

# It is time to learn from patients like mine

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#### Let's meet Laura

A teenager with systemic lupus erythematosus, proteinuria, pancreatitis and positive for antiphospholipid antibodies



www.webmd.com/lupus/picture-of-acute-systemic-lupus-erythematosus

#### The Green Button project



http://greenbutton.stanford.edu

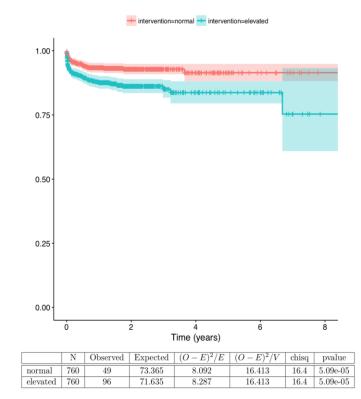
- Given a specific case, provide a summary of similar patients in Stanford's clinical data warehouse, the common treatment choices made, and the observed outcomes.
- An institutional review board approved study (IRB # 39709), which served 150 consultations across all service lines.
- Invented novel technology to search medical timelines.

### Timeline

- 2014 **Green button**: using aggregate patient data at the bedside (vision paper in Health Affairs)
- 2015 Outlined steps for rapid cohort studies at the bedside
- 2016 Built a search engine for patient timelines
- 2017 Launched a pilot of the service
- 2018 Described the methods used in the consult service, and a perspective on why "It is time to learn from similar patients"
- 2019 Completed the pilot study (writing up results)

