# NIH Pragmatic Trials Collaboratory

Enabling research embedded in healthcare delivery since 2012



Updated January 30, 2025



National Institutes of Health **History:** Initiated in 2012 via the NIH Common Fund, now transitioned to sustained funding from multiple NIH Institutes and Centers plus NIH HEAL Initiative



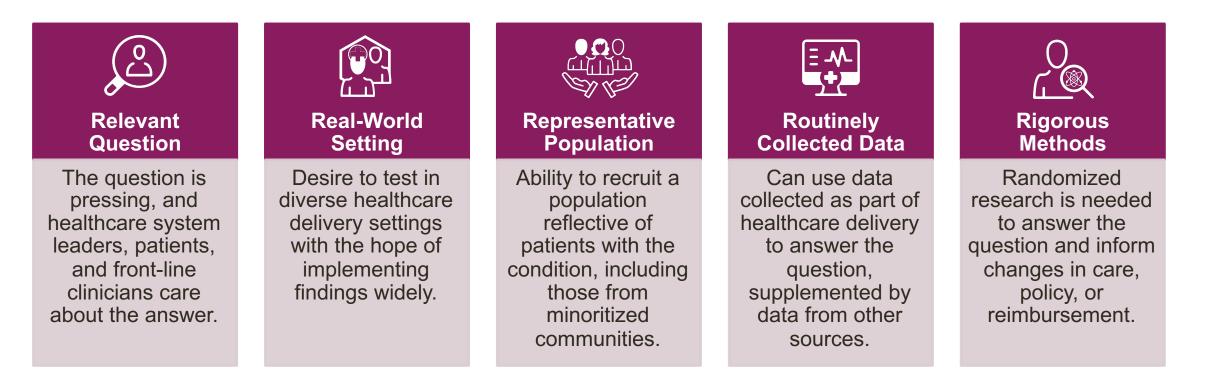
**Goal:** Strengthen the national capacity to implement cost-effective, large-scale research studies that engage healthcare delivery organizations as partners



**Vision:** Support the design and conduct of innovative embedded pragmatic clinical trials (ePCTs) to establish best practices and disseminate knowledge



## Why Do an ePCT? The 5 Rs





	<b>Clinical Trials Networks</b>	NIH Pragmatic Trials Collaboratory	Quality Improvement
Purpose	Provides infrastructure for clinical trial conduct	Provides <b>expertise and</b> <b>support</b> for pragmatic trials (Resource Coordinating Center)	Provides data for immediate improvements in a particular healthcare delivery setting
Setting	Establishes partnerships with clinical sites, primarily academic medical centers	Researchers bring their own partnerships with <b>diverse</b> healthcare delivery sites	Individual health system
Population	Patients with condition recruited by trial (homogenous)	Patients with condition receiving healthcare (heterogeneous)	Patients at facility
Data	Creates new data systems for research	Leverages <b>existing</b> <b>infrastructure</b> (EHR, etc.)	Leverages existing infrastructure (EHR, etc.)
Research	Rigorous, randomized (individual) clinical trials	Rigorous, randomized (individual or cluster) <b>pragmatic trials</b>	Systematic and data-guided activities
Intervention	Delivered by trial staff	Delivered by health system staff	Delivered by health system staff
Outcomes	Efficacy, safety	Effectiveness, implementation	Effectiveness, implementation
Conditions	Highly controlled	Real-world	Real-world
Comparator	Placebo or control	Usual care or active comparison	Pre-post comparison

# NIH PRAGMATIC TRIALS

Rethinking Clinical Trials®

- Support center for catalyzing pragmatic research
- Researchers establish their own partnerships possibilities unlimited
- Offers expertise and technical assistance
- Different model for scaling learning health
- No centralized data requirements
- Gathers and shares lessons widely to advance methods



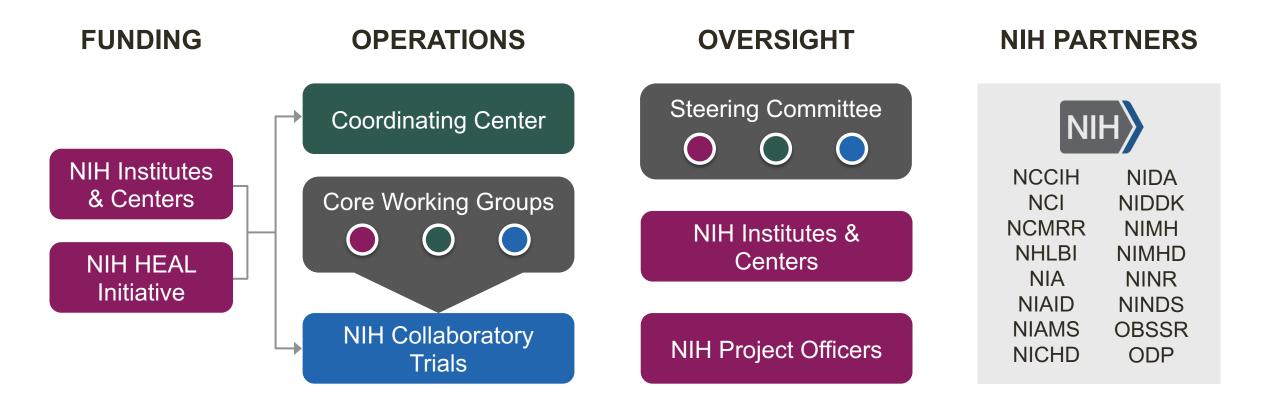
- Reusable infrastructure
- Nationwide network of diverse clinical research networks
- Research-ready, standardized clinical data
- Researchers can securely query data
- Community partnerships
- Supports efficient pragmatic research, population health research, and more

### **Program Success and Evolution**

- Initial funding from Common Fund gave support for new ways to think about clinical research and allowed these ideas to take hold by demonstrating feasibility and rigor
- Successful transition from Common Fund to IC support showed appreciation of the program's value and uptake among broad group of ICs
- Integration with NIH HEAL Initiative extended the program's reach into a major NIH-wide program to address the overdose and pain crisis
- Informed other NIH initiatives (PMC & IMPACT) using ePCTs to address major health challenges
  - Pain Management Collaboratory (PMC) in military and Veterans healthcare systems
  - People living with dementia and their care partners (IMPACT Collaboratory)



## **Program Structure**

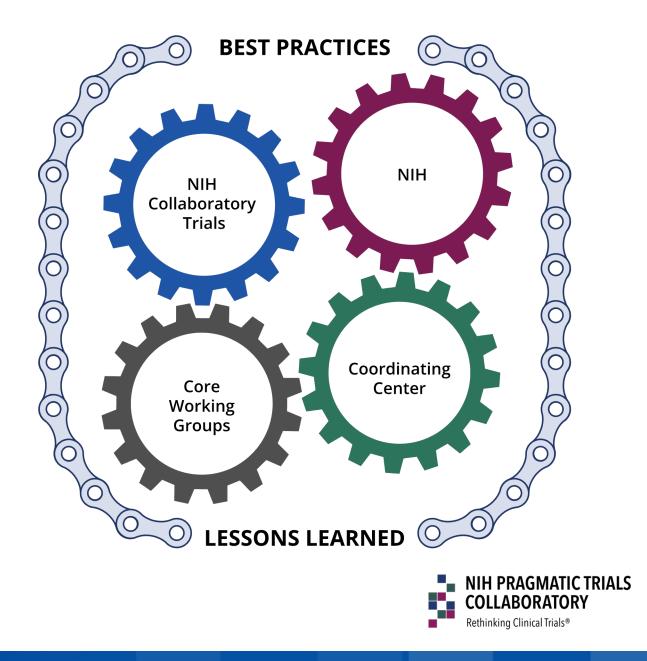


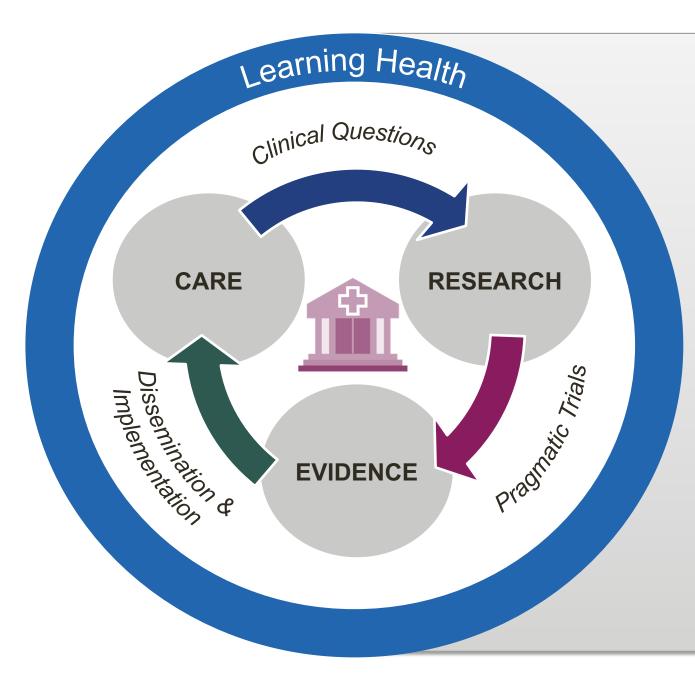


# **Coordinating Center**

### **Functions**

- Provide national leadership and technical expertise
- Produce, document, and disseminate standards
- Support synergy within program
- Coordinate communication and dissemination



