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INITIATIVE

*July 20<sup>th</sup>, 2018*

# **Developing Technology-Derived Novel Endpoints for Use in Clinical Trials: CTTI Recommendations & Case Examples**

Rob DiCicco, PharmD | TransCelerate BioPharma, Inc.

Jen Goldsack, MChem, MA, MBA | CTTI

Will Herrington, MD, MRCP, MBBS, MA | University of Oxford

# Webinar Outline

- The need for recommendations
- CTTI recommendations and resources on the selection, development, and inclusion of technology-derived novel endpoints in clinical trials
- Where is our field right now with regards to adopting these novel endpoints and how will CTTI's work continue to drive advancement?
- Why is CTTI so committed to driving the adoption of technology-derived novel endpoints in clinical trials and what other work are they doing to drive their adoption?

# Benefits of Technology-Derived Endpoints

- ▶ Clinical trials appear to be behind other industries in adopting mobile technologies to improve quality and efficiency



# Benefits of Technology-Derived Endpoints

➤ Potential scientific and efficiency benefits of mobile technology-derived endpoints:

- Prospective
- Objective
- Sensitive
- Patient-centric
- Real-world
- Prolonged measurements
- Minimal interference with trial participant's daily lives
- May increase the pool of people willing to volunteer



# Recommendations: Summary

## ➤ **Foster collaboration among key stakeholders**

## ➤ **Optimize novel endpoint selection**

- Focus on measures that are meaningful to patients
- Select the device after selecting an outcome assessment
- Use a systematic approach to identify key novel endpoints

## ➤ **Approach novel endpoint development process practically**

- Create technical standards for mobile technology-derived assessments
- Engage regulators throughout the process
- Include novel endpoints as exploratory endpoints in existing clinical trials and observational cohort studies
- Critically position novel endpoints in interventional trials

# Multi-Stakeholder Collaboration

1. Patients and patient groups
2. Clinical academic groups
3. Technology developers
4. Regulators
5. Industries developing interventions (sponsors)

# CTTI Strengths



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Public-Private Partnership  
Co-founded by Duke University & the FDA  
Involves all stakeholders  
80+ members

**MISSION:** To develop and drive adoption of practices that will increase the quality and efficiency of clinical trials



# Mobile Clinical Trials (MCT) Program

## ► PURPOSE:

Develop evidence-based recommendations that affect the widespread adoption and use of mobile technology in clinical trials for regulatory submission

## ► ANTICIPATED IMPACT:

Increased number of clinical trials leveraging mobile technologies

### 4 PROJECTS



*\*Scope: FDA-regulated clinical trials after the time of initial research volunteer consent*



# The MCT Novel Endpoints Project Team

Team Leaders	Team Members	Project Manager
Lauren Bataille (MJFF)	Ashish Naryan (Northwell)	Jen Goldsack (CTTI)
Rob DiCicco (GSK)	Elektra Papodopoulous (FDA)	<b>Social Science Lead</b>
Cheryl Grandinetti (FDA)	Theresa Strong (FPWR)	Brian Perry (CTTI)
Will Herrington (Oxford)	Komathi Stem (monARC Bionetworks)	<b>EC Champion</b>
Martin Landray (Oxford)	Ken Skodacek (FDA)	John Alexander (Duke)
Kaveeta Vasisht (FDA)	Nirav 'Rav' Sheth (MC10)	
	Marc Walton (Janssen)	

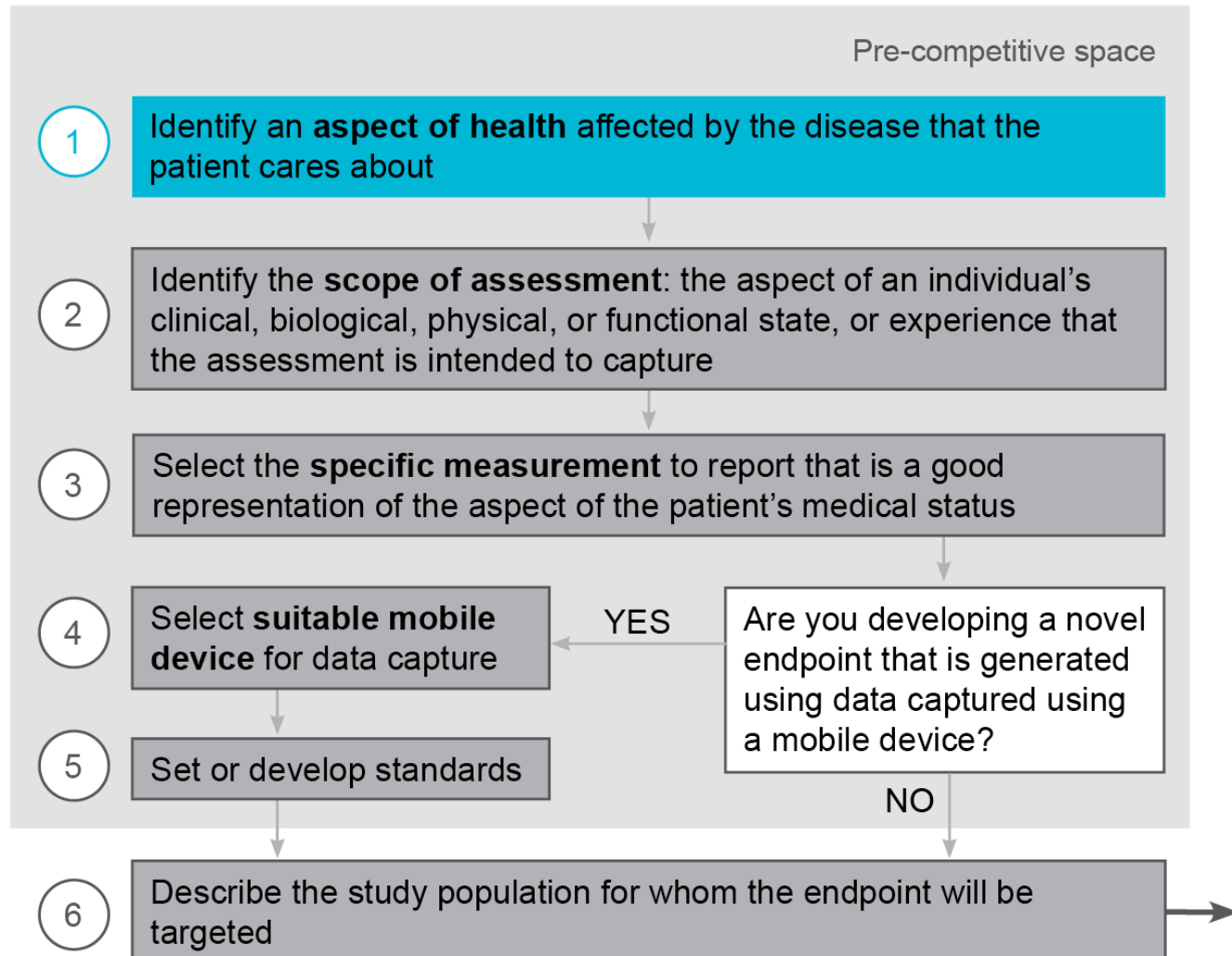
# Download the Recommendations & Resources