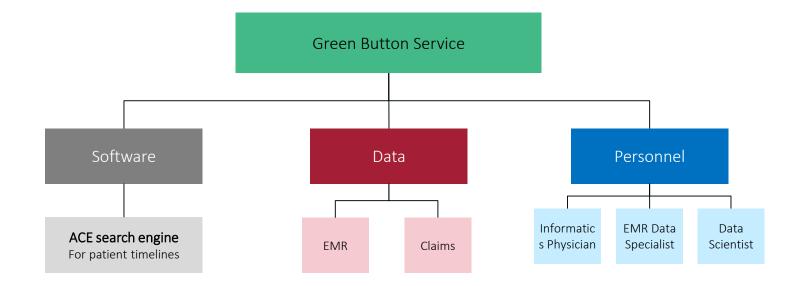
#### An example report

Mildly elevated serum free light chains and subsequent malignancy

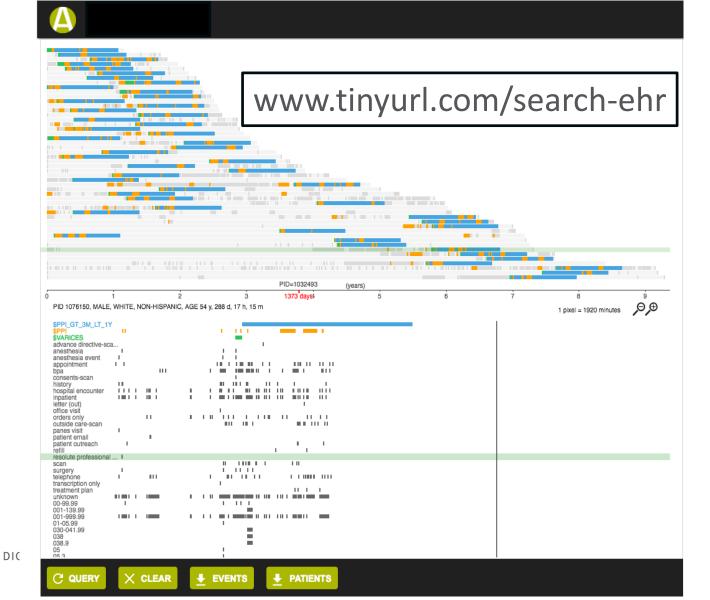




### Service = software, data, and personnel

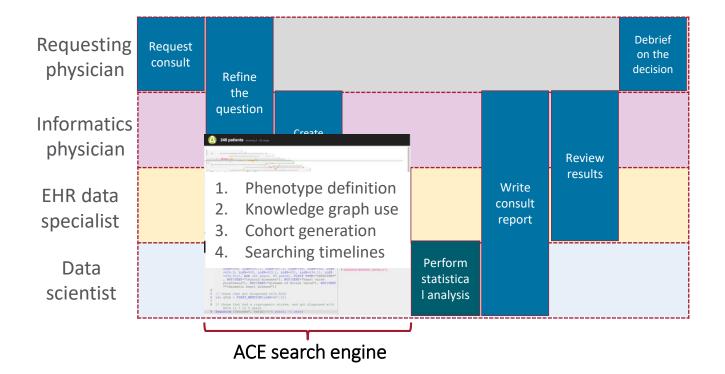




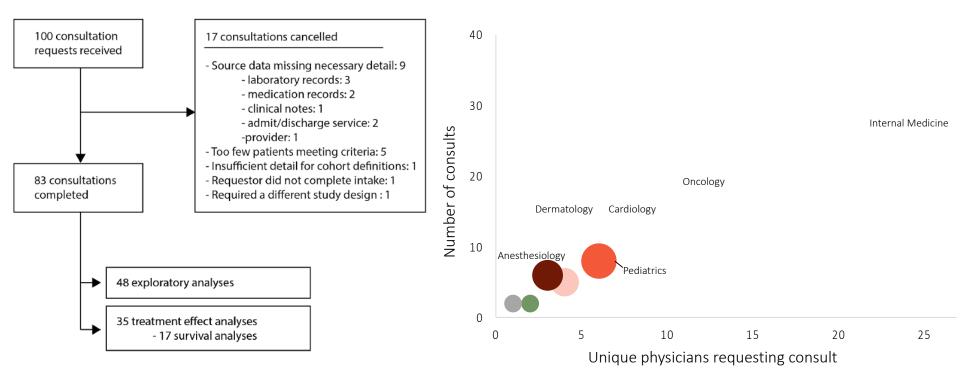


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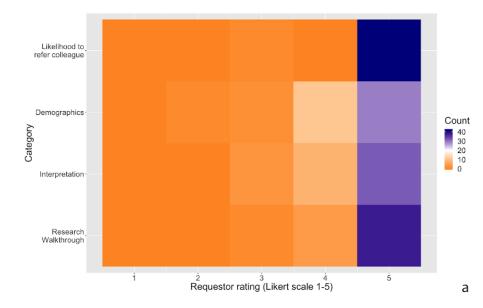
#### The process: 24 – 72 hours



### The first 100 consults



#### The first 100 consults

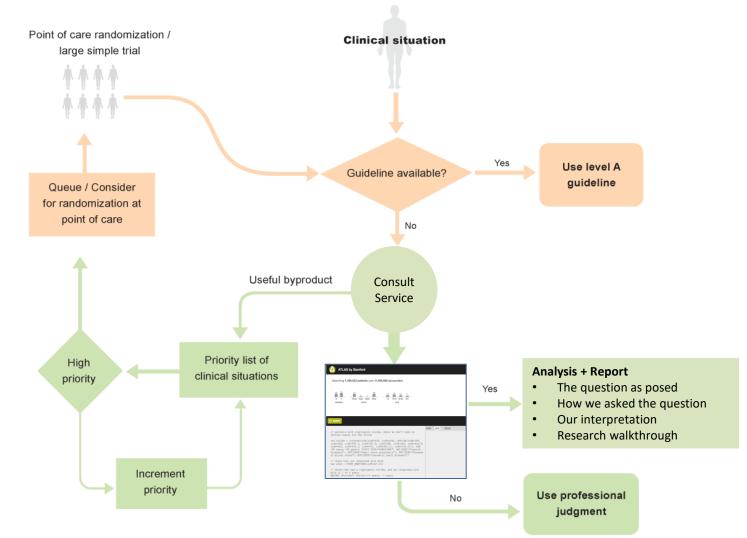




## How 'reliable' are the results?

- 1. Comparing with two reference sets
  - Applies to the 18 treatment effect estimation consults
  - 13-22% were "false discoveries"
- 2. Comparing across datasets (Truven, Optum)
  - Agreed 68-74% of the time
  - About the same rate as how often RCTs agree with each other
- 3. Comparing patient matching strategies
  - Agreed 79% of the time

#### Green button → Informatics Consult



#### Green button and the Informatics Consult

#### Informatics Consult team





Alison Callahan



Vladimir Polony

Ken Jung



Saurabh Gombar



Nigam Shah



Rob Tibshirani Trev



#### **Trevor Hastie**

## Stanford Health Care partners





David Entwistle

Tip Kim



Christopher Sharp

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#### **Related prior efforts**

#### Estimating Prognosis with the Aid of a Conversational-Mode Computer Program

ALVAN R. FEINSTEIN, M.D., JOEL F. RUBINSTEIN, M.D., and WALTER A. RAMSHAW, M.A.,

pand our ability to care for patients. This report describes how the experience is documented, stored, and retrieved so that it can be used in patient management. Data acquisition is integrated with patient care by means of forms that are part of the patient record. Follow-up information is obtained at six months, one year, and yearly thereafter. All data are stored in a computer information system that allows the doctor to recail the experience of panas been developing a system method for capturing our clinical perience with patients who have chemic heart disease. We began endeavor because we believed the ability to recall what we had d to whom we had done it, and w had happened would improve our a ity to care for each new patient. began to use this accumulated clir experience, or data bank, in the n

#### Evidence-Based Medicine in the EMR Era

Jennifer Frankovich, M.D., Christopher A. Longhurst, M.D., and Scott M. Sutherland, M.D.