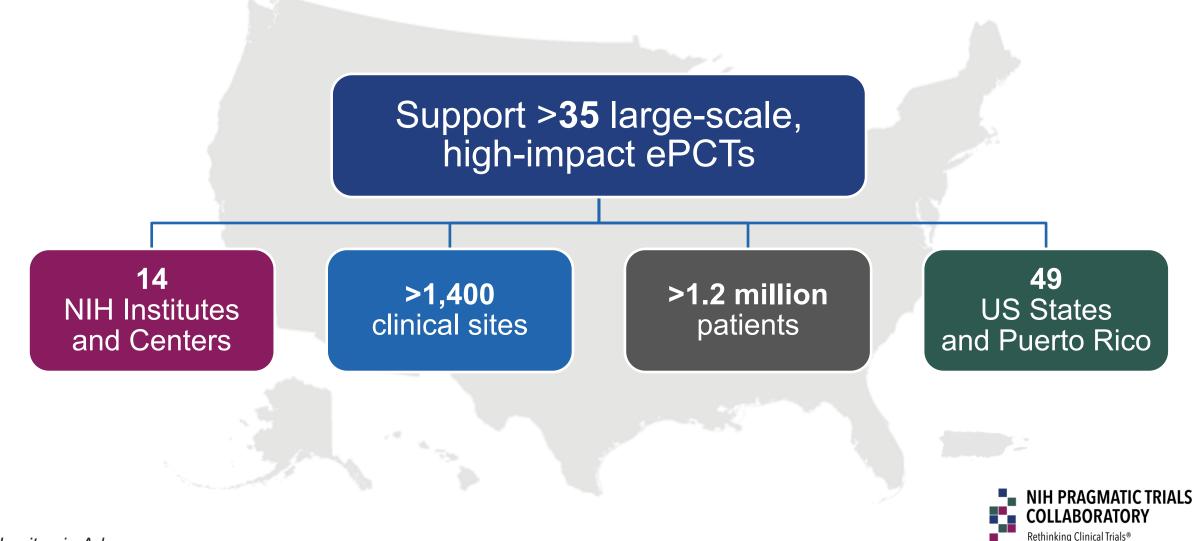


#### NIH PRAGMATIC TRIALS COLLABORATORY Rethinking Clinical Trials®

#### SUPPORT SERVICES

- Consult and provide guidance on:
  - Study design and analysis
  - Regulatory issues and consent practices
  - Use of EHR and real-word data sources
  - Translating results into practice
- Offer strategies to:
  - Improve diversity, equity, and inclusion
  - Engage health system partners
- Assist with:
  - Defining study endpoints
  - Measuring patient-centered outcomes
  - Assessing feasibility of clinical workflows
  - Addressing challenges that arise

### **Program Reach**



No sites in Arkansas

# **NIH Collaboratory Trials**

- ePCTs addressing questions of major public health importance
- Wide variety of therapeutic areas
- Many have phased funding
  - Planning/Startup phase

- Implementation phase



### **HEAL-Funded NIH Collaboratory Trials**

- NIH HEAL Initiative<sup>®</sup> funding since 2019
- Supports ePCTs of non-opioid interventions for:
  - Treating pain
  - Improving pain management
  - Reducing reliance on opioids

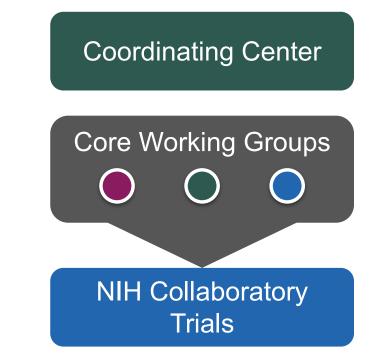
**Aim:** Improve availability of, effectiveness of, and adherence to evidence-based, nonpharmacologic pain management





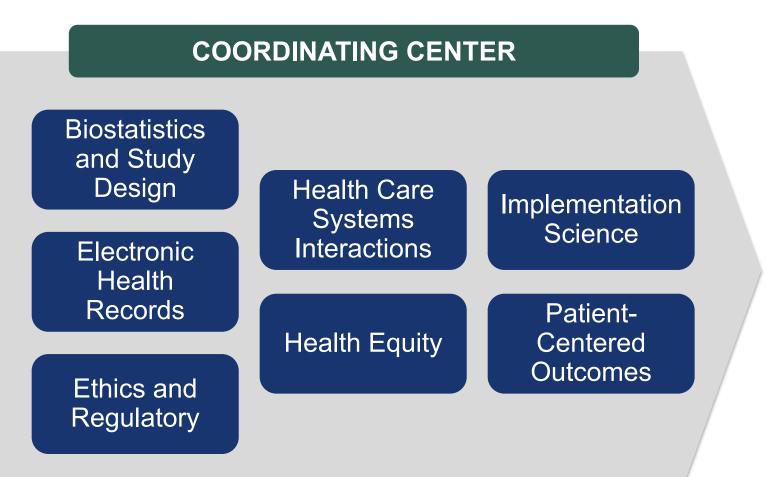
## **Core Working Groups**

- Component of Coordinating Center focusing on key areas of ePCTs
- Led by Chairs from Coordinating Center
- Include representatives from
  - NIH Collaboratory Trials
  - NIH





# **Core Working Groups: Purpose**





- Guide and support NIH Collaboratory Trials
- Disseminate knowledge
  - Guidance
  - Lessons learned





- Patrick Heagerty, PhD
- Elizabeth L. Turner, PhD



# Biostatistics and Study Design Core

- Provide expertise in novel designs and methods for ePCTs
- Document new statistical issues and share knowledge
- Develop methods to address challenges





- Rachel Richesson, PhD, MPH
- Keith A. Marsolo, PhD





# Electronic Health Records Core

- Help trials acquire, assess, and use real-world data
- Create tools to leverage EHRs for research across multiple health systems
- Share lessons broadly





#### Chair:

• Greg Simon, MD, MPH



## Health Care Systems Interactions Core

- Engage those involved in healthcare delivery systems to:
  - Participate in research
  - Help design research attractive to practitioners
  - Lower administrative barriers
  - Communicate results to all parties





- Rosa Gonzalez-Guarda, PhD, MPH
- Cherise Harrington, PhD, MPH



# Health Equity Core

- Develop guidance for ePCTs on how to integrate a health equity lens, including:
  - Considerations for enrollment
  - Strategies for selecting outcomes
  - Tailored research methods that better suit the study population





- Christy Zigler, PhD, MSEd
- Emily C. O'Brien, PhD



# Patient-Centered Outcomes Core

- Define best practices for:
  - Selecting, compiling, and curating appropriate PRO measures
  - Developing new instruments when needed
  - Creating efficient, quality data collection systems compatible with EHRs





- Jeremy Sugarman, MD
- Pearl O'Rourke, MD
- Stephanie Morain, PhD, MPH



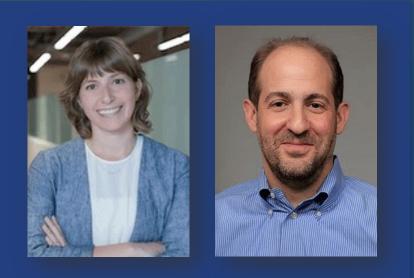
# Ethics and Regulatory Core

- Identify areas of regulatory and ethical uncertainty for ePCTs
- Help trials navigate regulatory and ethical complexities
- Provide a framework for ethical, compliant conduct of ePCTs





- Devon Check, PhD
- Hayden Bosworth, PhD



# Implementation Science Core

- Support trials in achieving their implementation-related research aims
- Promote the uptake and sustainability of effective interventions
- Produce guidance for conducting implementation research in ePCTs



# Impact of Cores





publications & products



### PI Testimonials

"Take the Biostats Core Working Group advice seriously—get it early and act on it early."

