ED disposition to an acute setting; b) healthcare utilization in the 6 months following the ED visit; and c) survival following the index ED visit. The project will thus be implemented in a total of 35 EDs (2 pilot sites and 33 remaining EDs) as previously approved and outlined in the below table. We hypothesize that it will be feasible to test PRIM-ER at two EDs with a high level of fidelity and usability and implement at all sites. We also hypothesize that older adult visitors with serious, life-limiting illness cared for by providers with primary palliative care skills will be less likely to be admitted to an inpatient setting, more likely to be discharged home or to a palliative care service, and will have higher home health and hospice use, fewer inpatient days and ICU admissions at 6 months, and longer survival than those seen prior to implementation. Additionally, we hypothesize that sites with higher baseline ED disposition to an acute care setting and less primary palliative care knowledge and skills will demonstrate greater change after implementation.

Embedded under the PRIM-ER study, will be expanding our analysis to consider factors related to home and community services available for older adults with serious life-limiting illness, by considering contextual (regional, state, and healthcare-system) factors that influence access to home and community health services for older adults with serious life-limiting illness among the 18 PRIM-ER healthcare systems across the United

States. To understand the contextual factors we will conduct 1) an environmental scan/grey literature review to identify contextual factors impacting access to home and community health services, and 2.) Semi-Structured qualitative interviews with emergency medicine practitioners to capture provider perspectives and expand our contextual factors to include available resources in the healthcare service area. Throughout the protocol, we will continue to refer to these items as the PRIM-ER Contextual Assessment.

## **2. Background**

The high intensity of end-of-life care in the United States (US) is now considered an epic public health problem. Persons receiving many life-sustaining therapies do not appear to show a benefit of better health or longer life.<sup>1</sup> Emergency Departments (EDs) care for society's most vulnerable older adults who present with exacerbations of chronic disease at the end of life, yet the clinical paradigm continues to focus on treatment of acute illness and injury. Palliative care interventions in the ED capture high-risk patients at a time of crisis and can dramatically improve patient-centered outcomes.<sup>2,3</sup>

Half of Americans 65 years and older are seen in the ED in the last month of life, and three-quarters visit the ED in the six months before their death.<sup>4</sup> Emergency care has not fully adapted to the needs or goals of seriously ill patients who prefer to have care delivered at home.<sup>5,6</sup> Palliative care teams are now present in over two-thirds of hospitals, as well as 98 percent of National Cancer Institute-designated cancer centers.<sup>7</sup> Consultation by palliative care teams, however, is typically available Monday through Friday during business hours, and palliative care teams are not routinely available to come to the ED when a patient is in crisis.

An ED visit is often described as a sentinel event signifying a breakdown in care coordination for older adults.<sup>8,9</sup> Since EDs sit at the crossroads of ambulatory and inpatient care, they can and often play a pivotal role in balancing the potential harms and benefits of hospitalization for seriously ill, vulnerable older adults.<sup>10-13</sup> Hospitalization for older adults carries significant risks such as iatrogenic complications, functional and cognitive decline, and loss of independence<sup>14-19</sup> but emergency providers may be unaware of safe alternatives.

Emergency medicine developed as a specialty to treat the acutely ill and injured, yet EDs increasingly care for older adults with multiple comorbid conditions who present for acute exacerbations of chronic illness. Visits to the ED by older adults are increasing both in frequency and as a proportion of all ED visits. In 2011, adults aged 65 years and older comprised 15% of total ED visits, had the highest severity of illness, and represented 44% of all admissions from the ED.<sup>20</sup> The number and rate of admissions to the Intensive Care Unit (ICU) by emergency providers have also increased, especially among older adults.<sup>21</sup> The proportion of the US population 65 years and older will continue to grow, and EDs will see an increase in both the number of older adults and the complexity of care they are required to provide.<sup>22</sup> The ED presents a key decision point at which providers set the subsequent care trajectory, including whether an older adult is hospitalized and to which setting. Emergency physicians can thus play an integral role in transforming care for older adults through evidence-based models of care delivery that emphasize tradeoffs between potential benefits and potential harms.<sup>23</sup> However, until recently, little attention has been paid to the delivery of goal-concordant care in the ED for older adults with serious illness. The default treatment plan is to deliver treatment intensive care that favor life-sustaining therapies, many of which may be contrary to what older adults desire.