- ▶ Visit <https://www.ctti-clinicaltrials.org/projects/novel-endpoints> to access and download the full suite of CTTI's MCT Novel Endpoints Recommendations and Resources

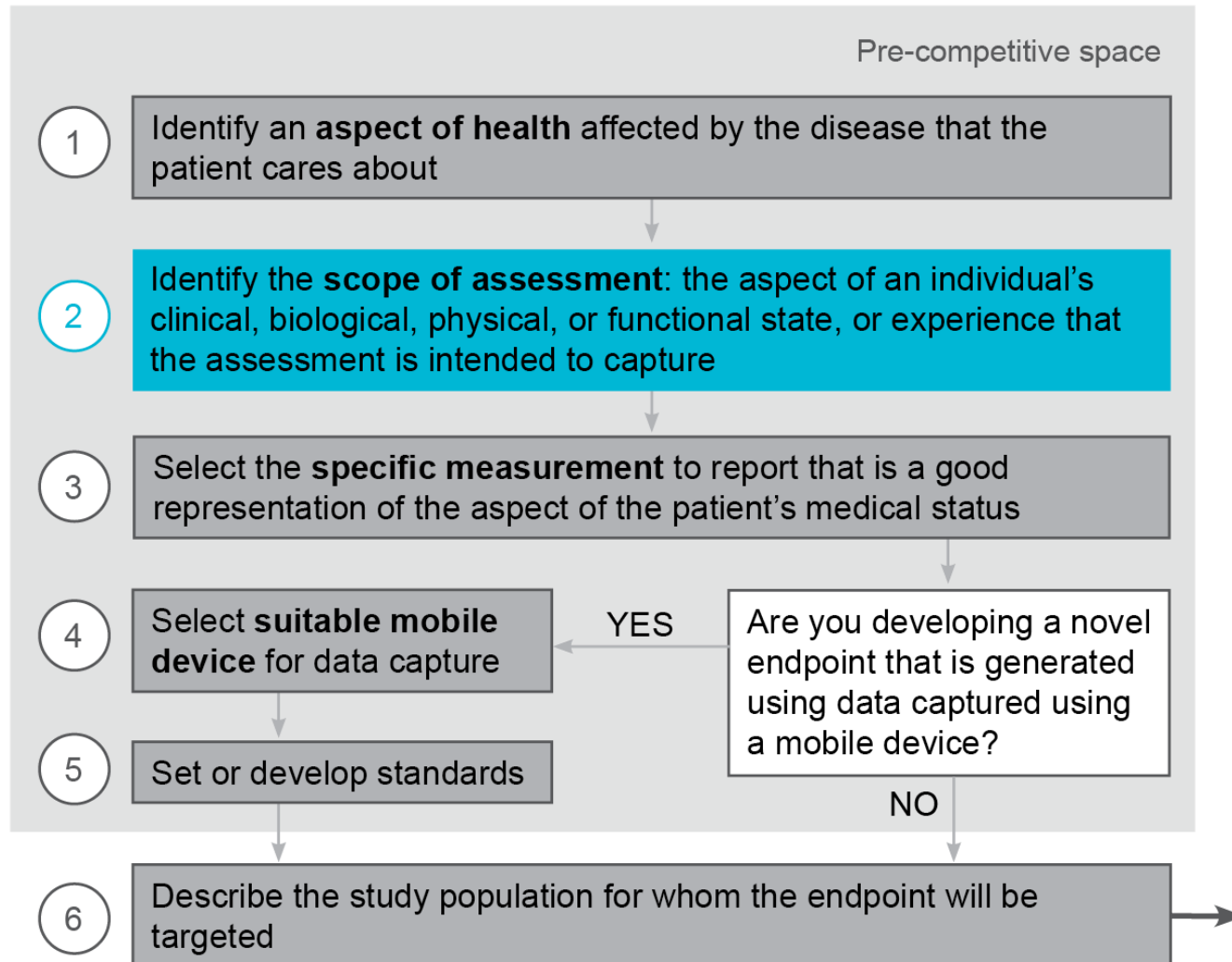
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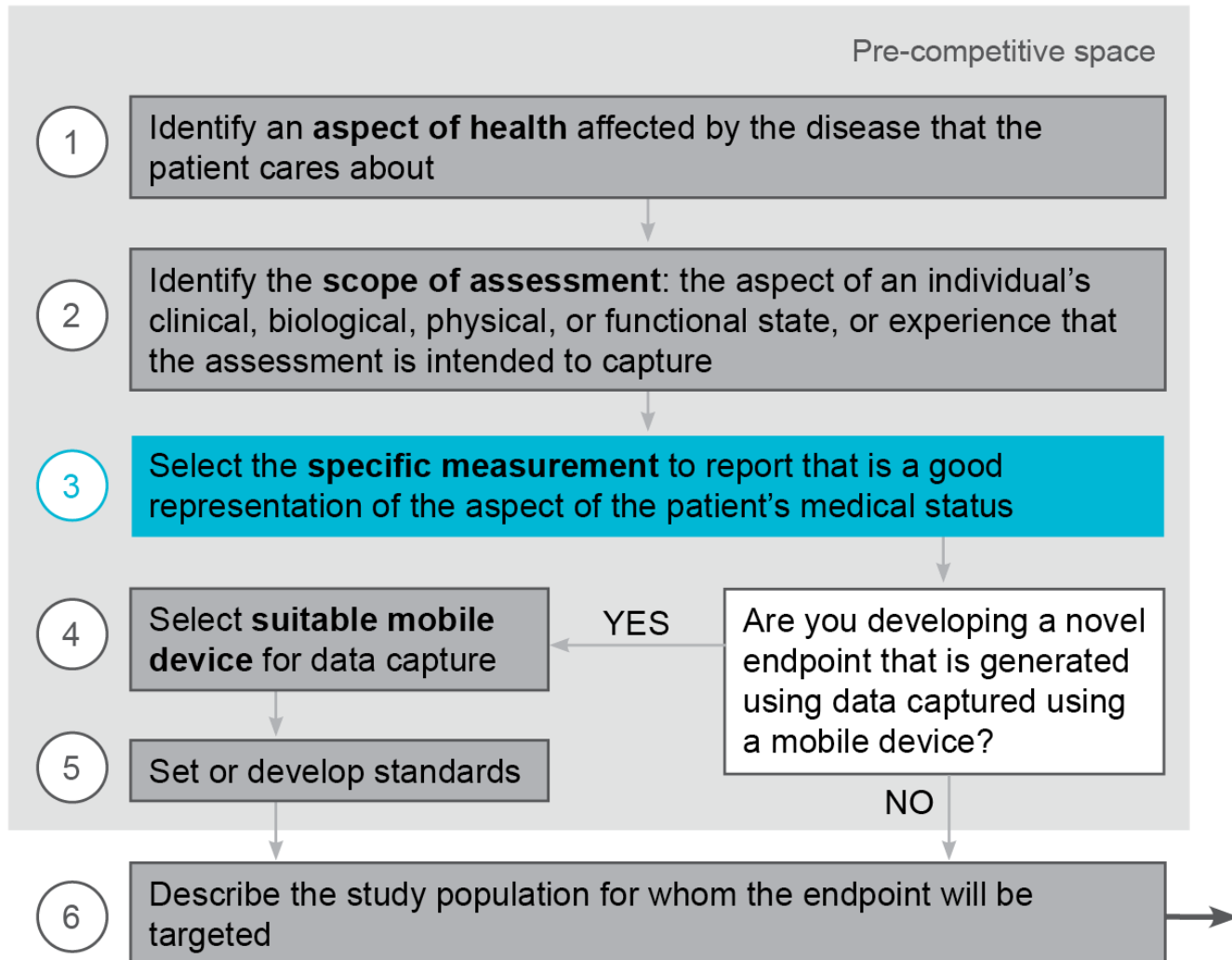
# Steps for Novel Endpoint Development