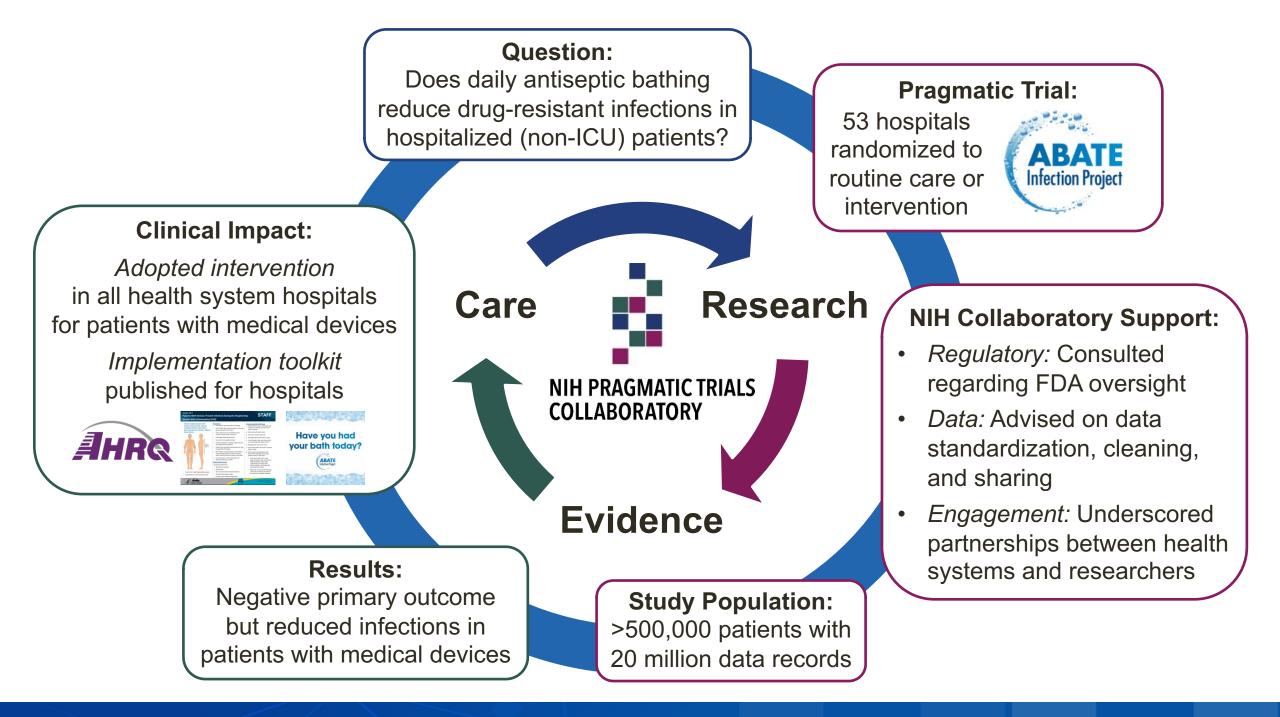
"The CC helped greatly with the selection of our secondary outcome measures."

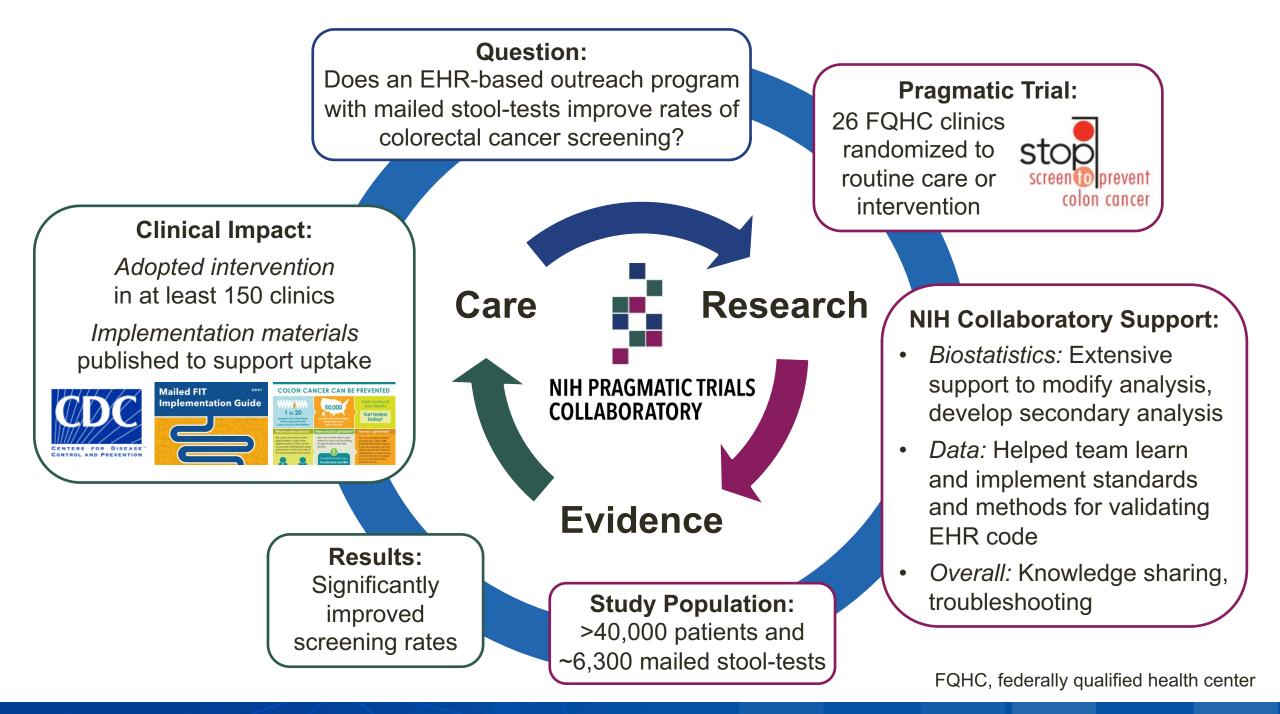
*"Have as many key members of your team work closely with Collaboratory Cores."* 

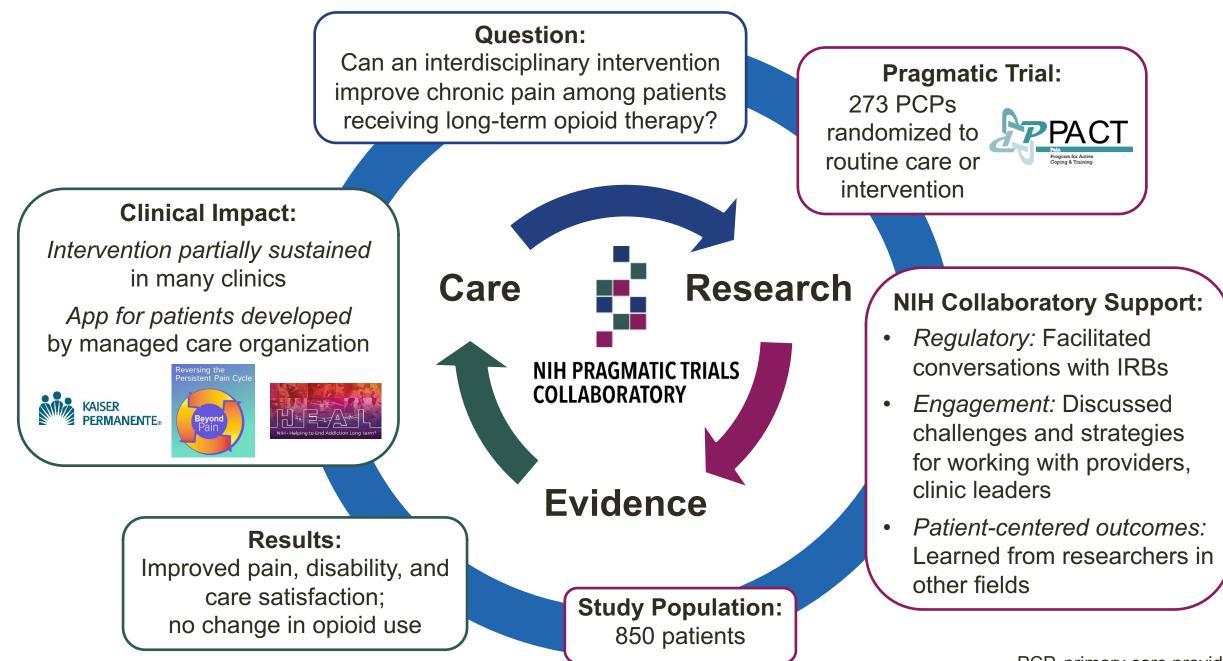
"Having adjusted our strategy prior to IRB submission based on input from the Core was likely a major reason the IRB review went so smoothly."