## **3. Settings of the Human Research**

The PRIM-ER quality improvement (QI) initiative will be implemented in the Emergency Departments at the following sites:

<b>Site</b>	<b>Location</b>
<i>NYU School of Medicine</i> Perelman Center for Emergency Care Bellevue Hospital Center NYU Langone Hospital – Brooklyn NYU Long Island	New York, NY New York, NY Brooklyn, NY Mineola, NY
<i>Allegheny Health Network</i> Allegheny General Hospital	Pittsburgh, PA
<i>Baystate Health</i> Baystate Medical Center Baystate Franklin	Springfield, MA Greenfield, MA
<i>Beaumont Health System</i> Beaumont Royal Oak Beaumont Troy	Royal Oak, MI Troy, MI
<i>Brigham and Women's/Dana Farber Cancer Institute</i> Brigham and Women's Hospital Brigham and Women's Faulkner	Boston, MA Boston, MA
<i>Christiana Care Health System</i> Christiana Hospital	Newark, DE
<i>Henry Ford Health System</i> Henry Ford Hospital Henry Ford Fairlane Henry Ford West Bloomfield	Detroit, MI Fairlane, MI West Bloomfield, MI
<i>Icahn School of Medicine at Mount Sinai</i> Mount Sinai Hospital Mount Sinai Beth Israel  Mount Sinai West	New York, NY New York, NY New York, NY
<i>Mayo Clinic Health System</i> Mayo Clinic, St. Mary's Mayo Clinic Austin-Albert Lea Mayo Clinic Health Mankato	Rochester, MN Austin/Albert Lea, MN Mankato, MN
<i>Ochsner Health System</i> Ochsner Medical Center	New Orleans, LA
<i>The Ohio State University</i> Wexner Medical Center	Columbus, OH
<i>Rutgers New Jersey Medical School</i> University Hospital Newark	Newark, NJ
<i>University of California, San Francisco</i> UCSF Medical Center Zuckerberg San Francisco General	San Francisco, CA San Francisco, CA
<i>University of Florida Health</i> UF Health Shands Hospital UF Springhill UF Kanapaha	Gainesville, FL Gainesville, FL Gainesville, FL
<i>University of Pennsylvania Health System</i> Hospital of the University of Pennsylvania Pennsylvania Hospital Penn Presbyterian Medical Center	Philadelphia, PA Philadelphia, PA Philadelphia, PA
<i>University of Texas</i> MD Anderson	Houston, TX
<i>University of Utah Health</i> University of Utah Hospital	Salt Lake City, UT
<i>Yale New Haven Health System</i>	

The research component of this initiative, consisting of analyzing the Medicare Claims Database, will solely occur at the Ronald O. Perelman Department of Emergency Medicine at NYU Langone Health. The qualitative interviews under the PRIM-ER Contextual Assessment will also be conducted at the Ronald O. Perelman Department of Emergency Medicine at NYU Langone Health.

#### **4. Subject Identification, Recruitment, and Consent**

##### ***A) Methods and Procedures***

This is a cluster-randomized QI initiative that will implement and test the impact of PRIM-ER in various healthcare settings. We will first develop and pilot test the QI initiative at two sites in the UG3 phase, and then use a cluster-randomized, stepped wedge design to implement the education, training, and technical support in our network of EDs in the UH3 phase. Randomization will occur at the ED level and be done in advance by the biostatistician to determine the order in which the training will occur. Due to the COVID-19 pandemic, training will occur either in-person or virtually. The virtual trainings will occur using NYULH's Zoom account, meeting ID and set password. A member of the PRIM-ER team will be on each virtual training in order to monitor learner's attendance and assist with any technical glitches. The PRIM-ER team will provide the training link, meeting ID, and password to each Site Principal Investigator (PI) and the Site PI will distribute the link and meeting ID accordingly to his/her staff at their own home institution. Reminder e-mails about the training will be sent from each Site PI to his/her staff. The overall approach involves ongoing asynchronous learning and technical support to bolster skills, conduct interdisciplinary case reviews, and reinforce clinical pathways and protocols via provider audit and feedback. Electronic triggers for palliative care will be embedded in the electronic health record (EHR) to identify patients who may benefit from hospice or palliative care services. These electronic triggers already existing in the Perelman Center for Emergency Services EHR as part of standard, clinical workflow, but will be further tailored for each participating health system. Palliative care champions at each site will facilitate attendance at didactic and workshop sessions, disseminate information about local resources for outpatient palliative care, home care and hospice, and work with the local informatics team to reinforce protocols and implement trigger criteria to identify older adults who may benefit from further needs assessment and follow-up. We will engage with the palliative care champions to better understand the QI implementation process including but not limited to obtaining champion's feedback on the initiative, suggestions for improvements, and adaptations- all which are common approaches in implementing and reflecting on QI initiatives. Engagement will be in the form of discussions post QI about what went well, and what can be improved upon in moving forward as well as understanding from the champion's perspective what they could have done differently so the project team can gather lessons learned. Physicians and nurses will receive audit and feedback reports to monitor their performance over time, and a learning monitoring system will track participation in educational activities.

