

Fibromyalgia TENS in Physical Therapy Study (FM-TIPS)

Top-Level Results



- Primary outcome: Clinically significant improvement in movement-evoked pain at Day 60 in PT+TENS group compared to PT-Only group.
- Secondary outcomes:
 - Clinically significant improvement in resting pain, movement-evoked fatigue, resting fatigue at Day 60 in PT+TENS compared to PT-Only.
 - PT-Only group obtained significant improvements in movement-evoked pain and fatigue, and resting pain and fatigue, at Day 180 after starting TENS on Day 65.

Future Plans



- Publish primary and secondary outcomes; manuscripts on EHR, responders to TENS and PT.
- Present results at annual physical therapy and US association for the study of pain meetings, World Congress on Pain.
- Share results with participants, support groups, and participating healthcare systems.

Lessons Learned



- Community and clinic engagement enhanced recruitment and retention.
- Need to engage with participants regularly to ensure enrollment, completion of outcomes.
- Regular communication and relationship-building between clinics, clinicians, healthcare systems, and study team are essential to success.