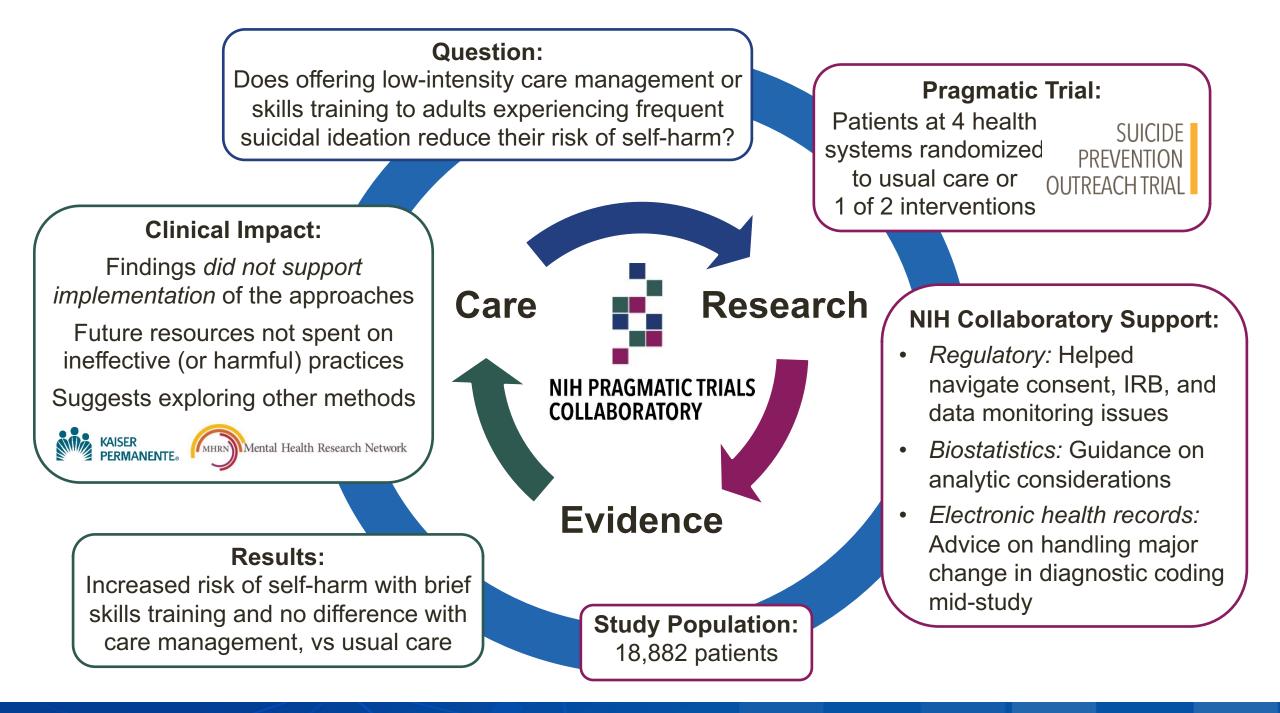
# Examples: NIH Collaboratory Trials Informing Clinical Care











# Disseminating Knowledge and Best Practices

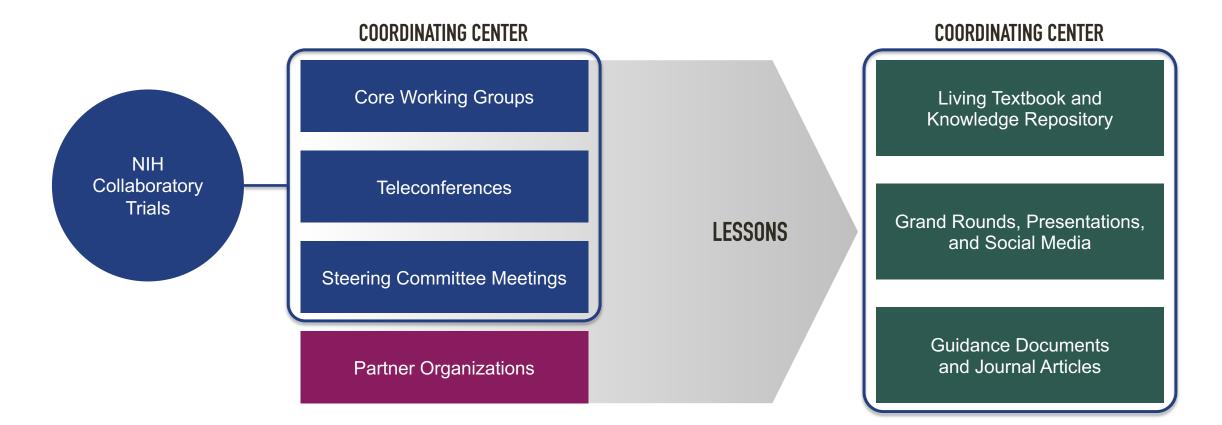


We've learned a lot about how to integrate research with practice...

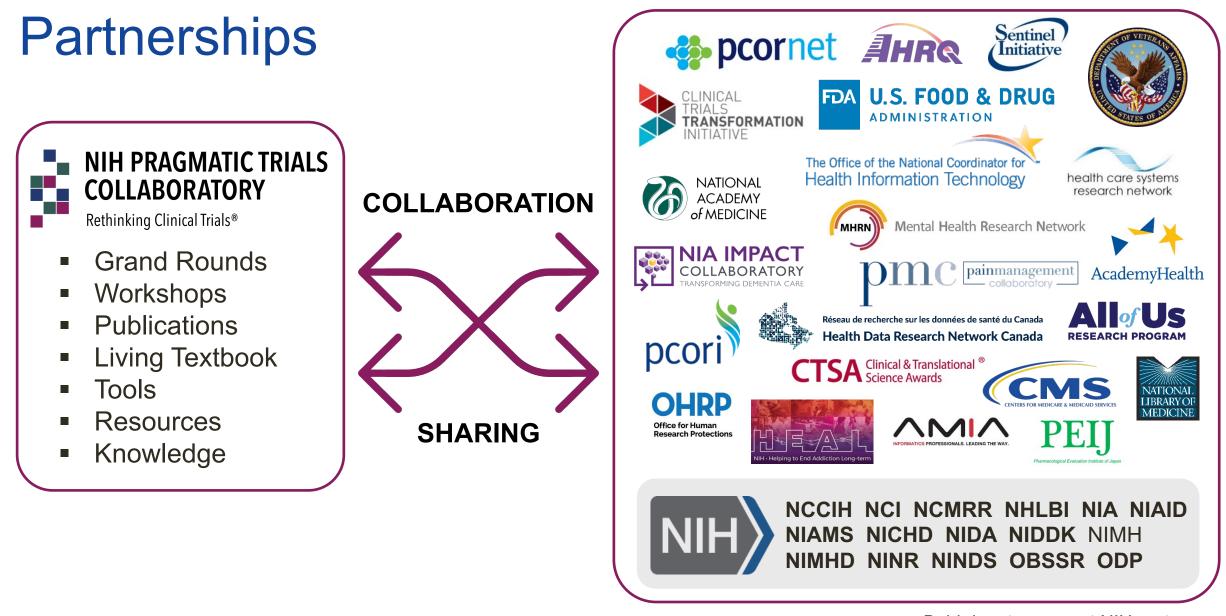
- Using EHRs for research is complex
- Unexpected changes occur, but there are ways to mitigate their effects
- Strong partnerships with healthcare systems are essential
- Some ethical and regulatory uncertainties remain
- Many factors involved in whether an intervention will be sustained
- Sharing challenges and lessons promotes success, advances methods



## Flow of Information







Bold denotes current NIH partner

### **Publications\***





\*As of January 30, 2025

# Living Textbook of Pragmatic Clinical Trials

### Website & Online Textbook





Welcome to the Living Textbook of pragmatic clinical trials, a collection of knowledge from the NIH Pragmatic Trials Collaboratory. Pragmatic clinical trials

### rethinkingclinicaltrials.org

- Program information
- Comprehensive ePCT resource
- Continuously updated and expanded
- Internal and external contributors
- Reliable and citable



## Living Textbook Content and Reach

**30+** chapters









#### Design

- Developing a Grant
- Experimental Designs
- Building Partnerships
- Patient Engagement
- What Is a Pragmatic Trial
- Endpoints & Outcomes
- Using EHR Data
- Intervention Complexity

#### Dissemination

- Data Sharing
- Dissemination
- Implementation

### **TOPICS INCLUDE:**

#### Data, Tools, and Conduct

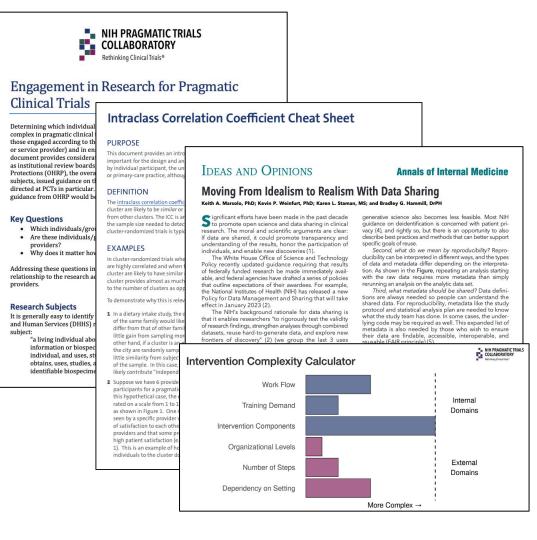
- Assessing Feasibility
- Acquiring & Assessing Real-World Data
- Study Startup
- Participant Recruitment
- Monitoring Fidelity
- Clinical Decision Support
- Patient-Reported Outcomes
- Mobile Health