Prior to initiating this QI project, members from the palliative care team, emergency nursing, social work/case management, informatics, and ED operations from each of the 18 health systems will participate in workgroups to discuss how to best incorporate primary palliative care into the clinical workflow at each site. Pilot testing of PRIM-ER will also occur at two sites to optimize feasibility, fidelity, and usability. Emergency physicians at each pilot site will be invited to participate in usability testing of the clinical decision support (CDS) system. To assess usability, MORAE software will be utilized to perform screen captures and audio record participants verbalizing their actions, thoughts, and feelings as they progress through a simulated CDS system.

In the UH3 phase of the study, we will engage eligible providers at the 33 additional sites based on the random sequential order in which the ED implementation occurs. Throughout the duration of the project, we will actively engage each health system by providing all ED staff with audit and feedback reports to monitor their performance over time. These reports will be provided on a weekly basis during the study period, as well as incorporated into ED-specific continuous quality improvement processes. By providing this continuous and consistent feedback to ED personnel, we hope to encourage continued participation and active engagement with the initiative throughout its duration.

For the research component of the study, we will use Medicare claims of the beneficiaries in our patient cohort to measure outcomes, including ED disposition to an acute care setting, healthcare in the 6 months following the ED visit and survival following the index ED visit as a result of the intervention. The patient cohort will be extracted via the Centers for Medicare and Medicaid Services (CMS) Research Data Assistance Center (ResDAC) using a two-step process to maximize diversity, and minimize intentional or unintentional exclusions based on risk, age, health literacy, demographics, or expected adherence. First, we will provide a comprehensive list of facility codes for the 35 participating EDs. Inpatient and ambulatory claims will be used to identify community-dwelling ED visitors 66 years and over who made a visit to any of the EDs from 2 years prior to study initiation until the last day implementation day of PRIM-ER. ED claims will be identified via Revenue Center Code values of 0450-0459 (Emergency room) or 0981 (Professional fees-Emergency room) according to ResDAC. We will then examine all inpatient, ambulatory, and carrier claims for the 12 months prior to each older adult's index ED visit to calculate each beneficiary's Gagne Index, a score developed to predict one-year mortality in community-dwelling older adults.<sup>24</sup> The Gagne Index has been adapted from the Romano-Charlson Index and the Elixhauser system.<sup>25,26</sup> It calculates a score based on the presence or absence of ICD-9s from inpatient and ambulatory claims in the prior year. Beneficiaries with a one-year mortality of at least 30% (score > 6) based on claims from the previous 12 months will be included in the analysis.

We will estimate the baseline rate of acute care admission, healthcare utilization, and survival following the index ED visit using Medicare claims data for visitors to each ED. We will use the Master Beneficiary Summary File, Inpatient, Outpatient, Home Health, and Hospice files to monitor acute care admission, healthcare utilization, and survival monthly for up to 6 months after the index ED visit to evaluate whether there is a change before and after implementation. Measurement of what will be considered the baseline rate will continue until the month prior to implementation at each site, and post-implementation rates will be considered one month after implementation and continue on a monthly basis until 6 months after the last site has undergone implementation. To reduce prevalence-incidence bias<sup>27</sup>, we will include a roll-in period of 12 months before we begin to include baseline rates of our outcomes in the analysis. The index ED visit will be defined as the first ED visit to one of our 35 facilities during which the beneficiary has 12 months of prior inpatient, outpatient, or carrier claims consistent with a Gagne Index > 6, or >30% mortality. If a beneficiary's index ED visit occurs during the roll-in period, they will be excluded from the baseline rate calculations if they return to one of our participating EDs and would otherwise meet our inclusion criteria.