# Steps for Novel Endpoint Development



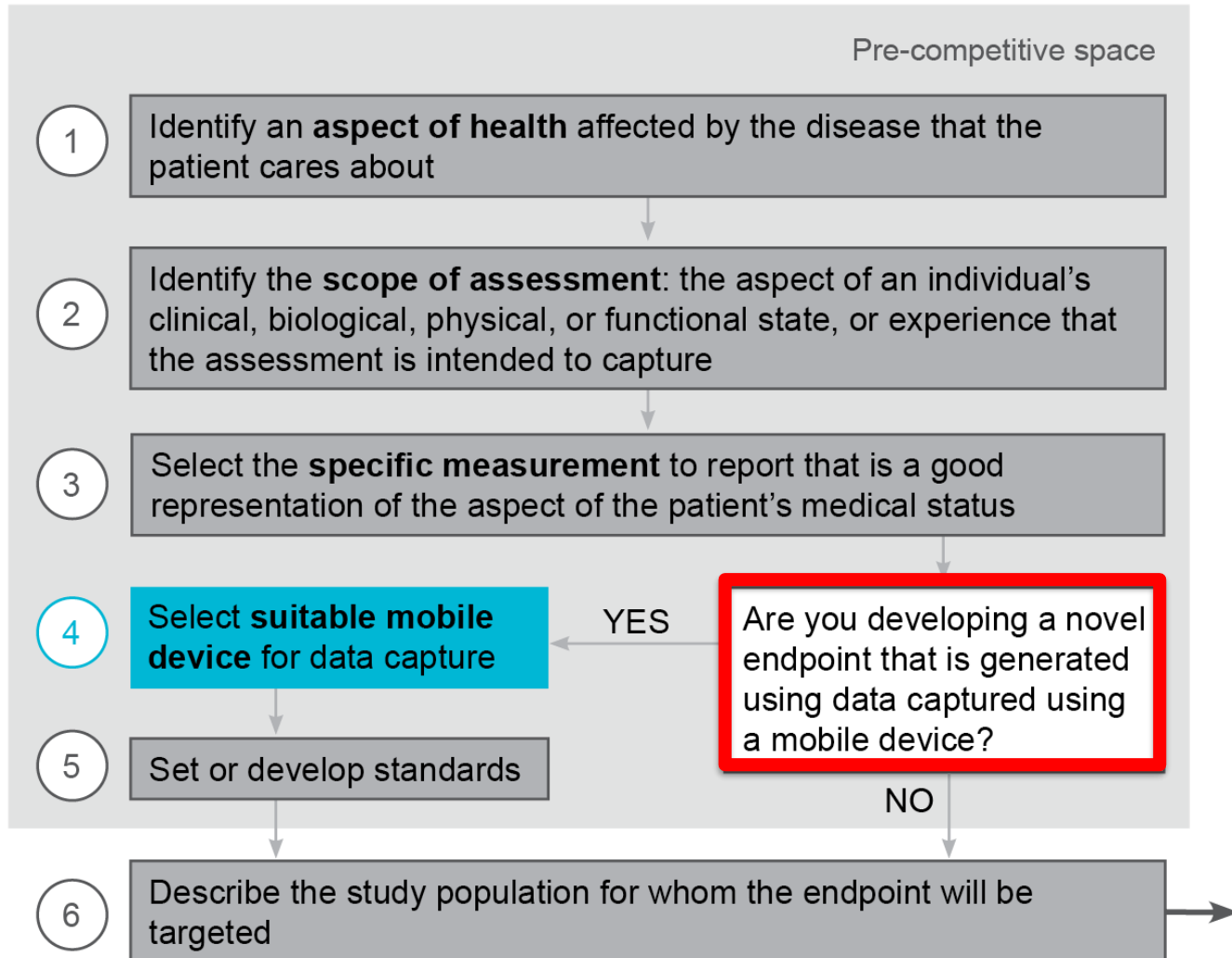
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