#### **Ethics and Regulatory**

- Privacy
- Consent, Waiver, & Notification
- Collateral Findings
- Data & Safety Monitoring
- Single IRB

### **Tools and Guidance Documents**

CHEAT SHEETS	<ul> <li>Intraclass Correlation Coefficient</li> <li>Equitable Language</li> <li>Assessing Fitness-for-Use of Clinical Data for ePCTs</li> </ul>
TOOLS & TOOLKITS	<ul> <li>Intervention Complexity Calculator</li> <li>Patient-Centered Outcomes Toolkit</li> <li>Data Sharing Information</li> <li>Quick Start Guides</li> </ul>
TEMPLATES & CHECKLISTS	<ul> <li>Data Monitoring Committee Charter</li> <li>Reporting ePCTs Template</li> <li>Trial Documentation Checklist</li> <li>Data Sharing Checklist</li> </ul>
GUIDANCE DOCUMENTS	<ul> <li>Engagement in ePCTs</li> <li>Assessing Data Quality</li> <li>Cluster Randomized Trial Design</li> <li>Data Sharing</li> </ul>





## Learn About Our ePCTs



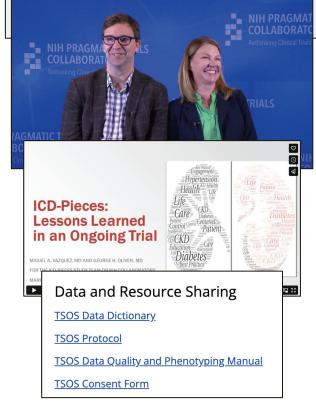
- Trial details
- Study snapshots
- News & Interviews
- Publications
- Presentations
- Shared resources

#### Publications

Patient engagement with prescription refill text reminders across time and major societal events

Description of patient questions received by clinical pharmacists in the Nudge Study

Secondary analysis of electronic opt-out consent in pragmatic research: A study design method to diversify clinical trials?





#### NIH PRAGMATIC TRIALS

COLLABORATORY Rethinking Clinical Trials®

#### Pragmatic Trial of User-Centered Clinical Decision Support to Implement Emergency Department–Initiated Buprenorphine for Opioid Use Disorder (EMBED)

 Principal Investigators
 Collaborators

 Edward Melnick, MD, MHS;
 • University of North Carolina at Chapel Hill

Gail D'Onofrio, MD, MS
University of Alabama at Birmingham
University of Colorado Denver
University of Colorado Denver
UMass Chan Medical School-Baystate

DATA AND RESOURCE SHARING
Data sharing checklist

bmj-2021-069271, PMID: 35760423,

NIH Institutes Providing Oversight

National Institute on Drug Abuse (NIDA)

 Melnick ER, Nath B, Dziura JD, et al. User centered clinical decision support to implement initiation of buprenorphine for opioid use disorder in the emergency department: EMBED pragmatic cluster randomized controlled trial. *BMU* 2022 Jun 27:377-e069271. doi: 10.136/

STUDY AT A GLANCE

Sponsoring Institution Yale University

#### 

Patients with untreated opioid use disorder often seek medical care in emergency departments (EO), ED-initiated Dupmenophine doubles the practice of initiating Dupmenophine in the ED has on bein implemented into ED care. One major challenge for implementing evidence-based medicine has been the poor usability of health information technology. User-centered design of health information technology interventions can improve the user experience and the uptake of evidence-based medical care.

#### DESIGN AND SETTING

Pragmatic cluster randomized controlled trial with 599 attending emergency physicians caring for 5047 adult patients who presented with opioid use disorder in 18E D clusters across 5 healthcare systems in 5 states between November 2019 and May 2021.

#### INTERVENTION AND METHODS

The study scanlessly integrated a user-centered, physician-facing clinical decision support system into user workflows in the decision support initiation of bupernorphine in the ED. The system was designed to help clinicais and disgnose oppiol use disorder, assess withdrawal sereity, motivate patients to accept treatment, and complete EHR tasks by automating clinical and affer-wisk documentation, order entry prescribing, and referral. The primary study outcome was the rate of bupernorphine administration or prescription in the ED among patients with oppiol use disorder. Secondary implementation outcomes were measured using the RE-AM (Reach, Effectiveness, Adoption, Implementation, and Maintenac) framework. FINDINGS Assessment of 1,413,603 ED visits for study elipbility identified 5047 patients with opioid use disorder (2787 in the intervention arm, 2260 in the usual care army under the care of 599 attending physicians (340 in the intervention arm, 250 in the usual care arm) for analysis. Buyenerophiev eas initiated at 1847 patients (12258) in the usual care arm (odds ratio (122,935% Cl. 0.612,248,79–58). Buprenorphiev was initiated at lease net by 351 physicans (144,059) in the usual care arm (06, 183, 95% Cl. 104, 248, 97–69).

#### CONCLUSIONS AND RELEVANCE

Although user-centered clinical decision support did not increase patient level rates of bupenorphine initiation in the ED, when used, EMBED was associate with high rates of initiation of bupenorphine. EMBED also increased the number of unique physicians who provided initiation of bupenorphine in the ED and prescribed naloxone. Clinical decision support that increase physician adoption of complex. unformalise evidence-based practices. More intervention are needed to examine other barriers to the treatment of addiction at the patient level in the ED for patients with opoid use disorder.

rethinkingclinicaltrials.org

### Sharing Trial Resources & Data

rethinkingclinicaltrials.org/data-and-resource-sharing/



#### Completed trials share data and resources publicly

#### STUDY TOOLS

- Protocols
- Consent forms
- Implementation tools
- Site materials
- Questionnaires
- Toolkits
- Ethics and regulatory documentation

#### DATASETS AND DOCUMENTATION

- Data dictionaries
- Public use datasets
- Analytic code
- Computable phenotypes
- Data quality manuals
- Data request forms
- Data sharing checklists

#### PUBLICATIONS

- Study design papers
- Main outcomes papers
- Qualitative research
- Other publications

### Rethinking Clinical Trials® Grand Rounds

### Weekly webinars

- Fridays 1-2 pm ET
- Open to public
- >550 held to date
- >150 attendees/session
- Timely, high-interest topics
- Feature NIH Collaboratory work and beyond
- Podcast episodes
  - 50 available



### **Training Activities**

13 workshops >700 attendees **48** presenters

**84** hours of presenter-led training

AUDIENCES REACHED

- Academic researchers
- Funding agencies
- Investigators
- Health system leaders
- Healthcare practitioners
- Other ePCT partners











### ePCT Training Resources

rethinkingclinicaltrials.org/training-resource/

- Learning modules
- Video library
- Resources (handouts, checklists, guides, etc)
- Workshop materials (slides, recordings, etc)
- Upcoming opportunities

#### **Training Resources**

#### Learning Modules

The NIH Pragmatic Trials Collaboratory Learning Modules offer a series of self-paced, guided learning for researchers interested in pragmatic clinical trials. These modules are organized by topic and can be watched sequentially or individually. Learn from our experts as they answer common questions about pragmatic clinical trials.

Learn More

#### Videos

View our training videos, which feature NIH Pragmatic Trials Collaboratory experts and guest speakers presenting on topics that cover every phase of a pragmatic clinical trial.

#### Resources

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Access downloadable resources developed by the NIH Pragmatic Trials Collaboratory, including educational handouts, guidance documents, and worksheets that provide information about pragmatic clinical trials.

#### Workshops

Learn about upcoming NIH Pragmatic Trials Collaboratory workshops and view materials from past workshops, such as agendas, recordings, slides, participant guides, and more.



#### Upcoming Learning Opportunities

November 17 @ 1:00 pm - 2:00 pm Grand Rounds November 17, 2023: Personalized Patient Data and Behavioral Nudges to Improve Adherence to Chronic Cardiovascular Medications: Results from the Nudge Study (Michael Ho, MD, PhD; Sheana Bull, PhD)

November 24 @ 1:00 pm - 2:00 pm Grand Rounds November 24, 2023: No Presentation (Holiday)

November 28 @ 1:00 pm - 3:00 pm

Exploratory and Inferential Spatial Statistical Methods: Tools To Understand the Geography of Health Across the U.S.

#### December 1 @ 1:00 pm - 2:00 pm

Grand Rounds Biostatistics Series December 1, 2023: Guidelines for Design and Analysis of Stepped-Wedge Trials (Jim Hughes, PhD: Moderator: Patrick Heagerty, PhD)

View Calendar of All Events

### **Receive ePCT Updates**



FDA Announces Draft Guidance for Increasing Diversity in Clinical Trials: The US Food and Drug Administration issued draft guidance recommending clinical trial sponsors develop a "race and ethnicity diversity plan" to ensure representative enrollment of period the include the include the includent in the includent



racially and ethnically diverse participants in clinical trials developing medical products.



