

# Non-pharmacological Options in postoperative Hospital-based and Rehabilitation pain Management (NOHARM)

## Top-Level Results



- Primary outcome: No difference in pain interference or physical function
- Secondary/exploratory outcomes:
  - Lower opioid use (MME) during intervention
  - No difference in health service utilization

## Lessons Learned



- EHR infrastructure can deliver individualized preference-aligned guidance at scale
- Workflow variation across user groups necessitates tailored implementation and analytic adjustment
- High clinician appetite for low-burden EHR solutions that advance care standards
- High patient engagement (~90%) with interactive portal education and preference elicitation tools

## Future Plans



- Primary/secondary outcomes; planned mediator and moderator analyses (Native American, cancer survivor, and rural subgroups); predictors of engagement
- Presentations at national meetings and stakeholder forums
- Ongoing and expanded implementation across participating sites