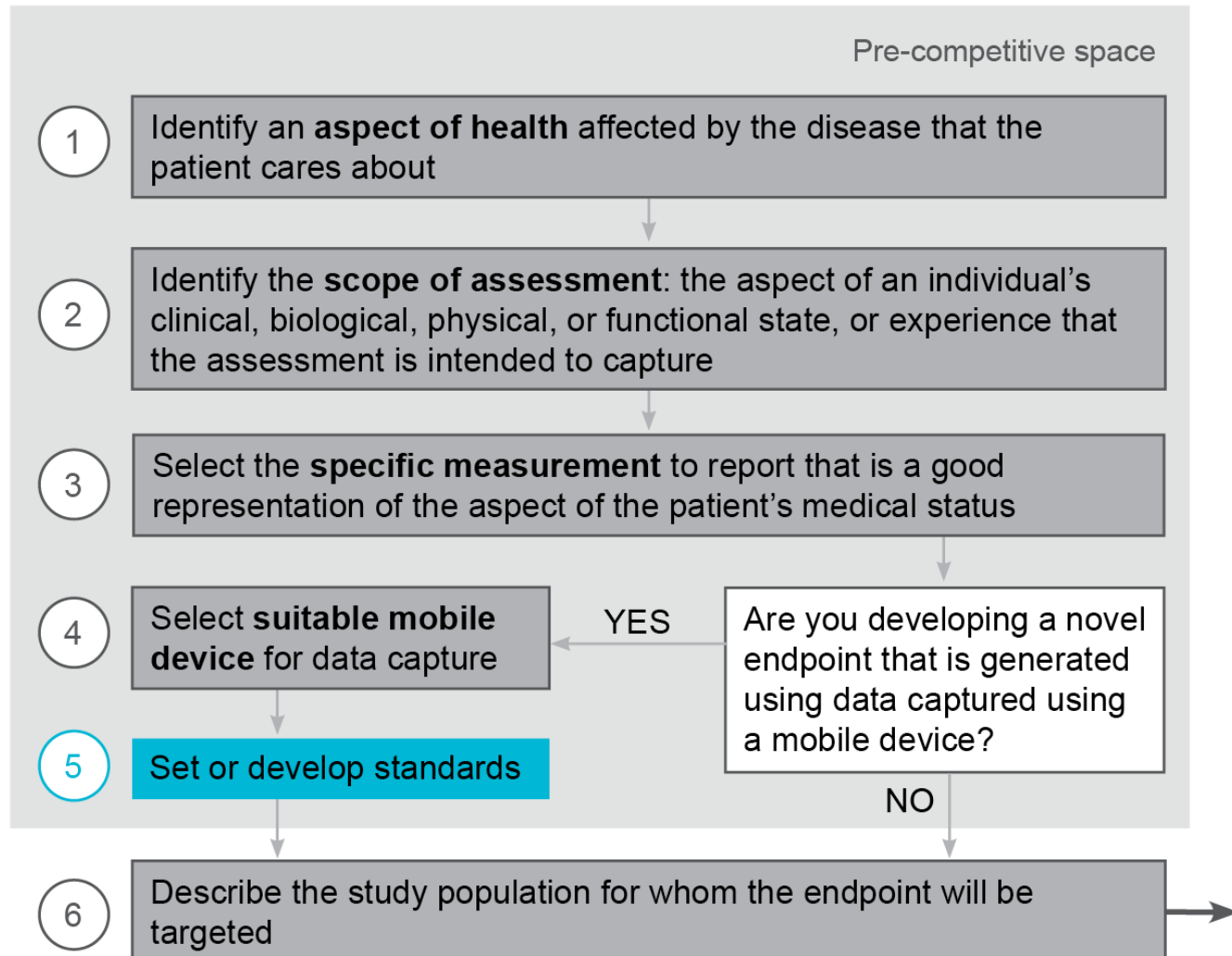
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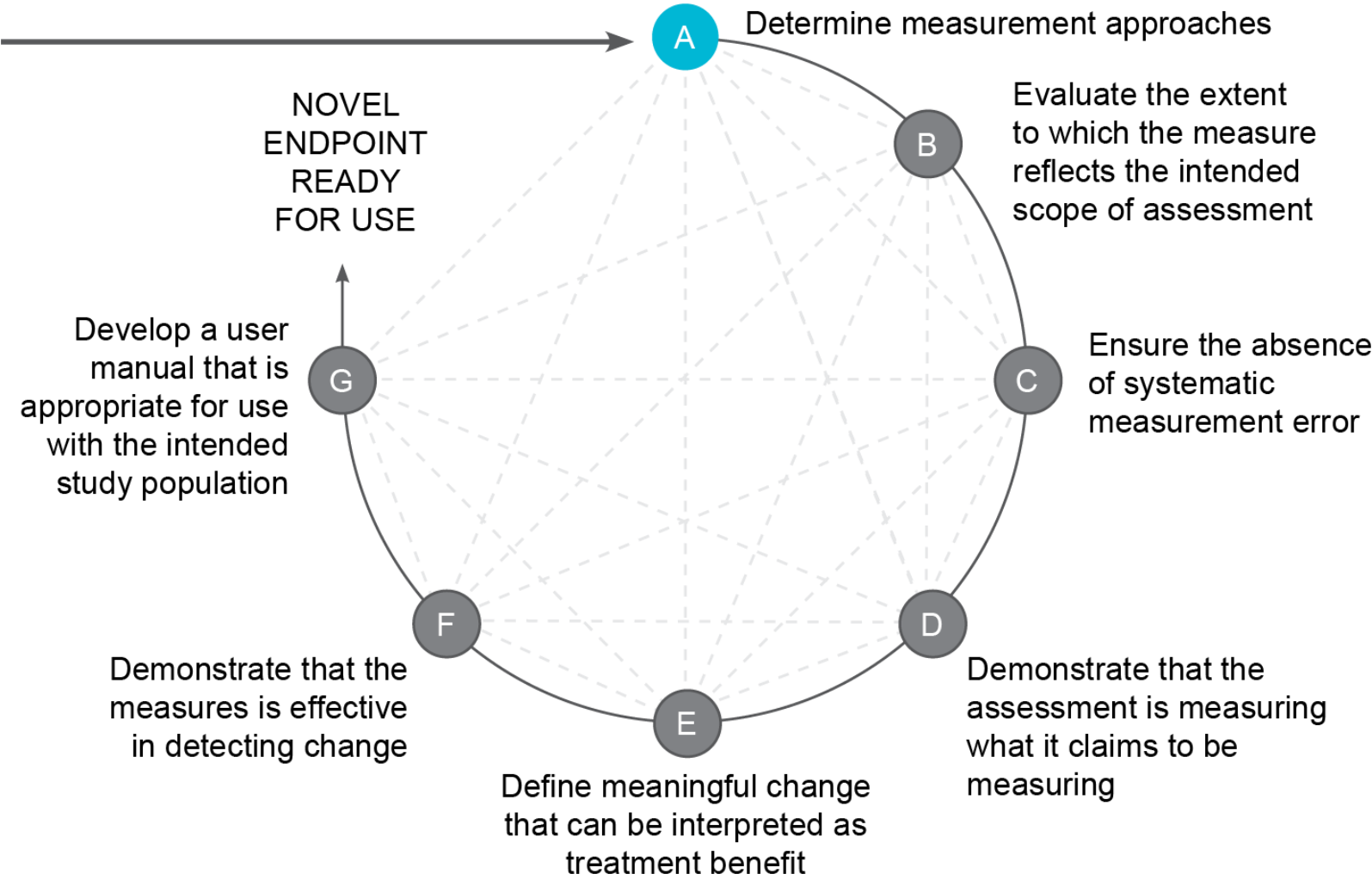