TSOS Implements Suicide Assessment and Monitoring Method: The TSOS study, an NIH Collaboratory Demonstration

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Monthly email newsletter rethinkingclinicaltrials.org/ newsletter-subscribe/

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@Collaboratory1

## NIH PRAGMATIC TRIALS COLLABORATORY

Rethinking Clinical Trials®

## **Appendix: NIH Collaboratory Trials**



## NIH Collaboratory Trials: Completed

Project	Population	Intervention	Outcome
ABATE	Non-ICU patients	Decolonization strategies	MRSA and VRE clinical cultures
EMBED	Patients with opioid use disorder	User-centered computerized clinical decision support	Rate of emergency department–initiated buprenorphine/naloxone; referral for ongoing medication assisted treatment
ICD-Pieces	Comorbid diabetes, chronic kidney disease, hypertension	Collaborative primary care program	All-cause hospitalizations for 3 conditions
LIRE	Low back pain	Insertion of epidemiologic benchmarks in lumbar spine imaging reports	Relative value unit for spine-related interventions
Nudge	Patients with chronic CV conditions	Text messages and chat bot	Adherence to CV medications
PPACT	Nonmalignant chronic pain	Multidisciplinary behavioral care management	Brief Pain Inventory
PRIM-ER	Older adults (>65 years)	Palliative care education; simulation-based workshops; clinical decision support; provider audit and feedback	Healthcare utilization and survival



## NIH Collaboratory Trials: Completed (cont)

Project	Population	Intervention	Outcome
PROVEN	Nursing home residents	Advance care planning video (behavioral program)	Hospitalizations; presence of advance directives
SPOT	Suicidal ideation or depression	Collaborative care behavioral program (care management & skills training)	Suicide attempts
STOP CRC	Adults aged 50-75 years	Direct mail colorectal cancer (CRC) screening program (FIT kit)	CRC screening rates
TiME	Patients initiating dialysis	Dialysis session of at least 4.25 hours	All-cause mortality, hospitalization
TSOS	Traumatic injury	Collaborative care management program	PTSD checklist; PHQ-9 scale; alcohol use disorders; SF-12/36



## **ABATE** Active Bathing to Eliminate Infection

- Cluster trial comparing 2 quality improvement strategies to reduce multidrug-resistant organisms and healthcare-related infections in non-ICU population
- 53 hospitals
- 331,584 patients



#### THE LANCET

Chlorhexidine versus routine bathing to prevent multidrug-resistant organisms and all-cause bloodstream infections in general medical and surgical units (ABATE Infection trial): a cluster-randomised trial

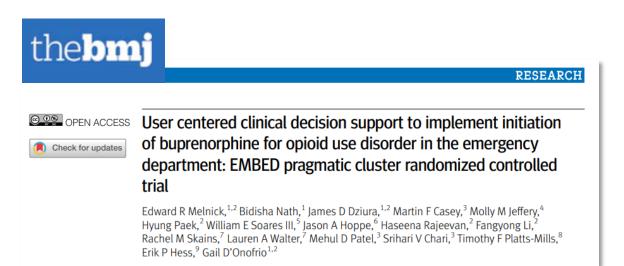
Susan S Huang, Edward Septimus, Ken Kleinman, Julia Moody, Jason Hickok, Lauren Heim, Adrijana Gombosev, Taliser R Avery, Katherine Haffenreffer, Lauren Shimelman, Mary K Hayden, Robert A Weinstein, Caren Spencer-Smith, Rebecca E Kaganov, Michael V Murphy, Tyler Forehand, Julie Lankiewicz, Micaela H Coady, Lena Portillo, Jalpa Sarup-Patel, John A Jernigan, Jonathan B Perlin, Richard Platt, for the ABATE Infection trial team



**EMBED** Pragmatic Trial of User-Centered Clinical Decision Support to Implement Emergency Department-Initiated Buprenorphine for Opioid Use Disorder

- Cluster trial testing the effect of usercentered computerized clinical decision support on rates of emergency department-initiated buprenorphine/ naloxone and referral for ongoing medication-assisted treatment in patients with opioid use disorder
- 3 health systems
- 5,047 patients







### **ICD-Pieces** Improving Chronic Disease Management with Pieces<sup>TM</sup>

- Novel platform to test effective ways to reduce heart problems, hospitalizations & deaths in patients with multiple chronic conditions
- 94 clinical sites
- 11,000 patients





# LIRE Lumbar Imaging with Reporting of Epidemiology

- Cluster trial evaluating whether inserting epidemiologic benchmarks into lumbar spine imaging reports reduces subsequent tests and treatments
- 98 clinical sites
- 246,289 patients





#### Original Investigation | Imaging

The Effect of Including Benchmark Prevalence Data of Common Imaging Findings in Spine Image Reports on Health Care Utilization Among Adults Undergoing Spine Imaging A Stepped-Wedge Randomized Clinical Trial

Jeffrey G. Jarvik, MD, MPH; Eric N. Meier, MS; Kathryn T. James, MPH; Laura S. Gold, PhD; Katherine W. Tan, PhD; Larry G. Kessler, ScD; Pradeep Suri, MD; David F. Kallmes, MD; Daniel C. Cherkin, PhD; Richard A. Deyo, MD, MPH; Karen J. Sherman, PhD; Safwan S. Halabi, MD; Bryan A. Comstock, MS; Patrick H. Luetmer, MD; Andrew L. Avins, MD, MPH; Sean D. Rundell, DPT, PhD; Brent Griffith, MD; Janna L. Friedly, MD; Danielle C. Lavallee, PhD; Kari A. Stephens, PhD; Judith A. Turner, PhD; Brian W. Bresnahan, PhD; Patrick J. Heagerty, PhD



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**Nudge** Personalized Patient Data and Behavioral Nudges to Improve Adherence to Chronic Cardiovascular Medications

- Patient-level randomized pragmatic trial comparing the effects of digital interventions (text messages and chat bot) on medication adherence in patients with chronic cardiovascular conditions
- 3 health systems







### **PPACT** Collaborative Care for Chronic Pain in Primary Care

- Mixed-methods cluster trial evaluating integration of multidisciplinary services within the primary care environment to improve chronic pain management
- 3 regional health systems
- 2,000 patients





CrossMark

#### Automating Collection of Pain-Related Patient-Reported Outcomes to Enhance Clinical Care and Research

Ashli Owen-Smith, PhD, SM<sup>1,2</sup>, Meghan Mayhew, MPH<sup>3</sup>, Michael C. Leo, PhD<sup>3</sup>, Alexandra Varga, MPH<sup>3</sup>, Lindsay Benes, PhD, RN, CNS<sup>3,4</sup>, Allison Bonifay, MA, LPC<sup>3</sup>, and Lynn DeBar, PhD, MPH<sup>5</sup>



## PRIM-ER Primary Palliative Care for Emergency Medicine

- Cluster trial testing the effects of implementing primary palliative care in emergency medicine on healthcare utilization and survival
- 35 emergency departments across
   18 health systems





## PROVEN Pragmatic Trial of Video Education in Nursing Homes

- Evaluating the effectiveness of advance care planning video shown in nursing homes of 2 large healthcare systems
- 359 nursing homes
- 211,469 patients



PRagmatic Trial of Video Education in Nursing Homes

Research

JAMA Internal Medicine | Original Investigation

Advance Care Planning Video Intervention Among Long-Stay Nursing Home Residents A Pragmatic Cluster Randomized Clinical Trial

Susan L. Mitchell, MD, MPH: Angelo E. Volandes, MD, MPH: Roee Gutman, PhD; Pedro L. Gozalo, MSc, PhD; Jessica A. Ogarek, MS; Lacey Loomer, MSPH; Ellen M. McCreedy, PhD; Ruoshui Zhai, MS; Vincent Mor, PhD



## **SPOT** Suicide Prevention Outreach Trial

- Collaborative care model to test treatments intended to reach large groups of adult patients who have serious thoughts of suicide
- 4 clinical sites
- 18,644 patients

### SUICIDE PREVENTION OUTREACH TRIAL

#### Research

#### JAMA | Original Investigation

Effect of Offering Care Management or Online Dialectical Behavior Therapy Skills Training vs Usual Care on Self-harm Among Adult Outpatients With Suicidal Ideation A Randomized Clinical Trial

Gregory E. Simon, MD, MPH; Susan M. Shortreed, PhD; Rebecca C. Rossom, MD, MS; Arne Beck, PhD; Gregory N. Clarke, PhD; Ursula Whiteside, PhD; Julie E. Richards, MPH, PhD; Robert B. Penfold, PhD; Jennifer M. Boggs, PhD, MSW; Julia Smith, MS



