

# Using RWD to Plan Eligibility Criteria & Enhance Recruitment

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Public-Private Partnership Co-founded by Duke University & FDA

#### Involves all stakeholders

- Approx. 80+ members
- Participation of 400+ more orgs

MISSION: To develop and drive adoption of practices that will increase the quality and efficiency of clinical trials





# **Meeting Recruitment Challenges**

CLINICAL TRIAL LOGISTICS

### CLINICAL LOGISTICS -

## MEETING THE 21<sup>ST</sup> CENTURY CURES CHALLENGE

Numerous changes in the pharmaceutical industry have affected the nature of clinical trials, which in turn have led to the evolution of systems used for the supply of clinical trial materials.

Today, both large biopharmaceutical companies and emerging pharma/biotech firms rely on clinical logistics organizations (CLOs) to ensure the seamless flow of shipments and information, and reduce waste and inefficiencies in the global supply chain. With the rise of evidence-based medicine and a patient-centric industry focus, however, improving efficiencies is no longer sufficient. Successful CLOs must employ state-of-the-art information, inventory, temperature control and other technological systems to provide patient-focused delivery of clinical trial materials to any location in the world, on time and within specifications.

#### INCREASE IN GLOBAL CLINICAL TRIALS

Efficient clinical trial supply has simultaneously become increasingly important and challenging in recent years. First, there are - according to the National Institutes of Health, the number has increased 33-fold since 2000.1 The complexity of clinical trials has also increased dramatically. Most are now global, multi-site studies with locations in less- and poorly developed regions. In some cases the size is needed to achieve sufficient patient enrollment. In others particularly for orphan drugs, which are a growing percentage of the pharma pipeline - there is a need to evaluate efficacy and safety in specific and very limited nationt populations, and access to patients across the globe is necessary.

Clinical trials also often last much longer in order to demonstrate improved efficacy over existing therapies (a key performance metric in the age of evidence-based medicine) or demonstrate the long-term safety of treatments designed for chronic diseases.2 Trial protocols tend to be more complisimply many more trials being conducted | cated as well, and many involve complex

dosing schedules. The use of adaptive trial designs in which trial parameters may change in response to early trials results, adds additional complexity. The percentage of candidates that are biologically derived has also increased significantly. Most biopharmaceuticals are temperaturesensitive and require shipment in insulated packaging designed to maintain them at low temperatures. In many cases, administration of such drugs is also complex.

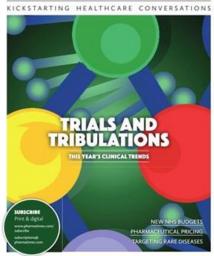
These changes have not only led to dramatic increases in clinical trial costs, they have also posed many challenges with regard to effective clinical trial design, the management of massive quantities of generated data, and the timely supply of onspec clinical trial materials. Most sponsor companies have responded by outsourcing the vast majority of their clinical trial activities to specialist providers that offer increased efficiencies and reduced costs. For the supply of clinical trial materials, clinical logistics organizations (CLOs) are relied upon to ensure the seamless flow of shipments and information and reduce waste and inefficiencies in the supply chain, despite increasing and varied customs regulations.

Until recently, the improved distribution models provided by CLOs have been sufficient to meet the needs of pharmaceutical clients. As the industry becomes more patient-centric, however, even these more advanced, centralized clinical trial supply chains must evolve

#### EXISTING SYSTEMS HAVE MANY ADVANTAGES

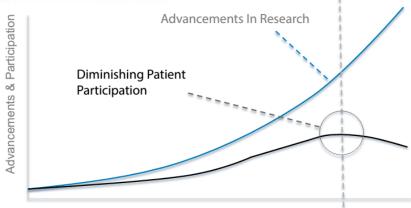
Supply chains managed by third- and fourth-party clinical logistics organizations that use interactive response technology (IRT) and other advanced IT systems are far more efficient. Specific quantities of needed doses are provided, rather than large ou antities of all nossible doses, and patient-specific labeling is no longer required. Both changes have significantly reduced medication waste, which has become increasingly important, as the costs of drugs have skyrocketed. Inventory is now stored in central, regional locations (depots) and shipped as needed in small