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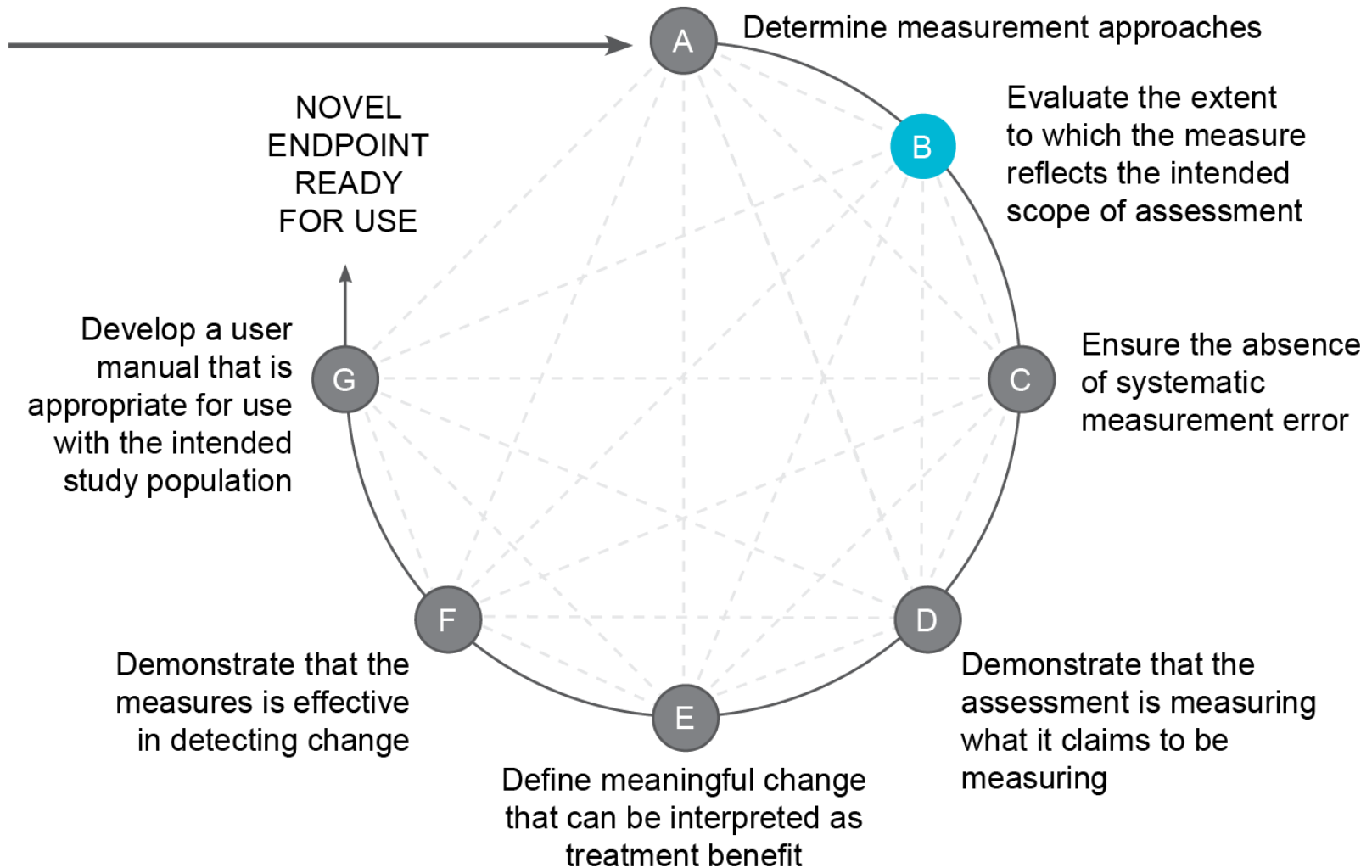