## **STOP CRC** Strategies and Opportunities to Stop Colorectal Cancer

- Cluster trial testing a culturally tailored, healthcare system—based program to improve CRC screening rates in community-based collaborative network
- 30 clinical sites
- 62,155 patients



JAMA Internal Medicine | Original Investigation

Effectiveness of a Mailed Colorectal Cancer Screening Outreach Program in Community Health Clinics The STOP CRC Cluster Randomized Clinical Trial

Gloria D. Coronado, PhD; Amanda F. Petrik, MS; William M. Vollmer, PhD; Stephen H. Taplin, MD, MPH; Erin M. Keast, MPH; Scott Fields, MD; Beverly B. Green, MD, MPH



## TIME Time to Reduce Mortality in End-Stage Renal Disease

- Cluster trial testing whether a longer hemodialysis session can improve survival & quality of life for patients with kidney failure who require chronic treatment with dialysis
- 256 clinical sites
- 7,053 patients





#### The TiME Trial: A Fully Embedded, Cluster-Randomized, Pragmatic Trial of Hemodialysis Session Duration

Laura M. Dember, <sup>1,2</sup> Eduardo Lacson, Jr.,<sup>3</sup> Steven M. Brunelli,<sup>4</sup> Jesse Y. Hsu,<sup>5</sup> Alfred K. Cheung,<sup>6</sup> John T. Daugirdas,<sup>7</sup> Tom Greene,<sup>8</sup> Csaba P. Kovesdy <sup>(b)</sup>,<sup>9</sup> Dana C. Miskulin,<sup>10</sup> Ravi I. Thadhani,<sup>11,12</sup> Wolfgang Winkelmayer,<sup>13</sup> Susan S. Ellenberg,<sup>5</sup> Denise Cifelli,<sup>14</sup> Rosemary Madigan,<sup>14</sup> Amy Young,<sup>4</sup> Michael Angeletti,<sup>3</sup> Rebecca L. Wingard,<sup>3</sup> Christina Kahn,<sup>3</sup> Allen R. Nissenson,<sup>15,16</sup> Franklin W. Maddux,<sup>3</sup> Kevin C. Abbott,<sup>17</sup> and J. Richard Landis<sup>5</sup>



## **TSOS** Trauma Survivors Outcomes and Support

- Stepped-wedge cluster trial testing innovative intervention for patients with PTSD and comorbidity
- 25 level 1 trauma centers
- 960 patients



#### JAMA Surgery | Original Investigation

Stepped Collaborative Care Targeting Posttraumatic Stress Disorder Symptoms and Comorbidity for US Trauma Care Systems A Randomized Clinical Trial

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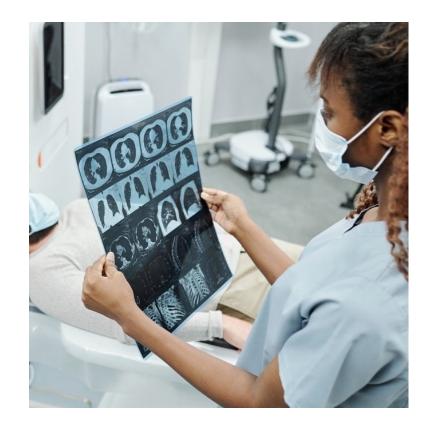
## NIH Collaboratory Trials: Planning Phase

Project	Population	Intervention	Outcome
LungSmart	Current and former smokers, aged 50-80	Telehealth tools designed to engage people in lung cancer screening	Lung cancer screening completion
STEP-2	Women aged 30-65	HPV self-sampling	Screening proportion



LungSmart Population Health Management Approaches to Increase Lung Cancer Screening in Community Health Centers

- Patient-level randomized trial
- Evaluating the effectiveness of digital and telehealth tools to increase the reach of lung cancer screening among people who get care at community health centers
- 14 federally qualified health centers in Utah operating ~50 primary care clinics





## STEP-2 Self-Testing for Cervical Cancer in Priority Populations

- Cluster randomized trial
- Evaluating the effectiveness and implementation of HPV self-sampling interventions
- 42 federally qualified health center clinics





## **R01 NIH Collaboratory Trials**

Project	Population	Intervention	Outcome
iPATH	Patients with type 2 diabetes from health disparity populations	Multi-level, multi-component, technology-enabled practice transformation strategy	Reduction in patients with poorly controlled diabetes (A1c>9%) at 12 and 24 months
MOMs Chat & Care Study	Black birthing people	Integrated care model approach at 2 different levels of intensity, high or low	Incidence of severe maternal morbidity at time of labor and delivery and related hospital admissions at 1-month and 1-year postpartum



### **iPATH** Implementing Scalable, PAtient-centered Team-based Care for Adults with Type 2 Diabetes and Health Disparities

- Hybrid type 2 effectiveness implementation study, including a stepped-wedge cluster randomized trial
- Evaluating whether an innovative multi-level, multi-component, technology-enabled
   practice transformation strategy can improve outcomes for patients with type 2 diabetes from health disparity populations
- 8 federally qualified health centers





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Maternal Care Model Approaches to Reduce Disparities in Severe Maternal Morbidity

- Testing the effectiveness of an integrated care model approach at 2 different levels of intensity to facilitate timely, appropriate care for high-risk Black birthing people and reduce risk for severe maternal morbidity
- Largest healthcare provider in New York
- 674 expected patients





### NIH Collaboratory Trials: Implementation Phase

Project	Population	Intervention	Outcome
ACP PEACE	Patients with advanced cancer	Clinician communication skills training and patient video decision aids for advanced care planning	Advance care plans completion; medical orders for resuscitation preferences; palliative care consultations; hospice use
BEST-ICU	Critically ill adults	Strategies to increase adoption of the ABCDEF bundle, a mechanical ventilation liberation and symptom management approach	Implementation (primary) and clinical (secondary) effectiveness outcomes
Chat 4 Heart Health	Patients from Federally Qualified Health Centers with sub-optimal control of their cardiovascular (CV) risk factors	Multilevel intervention leveraging cellphone-based text messages	Global CV health and control of CV risk factors (e.g., hypertension, diabetes)
GGC4H	Parents of early adolescents	Anticipatory guidance curriculum	Behavioral health problems; health service utilization
HiLo	Patients undergoing hemodialysis	Liberalizing serum phosphate target	Rate of hospitalization
I CAN DO Surgical ACP	Older adults undergoing major elective survey	Patient-facing advance care planning (ACP) tool	ACP completion rates and patient engagement with ACP

### NIH Collaboratory Trials: Implementation Phase (cont)

Project	Population	Intervention	Outcome
IMPACt-LBP	Adults with low back pain	Primary Spine Practitioner (PSP) Model using doctors of chiropractic and physical therapists as first-line providers	Improve physical function, decrease pain, decrease opioid prescriptions, improve patient satisfaction, and decrease costs and utilization of healthcare services when compared with usual medical care
INSPIRE	Non–critically ill hospitalized patients with abdominal infections or skin and soft tissue infections	Predictive algorithm integrated into the computerized provider order entry system, plus audit and feedback	Reduction in prescribing of unnecessary extended- spectrum antibiotics while maintaining good clinical outcomes as measured by length of stay and transfer to an intensive care unit
TAICHIKNEE	Patients with knee pain due to osteoarthritis	Remotely delivered web-based Tai Chi intervention	Physical health (including knee-related pain and function), mental health, and healthcare utilization



### ACP PEACE Advance Care Planning: Promoting Effective and Aligned Communication in the Elderly

- Cluster trial testing whether clinician communication skills training and patient video decision aids will increase advance care plan completion in patients >65 with advanced cancer
- 36 oncology clinics across
   3 health systems
- 4,500 expected patients





### **BEST-ICU** Behavioral Economic and Staffing Strategies to Increase Adoption of the ABCDEF Bundle in the ICU

- 3-arm stepped-wedge, clusterrandomized trial to evaluate 2 strategies grounded in behavioral economic and implementation science theory to increase adoption of the ABCDEF bundle, a mechanical ventilation liberation and symptom management approach, in critically ill adults
- 12 ICUs from 3 safety net hospitals
- 8,100 expected patients

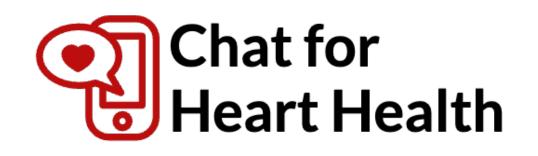




## Chat 4 Heart Health Using Artificially Intelligent Text Messaging Technology

to Improve AHA's Life's Essential 8 Health Behaviors

- Patient-level randomized trial to evaluate the implementation and effectiveness of 3 different automated patient communication approaches for self-management support to improve control of cardiovascular disease risk factors
- Federally Qualified Health Centers in 3 health systems
- 6,000 expected patients