To account for primary palliative care knowledge and skills on patient outcomes in analysis, we will use survey data that assessed knowledge and attitudes of palliative and end-of-life care collected before PRIM-ER implementation from the emergency physicians, physician assistants, nurse practitioners, and nurses at all 35 participating EDs.

As part of the PRIM-ER Contextual Assessment, we will examine state, regional, and healthcare system characteristics from the 18 healthcare systems included in the parent PRIM-ER study. The PRIM-ER

Contextual Assessment will include 3 components conducting: 1) A grey literature review, 2) Semi-Structured qualitative interviews and 3) An exploratory analysis to examine if access to home and community health services predicts healthcare utilization in the 6 months after an ED visit at the end of life.

### Grey Literature Review

We will conduct a grey literature review to identify contextual factors influencing access to home and community health services for the selected states, regions, and healthcare systems included in the PRIM-ER study. We choose to conduct a grey literature review versus a systematic review due to the nature of data we desire to obtain. Information on state and federal licensing, for example, are unlikely to be included in a formal research publication. We will also conduct an environmental scan to complete a census report on the type, amount, and location of home and community health services relative to the location of the healthcare systems of interest. The home and community health services of interest for this study include assisted living, skilled nursing care, adult day care, home health services, naturopathic medicine, chiropractic medicine, acupuncture, and massage therapy. Our search strategy will reflect the recommendations from Paez 2017 to balance search specificity and sensitivity without being overly inclusive to a fault.<sup>31</sup> We will use a combination of resources for our search, including grey literature databases (OpenGrey, WONDER, SCOPUS, Grey Matters, Grey Literature Report, National Technical Information Service, PsycEXTRA, Web of Science, Zetoc), unpublished clinical trials (ClinicalTrials.gov, Cochrane Central Registry of Controlled Trials, World Health Organization International Clinical Trials Platform) conference papers (Conference Papers Index), dissertations, theses, and academic papers (ProQuest Dissertation & Theses Global, WorldCatDissertations) web searches (Google, Google Scholar, Mednar), and healthcare system information collected through PRIM-ER. Data of interest includes applicable laws/regulations, number and type of facilities, distance/location of facilities in relation to healthcare systems, and availability of services both within and external to the healthcare system.

### Semi- Structured Qualitative Interviews

We will recruit an emergency medicine physician and nurse champion (one each) from all 18 healthcare systems within the PRIM-ER parent study. This will provide us a diverse population of emergency providers from different geographic locations and healthcare systems. Prior to starting the interviews we will explain the purpose of the interview to the participant, and obtain verbal consent. Interviews will be recorded and transcribed. Confidentiality will be protected by immediately downloading the recording to a secure computer and deleting the recordings once they are transcribed. No identifiable information will be recorded. The interviews pose minimal risk to the participants.

Interviews will be completed and recorded using ZOOM teleconferencing and REDCap survey software. The main subsections of the interview guide will include 1.) Provider demographics and healthcare system characteristics 2.) Provider familiarity and attitudes regarding home and community health services for older adults with serious life-limiting illness, 3.) Barriers and facilitators to home and community health services within and out of their healthcare network, and 4.) Availability of integrative medicine services to support older adults with serious life-limiting illness

### Exploratory Analysis

We will conduct an exploratory analysis to examine if access to home and community health services predicts healthcare utilization in the 6 months after an ED visit at the end of life. We will examine correlations between home and community health access factors and healthcare utilization from the 18 healthcare systems included in the PRIM-ER study using the Senior Care Services Scale (SCSS) developed by Arbaje et al.<sup>32</sup> Data from all 18 healthcare systems collected from the Grey Literature Review and Qualitative Interviews will be eligible for this exploratory analysis.

Contextual factors from the Grey Literature Review and the Qualitative Interviews will be used to analyze if access to home and community health services predicts healthcare utilization. Healthcare utilization data will be provided from the PRIM-ER study and will be collected from Medicare claims data to include ED revisits (count), inpatient days (count), home health use (Yes/No), and hospice use (Yes/No) in the 6 months from the index PRIM-ER ED visit. These measures of healthcare utilization are based on the Dartmouth Atlas Decedent Cohort Care Intensity Measures to monitor the quality of end-of-life care in Medicare patients. The SCSS will be adapted to PRIM-ER using contextual factors from the Grey Literature Review and Qualitative Interviews 2. Each healthcare system will be assigned a score based on their access to home and community health services.