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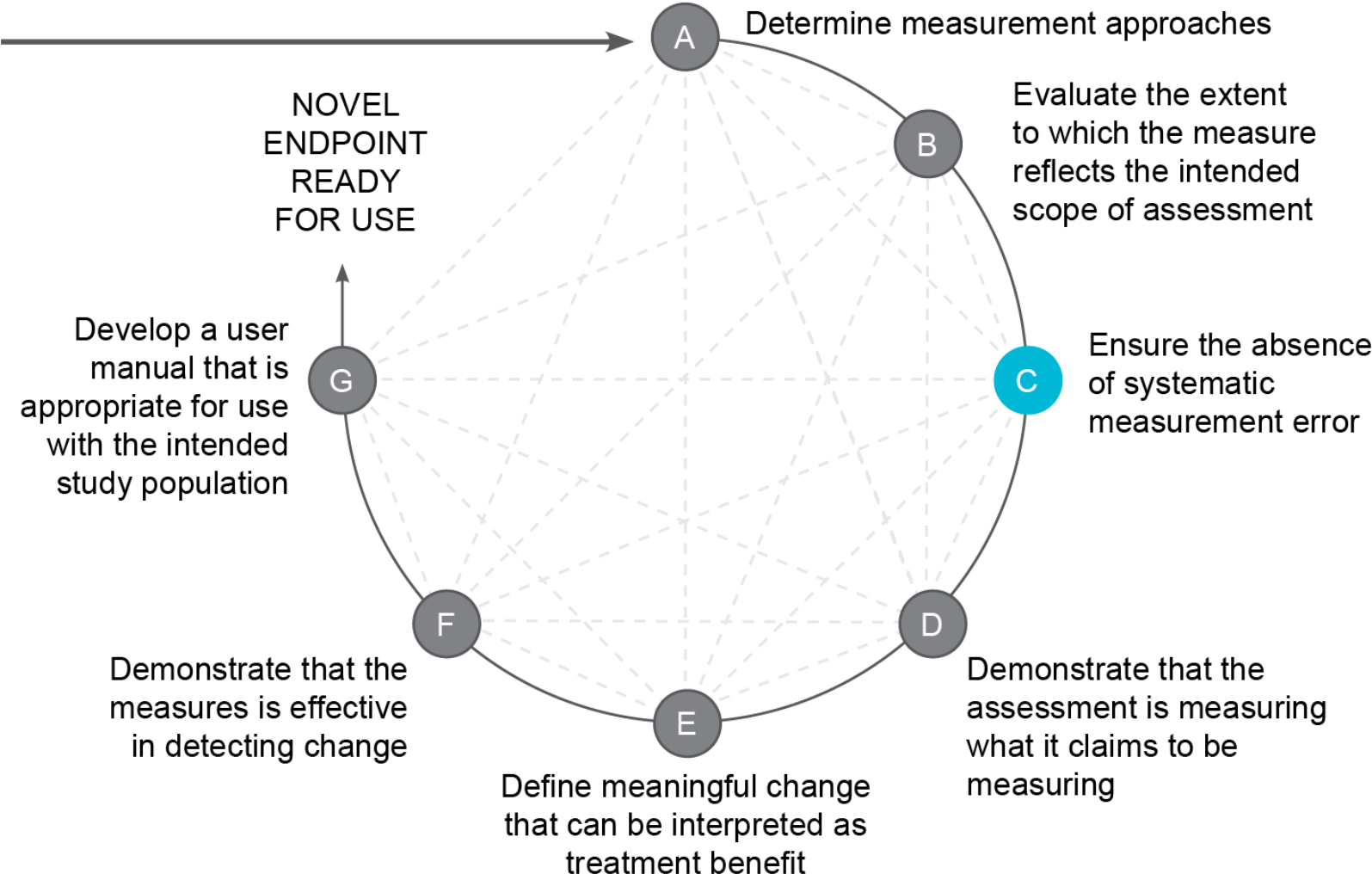
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