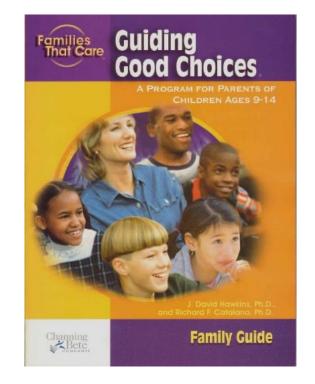




## GGC4H Guiding Good Choices for Health

- Cluster trial testing whether an anticipatory guidance curriculum for parents of early adolescents will reduce behavioral health problems and health service utilization
- 3 health systems
- 72 pediatricians and 4,500 families expected







**HiLO** Pragmatic Trial of Higher vs. Lower Serum Phosphate Targets in Patients Undergoing Hemodialysis

- Cluster trial testing whether less stringent control of serum phosphate levels will yield noninferior rates of all-cause hospitalization in patients with end-stage renal disease undergoing hemodialysis
- >100 dialysis facilities
- 4,400 expected patients



A Pragmatic Trial Sponsored by the National Institutes of Health



Implementation

## I CAN DO Surgical ACP Improving Completion, Accuracy, and Dissemination

of Surgical Advanced Care Planning

- Patient-level randomized trial to evaluate a system-based approach to help older adults undergoing elective surgery engage in advance care planning
- 3 health systems





**IMPACt-LBP** Implementation of the American College of Physicians Guideline for Low Back Pain

- Refine and implement a multidisciplinary collaborative care model for low back pain
- Evaluate the effectiveness of this care model compared to usual medical care for low back pain
- 3 academic healthcare systems







# INSPIRE INtelligent Stewardship Prompts to Improve Real-time Empiric

Antibiotic Selection for Patients

- 2 cluster randomized trials using personalized clinical decision support to improve judicious antibiotic prescribing for non-critically ill patients hospitalized with abdominal infections or skin and soft tissue infections
- 90,000 expected patients





## TAICHIKNEE Remote Tai Chi for Knee Osteoarthritis:

Remote Tai Chi for Knee Osteoarthrit an Embedded Pragmatic Trial

- Compare the effects of a remotely delivered web-based Tai Chi intervention versus routine care for patients with knee pain due to osteoarthritis
- 20-25 clinics across 4 health systems
- 600 expected patients





## HEAL Trials: Planning Phase

Project	Population	Intervention	Outcome
AIM CP	Rural-dwelling patients with chronic pain	Nurse care management model incorporating care coordination, cognitive behavioral therapy, and a remotely delivered exercise program	Pain interference, physical functioning, mental health, treatment satisfaction, sleep, pharmacologic treatments, and healthcare utilization
APA-SM	Rural-dwelling patients with chronic musculoskeletal pain	4-week auricular point acupressure self- management program delivered via mobile app	Pain intensity, pain interference, and function; cost-effectiveness
RAMP	Rural-dwelling Veterans with chronic pain	Telehealth intervention with multiple evidence- based complementary and integrative health approaches for chronic pain	Pain interference at 13 and 26 weeks; opioid use



**APA-SM** Personalized Auricular Point Acupressure for Chronic Pain Self-Management in Rural Populations

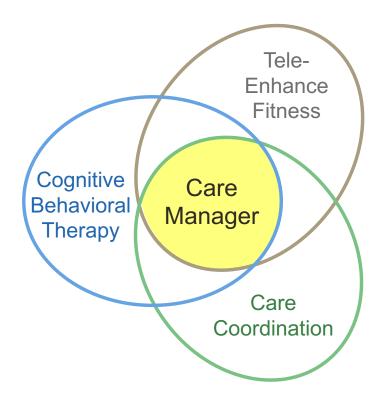
- Evaluating an auricular point acupressure self-management program for rural populations with chronic musculoskeletal pain
- Hybrid implementation-effectiveness trial





**AIM-CP** Adapting and Implementing a Nurse Care Management Model to Care for Rural Patients with Chronic Pain

- Adapting and test a nurse care management model to provide comprehensive coordinated care for patients with chronic pain in rural communities
- 6 health systems
- 416 expected patients





**RAMP** Reaching Rural Veterans: Applying Mind-Body Skills for Pain Using a Whole Health Telehealth Intervention

- Hybrid type 2 effectivenessimplementation trial evaluating a telehealth intervention with multiple evidence-based complementary and integrative health approaches for chronic pain
- VA health system
- 500 expected patients (rural-dwelling Veterans)



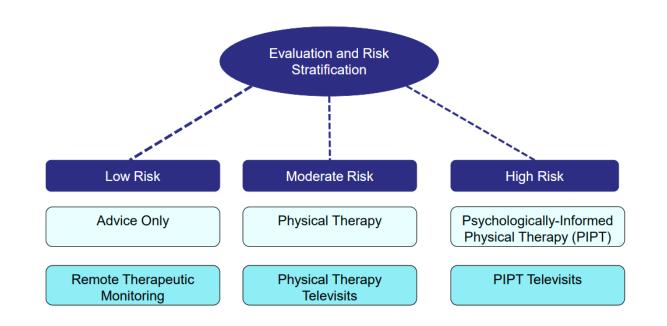


## **HEAL Trials: Implementation Phase**

Project	Population	Intervention	Outcome
ARBOR- Telehealth	Rural-dwelling patients with chronic low back pain	Risk-stratified telerehabilitation model	Change in low back pain-related disability and opioid use after 8 weeks
BackInAction	Older adults with low back pain	Standard and enhanced 12-week courses of acupuncture	Back-related function at 26 weeks; cost- effectiveness
BeatPain Utah	Adults with back pain in federally qualified health centers in Utah	Brief pain teleconsult and phone-based physical therapy	Pain management; reduction of disparities; evaluation of implementation strategies
FM-TIPS	Fibromyalgia	Addition of transcutaneous electrical nerve stimulation (TENS) to physical therapy	Fibromyalgia symptoms; adherence to therapy; meeting therapeutic goals; medication use
GRACE	Patients with sickle cell disease	Acupuncture and guided relaxation	Pain control; effective treatment sequence; evaluation of implementation strategies
NOHARM	Postoperative pain	EHR-embedded tools to aid shared decision making about pain management	Postoperative opioid use, pain, function
OPTIMUM	Chronic low back pain	Group-based mindfulness in outpatient clinical settings	Pain, physical, and psychological function; opioid prescriptions for chronic low back pain

#### ARBOR-Telehealth Advancing Rural Back Pain Outcomes through Rehabilitation Telehealth

- Comparing the effectiveness of a risk-stratified telerehabilitation model to improve outcomes in patients with chronic low back pain in rural communities
- Primary care clinics in Maryland
- 434 expected patients





### **BackInAction** Pragmatic Trial of Acupuncture for Chronic Low Back Pain in Older Adults

- Evaluating the safety and effectiveness of acupuncture in older adults with chronic low back pain
- 4 performance sites
- 828 expected patients





## BeatPain Utah Nonpharmacologic Pain Management in Federally

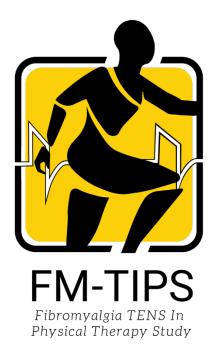
Qualified Health Centers Primary Care Clinics

- Testing the feasibility of a telehealth strategy that provides a brief pain teleconsult along with phone-based physical therapy
- Federally Qualified Health Centers in Utah



## **FM-TIPS** Fibromyalgia TENS in Physical Therapy Study

- Testing the feasibility and effectiveness of adding TENS to treatment of patients with fibromyalgia in a real-world physical therapy practice setting
- 5 physical therapy health systems

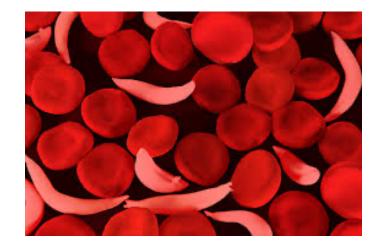




### **GRACE** Hybrid Effectiveness-Implementation Trial of Guided Relaxation and Acupuncture for Chronic Sickle Cell Disease Pain

- Testing the effectiveness of guided relaxation and acupuncture to improve pain control and determine the most appropriate and effective treatment sequence for patients with sickle cell disease pain
- 3 health systems









### **NOHARM** Nonpharmacologic Options in Postoperative Hospital-based and Rehabilitation Pain Management

- Testing the feasibility of EHRembedded patient- and clinicianfacing decision support for nonpharmacologic pain care after surgery
- 4 health systems





# **OPTIMUM** Group-Based Mindfulness for Patients With Chronic Low Back

Pain in the Primary Care Setting

- Evaluating effectiveness of a groupbased mindfulness intervention for patients with chronic low back pain in a usual care setting
- 3 health systems
- 450 expected patients

Optimum Optimizing Pain Treatment in Medical Settings Using Mindfulness



## NIH PRAGMATIC TRIALS COLLABORATORY

Rethinking Clinical Trials®