### ***B) Inclusion and Exclusion Criteria***

Eligible patients will include ED patients 66 years or older with serious, life-limiting illness who visited any of our EDs during the implementation of PRIM-ER. Patients must demonstrate one-year mortality of at least 30 percent (score > 6) according to the Gagne Index, a validated instrument used to measure all cause one-year mortality in community-dwelling older adults, calculated based on their prior 12 months before the index ED visit of Medicare claims. ED patients transferred from a nursing home on the index ED visit will be excluded since prediction of mortality and disposition of such patients differs from community-dwelling adults. Patients currently receiving hospice at the time of the index ED visit will also be excluded since they have already received services.

#### Qualitative Interviews

Participants for the provider interviews will include one emergency medicine physician and one nurse champion from each of the 18 healthcare systems already enrolled within the PRIM-ER. As part of PRIM-ER each site has already identified a provider and nurse champion that the study team will outreach. Inclusion criteria includes: Must be a practicing licensed physician or licensed registered nurse within a department of emergency medicine within a healthcare system included in the PRIM-ER study, must be 18 years or older, must be willing to provide verbal consent.

### ***C) Number of Subjects***

We expect to analyze the Medicare claims of over 57,000 patients with serious illness who have made their index ED visit to any of the 35 EDs.

#### Qualitative Interviews

We will recruit 18 licensed emergency medicine physicians and 18 emergency medicine registered nurses for a total of 36 participants for the provider interviews.

### ***D) Recruitment and Informed Consent***

Medicare claims of patients 66 years and older with serious, life-limiting illness who made a visit to any of our EDs during the study period will be used to measure outcomes in our patient cohort. We will seek a waiver of Health Insurance Portability and Accountability Act (HIPAA) authorization for ED patients as this study presents no more than minimal risk and cannot be practicably conducted without the waiver given the study's

geographic breadth and sheer number of participants (>57,000 eligible patients). Obtaining informed consent for participation and use of Medicare claims from all patients in this study is not feasible and will interfere with the conduct of this study.

### Qualitative Interviews

We will recruit our participants for the provider interviews through a combination of word-of-mouth and email invitation through the healthcare systems points of contact established via the PRIM-ER study. After a participant expresses interest in participation, they will be contacted by Dr. Hill for an expanded explanation of the study, study procedures, their role as a participant, and potential risks and benefits. It will be clearly disclosed that the interview will occur via ZOOM teleconferencing and be recorded. Once the participant is read all study materials and information and had a chance to have all their questions answered, the recording device will be started, and the provider will be asked to provide verbal consent for participation.

## E) Data Analysis

### a. Dependent variables

ED disposition will be measured on the index ED visit, and will be a dichotomous variable for an acute care admission (Yes/No). Acute care admission will be defined as admission to a non-palliative service, and non-acute care admission will include admission to a palliative care service or unit, discharge to home, observation (without a change to inpatient status), or transfer to inpatient or outpatient hospice.

Healthcare utilization will be measured as ED revisits (count), inpatient days (count), home health use (Yes/No), and hospice use (Yes/No) in the 6 months from the index ED visit. These will be identified through revenue codes in each site’s administrative data. We developed these measures of healthcare utilization based on the *Dartmouth Atlas Decedent Cohort Care Intensity Measures* to monitor the quality of end-of-life care in Medicare patients with serious chronic illness.<sup>28-30</sup>

Survival will be measured in days from the index ED visit to death or 6 months, whichever is sooner.

### b. Independent variables

Table 1 outlines the independent variables. Independent variables were previously assessed at the time of site implementation. Healthcare system- and provider-level variables were collected by the project manager and via a provider survey at the level of each participating ED. Patient-level variables will be assessed using the CMS Research Data Assistance Center Master Beneficiary Summary File, Base (A/B/D) Segment. The Project Manager will also document if trainings occurred via in-person or virtually to understand more deeply the implementation of the QI initiative at each site.