PRØGNØSTIGRAM CIS - 79 FØR INDEX CASE : PATIENT A	
WITH THE FOLLOWING CRITERIA : HISTORY OF MYOCARDIAL INFARCTION	
NO HISTORY OF RECURRENT CHEST PAIN	
NO HISTORY OF CONGESTIVE HEART FAILURE	
HEART SIZE NORMAL BY CHEST X-RAY	
A SUBGROUP OF 18 PATIENTS WAS FOUND.	
ASSOCIATED CLINICAL FINDINGS IN THIS SUBGROUP	
MALES (% OF PATIENTS)	
AGE (% OF PATIENTS WITHIN 5 YRS+) DURATION OF IHD (% OF PATIENTS WITHIN 12 MONTHS)	33.3%
TYPICAL ANGINA (% OF PATIENTS)	+0%
CHEST PAIN STABLE (% OF PATIENTS)	.0%
NYHA FUNCTIONAL CLASS FOR ANGINA = 4 (% OF PATIENTS)	•0x
HISTORY OF MYOCARDIAL INFARCTION (% OF PATIENTS)	100.0%
	100.0%
NO HISTORY OF HYPERTENSION (% OF PATIENTS) NO HISTORY OF DIABETES MELLITUS (% OF PATIENTS)	72.2%
HISTORY OF SMOKING (% OF PATIENTS)	94•4X 64•7%
	88.9%
	100.0%
	100.0%
	233.7+/- 53.2
HEART SIZE NORMAL, CHEST X-RAY (% OF PATIENTS)	100.0%
NO DIAGNOSTIC Q-WAVES, ECG (% OF PATIENTS) NO CONDUCTION ABNORMALITIES (% OF PATIENTS)	43.8x 87.5x
NO RESTING ST-T WAVE CHANGES (% OF PATIENTS)	
EXEDCISE TEST DESITIVE (% AF PATIENTS)	18.24
LEFT VENTRICULAR END-DIASTALIC PRESSURE (MEAN +/- SD) ARTERIØVENBUS ØXYGEN DIFFERENCE (MEAN +/- SD)	10.6+/- 3.8
ARTERIOVENOUS OXYGEN DIFFERENCE (MEAN +/- SD)	4.8+/- 1.0
	2931.0+/-615.3
EJECTION FRACTION (MEAN +/- SD) NO SIGNIFICANT CORONARY DIEASE (% OF PATIENTS)	45.5+/- 9.3 5.6%
NORMAL LEFT VENTRICULAR CONTRACTION (% OF PATIENTS)	
NORMAL LEFT VENTRICULAR CONTRACTION (% OF PATIENTS) NO LEFT VENTRICULAR ANEURYSMS (% OF PATIENTS)	94+4%
NO MITRAL INSUFFICIENCY (% OF PATIENTS)	100.0%
PROGNOSTIC TABULATION	
MEDICINE	SURGERY
ALIVE DEAD NRA* SURVIVAL   ALIVE DEAD	
SURGICAL 1 2 0	
SIX-MENTH 16 0 0 100+0% 1 2 0	
0NE-YEAR 10 0 6 100.0% I 2 0 TW8-YEAR 6 0 4 100.0% I 2 0	0 100+0%
THREE YEAR 1 0 5 100.0%   2 0	
*NRA=NOT YET REACHED ANNIVERSARY	
THERE WERE O PERIOPERATIVE MYOCARDIAL INFARCTIONS.	SUBSEQUENTLY 0
SURGICALLY TREATED PATIENTS HAVE HAD INFARCTIONS. 0 MED	
PATIENTS HAVE HAD INFARCTIONS.	
AT THE TWO-YEAR FOLLOW-UP 3 OUT OF 5 MEDICALLY THE	REATED PATIENTS
WERE PAIN-FREE AND 2 OUT OF 2 SURGICALLY TREATED PATTE FREE.	NIS WERE PAIN.
Fig 3Prognostic report of patient A.	



## Questions that remain

- Does having such a consult service change patient outcomes?
- How could we enable such consults nationwide?
- Could we automate such analyses to be "always on"?
- Could we get such a "curbside consult" from multiple health systems?
- Could patients benefit from having access to such reports?