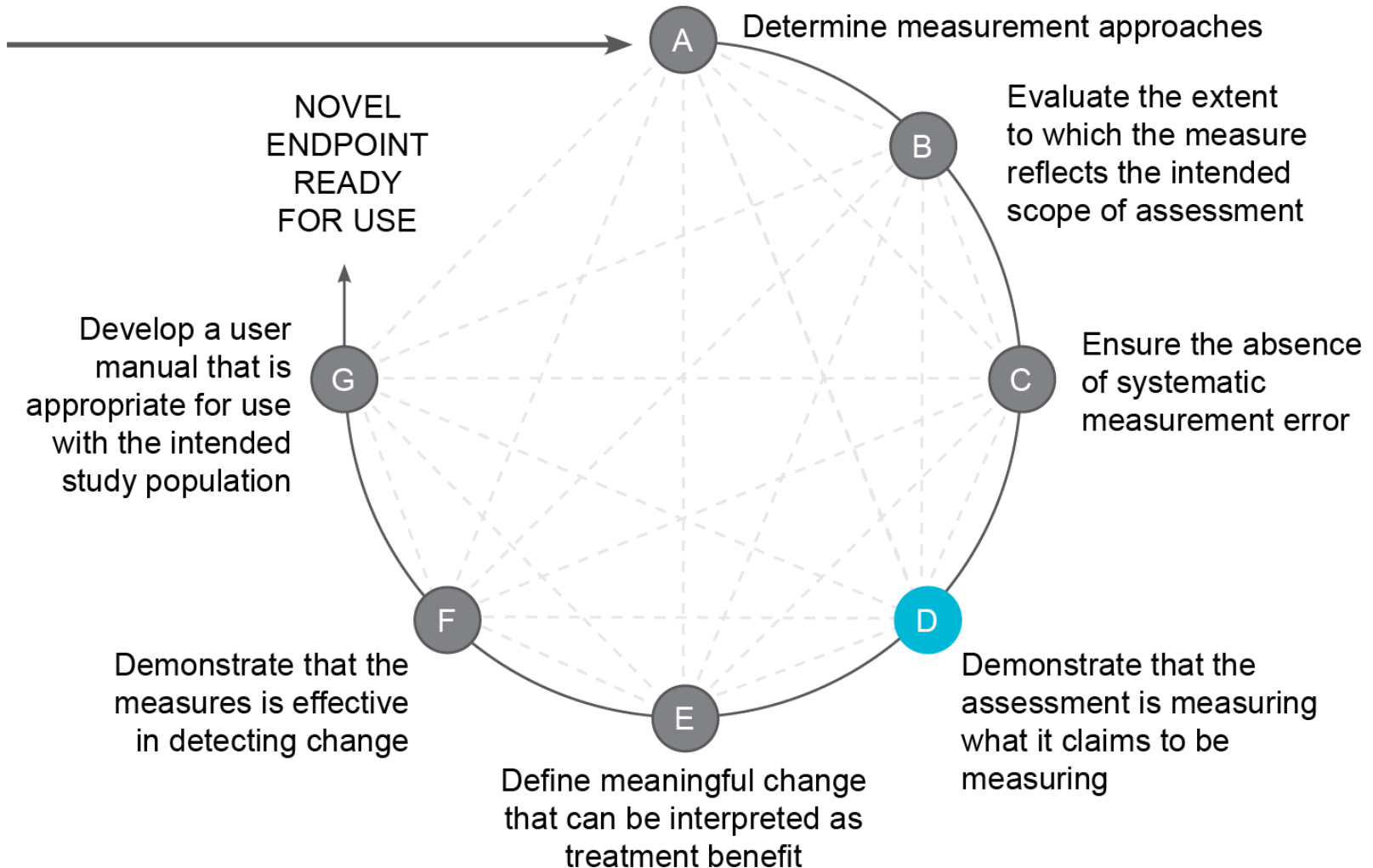
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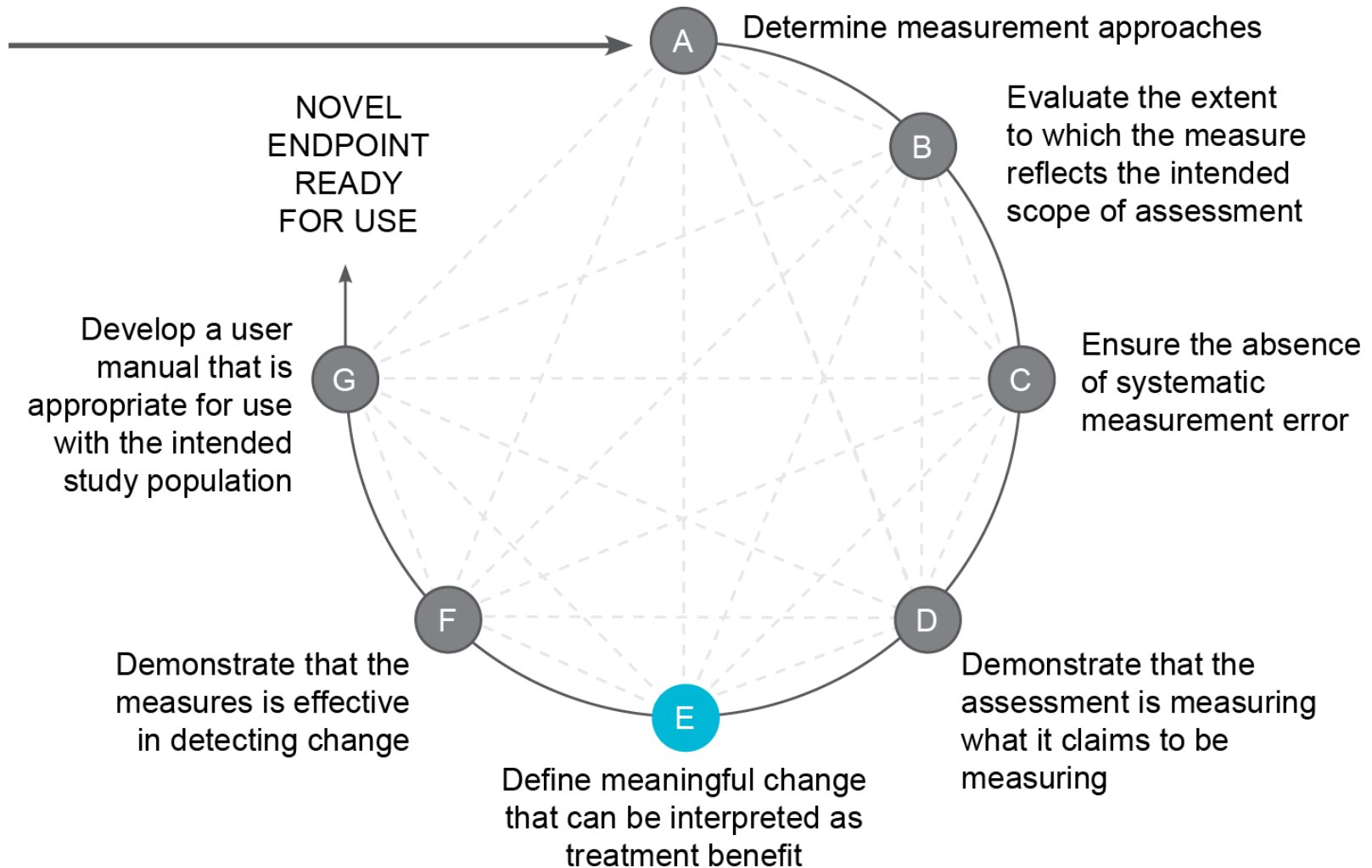