Table 1. Independent Variables		
Variable	Coding	Source
Implementation Period	Weeks from Time 0	Project Manager
<i>Healthcare system/ED-level variables</i>		
Health System	Allegheny, Bay State, Beaumont, Brigham and Women’s, Christiana Care, Henry Ford, Mayo Clinic, MD Anderson, NYU Langone, Ohio State University, Ochsner, Rutgers, Sinai, UC San Francisco, University of Florida, University of Pennsylvania, University of Utah, Yale New Haven	Project Manager

ED	1—35	Project Manager
ED Volume	30,000—49,999 visits, 50,000—69,999 visits, 70,000—89,999 visits, ≥ 90,000 visits	Project Manager
Ownership	Nonprofit, Government, For Profit	Project Manager
Emergency medicine residency training site	Yes/No	Project Manager
Free-standing ED	Yes/No	Project Manager
Dedicated ED social worker/care manager	Yes/No	Project Manager
US Region	Northeast, Midwest, Southeast, Southwest, West	Project Manager
Metropolitan Status+	Yes/No	Project Manager
Outpatient palliative care	Yes/No	Project Manager
EHR	Epic, Cerner	Project Manager
Trauma center	Yes/No	Project Manager
<i>Patient variables</i>		
Age	Years	Master Beneficiary Summary File, Base Segment
Gender	Female, Male, Other	Master Beneficiary Summary File, Base Segment
Race/Ethnicity	Asian, Black, Hispanic, White, North American Native, Unknown, Other	Master Beneficiary Summary File, Base Segment
Gagne index <sup>24</sup>	Count of conditions	Inpatient and outpatient RIF
+Population estimates by MSA are based on estimates of the civilian non-institutionalized population of the US as of July 1, 2013, from the 2013 National Health Interview Survey, National Center for Health Statistics, compiled according to the 2013 Office of Management and Budget definitions of core-based statistical areas. See <a href="http://www.census.gov/population/metro/">http://www.census.gov/population/metro/</a> for more about metropolitan statistical area definitions.		

For the PRIM-ER Contextual Assessment that data analysis will vary per specific component.

Grey Literature Review: Data will be collected and analyzed on the regional, state, and healthcare system level. Data will be coded and collated per topic of interest. A combination of descriptive statistics, narrative description, and thematic coding will be used to summarize and present the data.

Qualitative Interviews: For the qualitative data, the interview transcriptions will undergo verbatim transcription and thematic coding. We will develop deductive codes based on the discussion guide, and inductive codes based on salient topics identified during review and coding of the transcripts. We will compare codes across all of the transcripts during the final analysis phase and condense codes into meaningful categories. We will use ATLAS.ti software to facilitate coding as well as cross-investigator and cross-interview analyses. We will also develop data matrices to highlight prominent themes related to facilitators and barriers to home and community health services. For quantitative analysis, we will use descriptive statistics to summarize the data.

Exploratory Analysis: This exploratory analysis will mirror the healthcare utilization analysis and statistical model described in the PRIM-ER. Each healthcare system index score will be used as an independent variable in our predictive model to determine the relationship between home and community health access factors and healthcare utilization in the 6 months after an ED visit at the end of life.

The healthcare system dependent (Ea.) and independent variables (Eb.) described above for PRIM-ER grant will also be used for the analysis of the PRIM-ER Contextual Assessment.

### c. Methods

The analytic plan accounts for the nested structure of the data, assesses normality assumptions of dependent variables, and addresses issues related to missing data, study participation bias, and baseline covariate

balance. We address each of these in turn. All analyses will be conducted in R 3.3.2 (R Foundation for Statistical Computing, Vienna).

Prior to conducting the outcome analyses, we will compare patients in each ED cluster with respect to patient, provider, and facility characteristics. We will assess whether any adjustments will need to be made in the final statistical models based on whether the differences are clinically meaningful. To account for nesting in the data structure (patients nested in hospitals), we will use mixed effect multi-level models to estimate effect sizes. We anticipate two sources of variation.

The **primary outcome** is the proportion of eligible patients whose disposition is to an acute care setting (inpatient, non-palliative service). The **secondary outcomes** include healthcare service utilization in the 6 months following the ED visit and survival times following the ED visit. The health utilization outcomes include receipt of ED revisits (count), home health services (yes/no), inpatient days (count), admission to an ICU (yes/no), and admission to hospice (yes/no). The analysis of the effect of PRIM-ER on ED disposition in the context of a stepped-wedge design will be based on a Generalized Linear Mixed Model (GLMM). In particular, to assess the intervention effect, we will use a generalized linear binomial model with random site level effects. The analysis of site, provider, and patient-level characteristics that are associated with variation in impact of PRIM-ER will be based on extending the models used in the analysis plan for ED disposition, healthcare utilization in 6 months following the ED visit, and survival times to include independent variables related to the characteristics of interest.