## **Forbes**

Discovery's 'First In Human' Calls Much-Needed **Attention To Clinical Trials** 









## CTTI Real-World Data (RWD) Project Team

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**Team Members:** 

<sup>\*</sup> Indicates former

# **Evolution of Gauging Public Opinion**



**Straw Poll** 

### Telephone Poll





## Real World Data (RWD) Recommendations



GENERAL
PRINCIPLES
FOR USING
RWD

RECS FOR
USING RWD TO
PLAN FEASIBLE
ELIGIBILITY
CRITERIA

RECS FOR
USING RWD
TO SUPPORT
RECRUITMENT





# Data Sources



## **Claims**

- Data richness / depth
- Clinical info
- Faster availability
- Integration with routine health care

- Fully structured
- Widespread availability
- Continuum of data capture

### **COMMON CHALLENGES**

Data completeness, data accuracy, & generalizability





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- Start early in product lifecycle
- Engage patients & sites
  - Data alone never tell whole story
- Build cross-functional teams



# Resource: Establishing Use of RWD as Standard Process in Study Planning & Recruitment

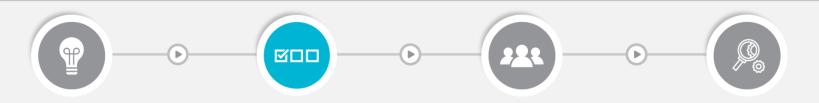
## Early Stages

- Engage study teams as early as possible
- Demonstrate value (e.g., case studies)
- Pilot with early phase / feasibility trials

Standard Process

- Leadership understanding & support
- Identify and maintain data sources (consider budgets, priorities, & responsibilities)
- Support cross-functional teams





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- Evaluate RWD against particular needs of study
- Use RWD to test important assumptions
- Plan iterative team discussions
  - Starting early in study design



# **Tool: Is the Data Fit-for-Purpose?**

### Important eligibility criteria identifiable?

- Directly or via proxy measures
- Structured and unstructured data

### Data of sufficient relevance & quality?

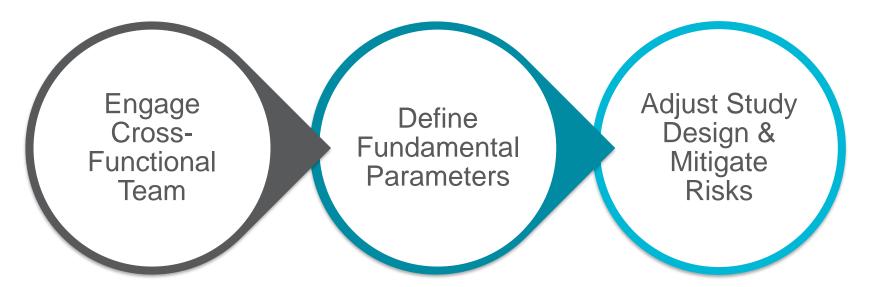
- Acceptability of errors in data
- Recency relative to study needs
- Generalizability

### **Analysis cost-effective?**

- Number of databases
- Challenges in pooling data



## **Tool: Effective RWD-Supported Discussions**



#### For example...

- Clinical
- Operations
- Informatics
- Epidemiology
- Patients
- Investigators

#### Including...

- Study objectives
- Key endpoints
- High-level eligibility criteria
- Likely operational challenges

#### Identify and plan for...

- Risks associated with nonnegotiable eligibility criteria
- Impact of changing other proposed eligibility criteria
- Outside factors impacting feasibility



# Case Study: Using RWD to Expand Eligibility Criteria for Phase III Endocrinology Study

As part of a broader strategic initiative, the sponsor saw:







33%
Increase in
PATIENT
ELIGIBILITY

71%
Increase in
ENROLLMENT
RATES

2.1 month
Reduction in
RECRUITMENT
TIMELINES





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- Start with realistic eligibility criteria
- Incorporate RWD-supported recruitment whenever feasible
- Understand needs of patients & sites



# **Tool: Evaluating RWD for Recruitment**

Granularity Pathways for contacting patients Adequate matching Sufficient recency Local context Manual screening