## 5. Risks to Subjects

Any information collected from Emergency Department providers will be utilized solely for QI purposes and not analyzed for research.

The study involves using Medicare claims of patients in our patient cohort that contain identifiable personal health information. The largest risk to ED patients is a breach of confidentiality. This will be managed by ensuring that only qualified study team members have access to patient data; all personal identifiers will be removed after final analysis, and all reporting and/or publication of data based on Medicare claims will be in aggregate form. Study team members will also be approved by ResDAC to access the Medicare claims through the Virtual Research Data Center (VRDC), a virtual research environment allowing researchers to have direct access to approved data files to conduct their analysis within the CMS secure infrastructure. All research personnel who have access to electronic records will undergo extensive training to safeguard against this potential risk to emergency provider, key informant, and patient participants, which will include HIPAA certification and CITI training in biomedical research and social and behavioral research.

For the PRIM-ER Contextual Assessment provider information including demographics and interview responses will be recorded and analyzed. The largest risk to ED providers is a breach of confidentiality. There is no expected risk of physical, mental, professional, or financial harm to study participants.

## 6. Potential Benefits to Subjects

Future patients with serious illness who present to the ED may benefit from the findings of this study.

## 7. Protections Against Risk

Medicare claims obtained from CMS will be stored in the VRDC. The VRDC is a virtual research environment that allows researchers to have direct access to approved data files and be able to conduct their analysis within the CMS secure infrastructure. The VRDC contains its own VPN and virtual desktop. All reporting and/or publication of data will be in aggregate form. Additional protection of participant confidentiality mandated by HIPAA will be strictly adhered to.

All reporting and/or publication of data will be in aggregate form. Additional protection of participant confidentiality mandated by HIPAA will be strictly adhered to.

For the PRIM-ER Contextual Assessment the risks listed above will be managed and minimized by ensuring that only qualified study team members have access to patient data, unique identifiers are assigned to participant data, and all personal identifiers will be removed after final analysis. The ZOOM teleconferencing interface will be an encrypted connection between the interviewer and interviewee. Participant information and data will be stored on REDCap software, which is an encrypted and secure data collection and storage system. This study will also adhere to, and exceed, federal, state, and institutional regulations regarding ethical conduct of research to protect subjects who choose to participate in this study. Interviews will be recorded and transcribed and confidentiality will be protected by immediately downloading the recording to a secure computer and deleting the recordings once they are transcribed. No identifiable information will be recorded. The interviews pose minimal risk to the participants.

Regarding the potential virtual trainings, NYULH's Zoom account will be used and the link, meeting ID and password will be distributed by each Site Principal Investigator to his/her staff members.

## **8. Data Collection, Safety, and Monitoring**

### ***A) Data Collection***

We will estimate the baseline rate of acute care admission, healthcare utilization, and survival following the index ED visit using Medicare claims data for visitors to each ED. To evaluate the effect of PRIM-ER, we will use the Master Beneficiary Summary File, Inpatient, Outpatient, Home Health, and Hospice files to monitor acute care admission, healthcare utilization, and survival monthly for up to 6 months after the index ED visit to evaluate whether there is a change before and after implementation.

### ***B) Provisions to Monitor Data and Ensure the Safety of Subjects***

All study data will be stored and accessed via secure systems. Data will not be accessed or analyzed by individual sites; these activities will be performed exclusively by authorized individuals at the lead study site (NYU School of Medicine). Only authorized personnel who have been appropriately trained will be granted permission by the PI to access study data. A Data Safety Monitoring Plan (DSMP) will be submitted for reporting procedures of adverse events and serious adverse events.

### ***C) Steering Committee***

The PRIM-ER Steering Committee (SC) is the primary governing body of PRIM-ER. In consultation with the NIH Program Officer, NIH Scientific Officer, and NIH Collaboratory leadership, it formulates and monitors policies and procedures guiding the research activities. All major scientific and operational decisions are made by majority vote with the concurrence of the NIH Program Officer, NIH Scientific Officer, and NIH Collaboratory

leadership. The Steering Committee may appoint Subcommittees and Working Groups as needed to carry out specific tasks identified by the Steering Committee. The Steering Committee will function in accordance with the Terms and Conditions of the NIH Collaboratory Demonstration Project RFA and other applicable policies of NIH, NIA, and NCCIH. All participating PRIM-ER sites must agree to abide by the policies approved by the Steering Committee.

The voting membership of the committee is to consist of the Principal Investigator, a site Principal Investigator from each of the other 17 health care systems, the NIH Program Officer, the NIH Scientific Officer, and leadership from the NIH Collaboratory as requested. Other (non-voting) memberships also include the Program Manager and other Subcommittee and Work Group Members.

This committee will establish bylaws, policies, and standard operating procedures to govern all aspects of PRIM-ER. This committee will review and approve the collaborative research agenda as well as formulate and monitor policies and procedures guiding the research activities, review and approve procedures for data acquisition, analysis and management, oversee communication within the PRIM-ER as well as with the greater scientific community and the public.

The Steering Committee will be responsible for ensuring that there are well documented policies and operating procedures guiding all aspects of PRIM-ER activities (e.g., protocol development, review, initiation, conduct, and closure, data collection, publication, etc.) and bylaws delineating the requirements and expectations of collaborating institutions, membership criteria, review of research progress and performance, establish standards of performance, and procedures for removing institutions due to poor performance.

The Steering Committee will establish subcommittees and workgroups to assist it in carrying out its functions. The Steering Committee may meet up to four times a year.

#### ***D) Data and Safety Monitoring Plan***

The PI, in cooperation with her co-investigators, the DSMB, and the IRB at NYU School of Medicine, will monitor the safety of the implemented project. The project manager will inform the PI immediately of any adverse events (AEs) that meet the collection and reporting criteria of the Data Safety Monitoring Plan (DSMP). All serious adverse events (SAEs) and Unanticipated Problems (UPs) related to study participation will be reported to the IRB and the NIA according to the criteria outlined in the DSMP. Events that might be considered AEs related to this proposal include emotional distress resulting from discussions surrounding palliative care, and any breaches in subject confidentiality. Related AEs and related SAEs will also be reported annually in the IRB for continuation or termination of the research. Given the minimal risk entailed by this project for all participating populations, we do not anticipate the occurrence of many AEs or SAEs. The PI and co-investigators will be versed in these reporting procedures, as they are currently required for all research conducted at NYU School of Medicine. All investigators and staff involved in this project have completed an extensive course and passed a certifying exam on the protection of human subjects in research. Independent Monitors comprised of a researcher in palliative care, biostatistician, and palliative care physician and content expert will monitor the data safety of this study. The study team will generate Study Reports for the Independent Monitors and will provide information on the following study parameters:

- Demographic information pertaining to patient subjects obtained in Medicare Claims.
- Stopping and reporting rules for UPs and related AEs/SAEs. A summary report will be generated consisting of the number of related AEs and SAEs by site and in total and delineated by severity.
- Any protocol deviations that have occurred since the previous report.

- Quality management activities since the last review, including frequency. A summary of findings and corrective actions taken to address the findings will be included.
- Interim analyses as requested by the IMC to assess safety concerns or study futility.

Study Report tables will be generated only from aggregate (not by group assignment) baseline and aggregate safety data for the study population.

For the PRIM-ER Contextual Assessment, data collection, safety, and monitoring plan will adhere to, the data safety and monitoring plan outlined above for PRIM-ER grant, as applicable. For the Semi-structures qualitative interviews confidentiality will be protected by immediately downloading the recording to a secure computer and deleting the recordings once they are transcribed. No identifiable information will be recorded. The interviews pose minimal risk to the participants.

### 9. Economic Impact to Subjects

There is no expected economic impact to subjects participating in this study.

### 10. Payments to Subjects

Patient participants will not receive compensation in this study.

### 11. Vulnerable Populations

Given the magnitude of the Medicare Claims Database, it is possible that adults unable to consent will be included. Since we are requesting a waiver of authorization, this should not pose any additional risk to these subjects.

<b>Include</b>	<b>Exclude</b>	<b>Vulnerable Population Type</b>
X		Adults unable to consent
	X	Individuals who are not yet adults (e.g., infants, children, teenagers)
	X	Wards of the State (e.g., foster children)
	X	Pregnant women
	X	Prisoners

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