# **Tool: Planning RWD-Support Recruitment**

**Identify Communication Channels** 

# LESS-PERSONALIZED INTERACTION

MORE-PERSONALIZED INTERACTION

# E.g., email or letter from insurance company or research hospital

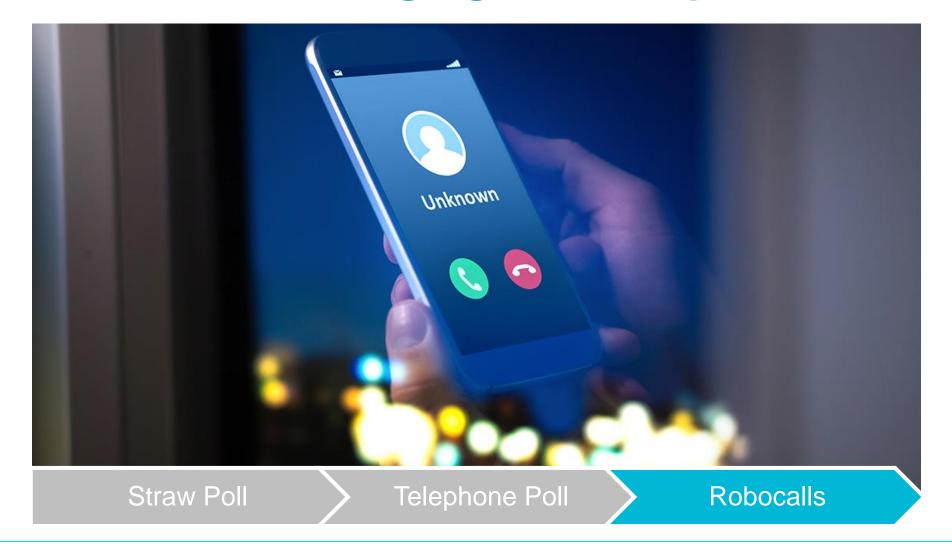
- Casts widest possible net
- Main challenge is finding enough participants
- Appropriate intermediary not available

# E.g., conversation with physician prompted by EHR pop-up

- Complex eligibility criteria
- Highly sensitive discussions (e.g., mortality)
- Narrow window of eligibility
- Patients have strong connection to care provider



# **Evolution of Gauging Public Opinion**







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- Data linkage
- Global data sets
- Technology development
- Best practices

- Transparency & data usage
- Communication channels
- Participant diversity



## **Now Available**

- Full Recommendations
- 5 Actionable Tools
  - Establishing Use of RWD as a Standard Process in Study Planning and Recruitment
  - Evaluating Whether RWD Is Suitable for Planning Eligibility Criteria and Supporting Recruitment
  - Effective RWD-Supported Discussions of Eligibility Criteria
  - Evaluating Feasibility of RWD-Supported Recruitment
  - Planning RWD-Supported Recruitment Strategies
- 3 Case Studies





# THANK YOU.





www.ctti-clinicaltrials.org

# Summary of Recommendations

PRINCIPLES FOR USING RWD RECOMMENDATIONS FOR USING RWD TO PLAN FEASIBLE ELIGIBILITY CRITERIA RECOMMENDATIONS FOR
USING RWD TO
SUPPORT
RECRUITMENT

RECOMMENDATIONS FOR ENHANCING RWD CAPABILITIES FOR THE RESEARCH ENTERPRISE

- Begin seeking insights from RWD as early as possible.
- Use RWD to complement and support collaborative study design.
- Evaluate available RWD sources against the particular needs of the study being planned.
- Use RWD to identify and test important assumptions about the impact of potential eligibility criteria on trial feasibility.
- Plan for iterative, targeted team discussions starting early in protocol design.

- Start by designing realistic eligibility criteria.
- Incorporate RWDsupported recruitment strategies whenever feasible.
- Understand and address the needs of patients and sites with respect to RWD-supported recruitment.

- Identify opportunities and risks of enhanced data linkage.
- Support continued development of underlying technology.
- Evaluate RWDsupported recruitment strategies and identify best practices.
- Explore transparency of secondary data use to the patient community and opportunities to enhance patient agency with respect to usage of their data.
- Enhance communication channels for RWDsupported recruitment.
- Identify opportunities to increase diversity of study participants.
- Identify and support approaches for creating global data sets.