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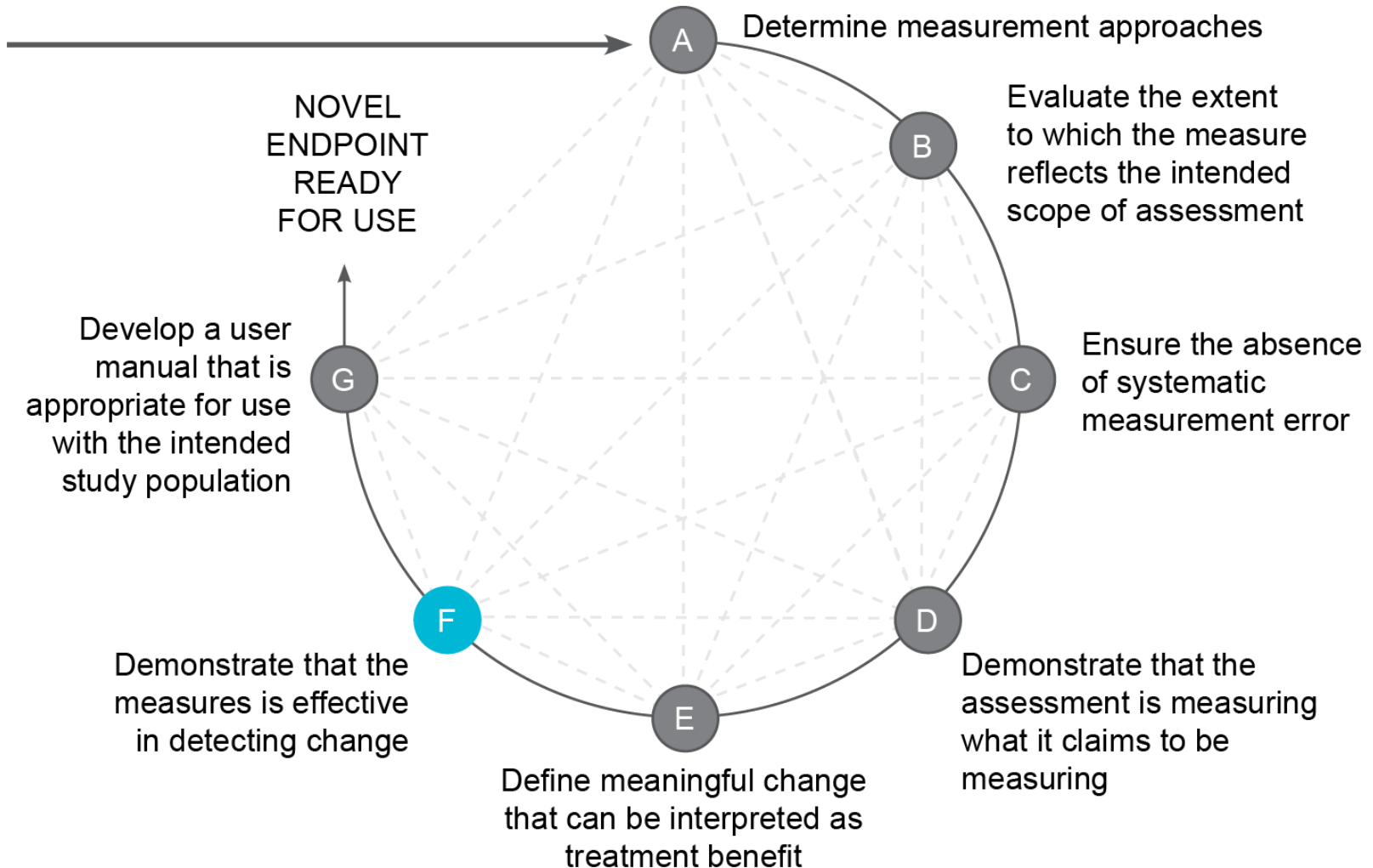




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# MCT Novel Endpoints Products

- **Recommendations** for selecting, developing, and incorporating novel endpoints using mobile technologies for use in clinical trials
- **Selection tool** to support decisions between viable novel endpoints for development
- **Quick reference guide** to interacting with FDA regarding novel endpoint development

# MCT Novel Endpoints Products

- **Flowchart** is supported by **detailed description** of novel endpoint development
  - Approaches to executing each step
  - Considerations at each step
  - Links to tangible examples demonstrating each step
- **Four use cases** providing tangible examples
  - Parkinson's disease
  - Diabetes
  - Heart failure
  - Duchenne's muscular dystrophy

# Download the Recommendations & Resource

- ▶ Visit <https://www.ctti-clinicaltrials.org/projects/novel-endpoints> to access and download the full suite of CTTI's MCT Novel Endpoints Recommendations and Resources



# Where is our Field Right Now? How is CTTI Driving Adoption of its Work?

Rob DiCicco  
*TransCelerate BioPharma Inc.*

# How Should We Think about Mobile?





# Multi-Stakeholder Collaboration is Needed



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Review Article

## Use of Mobile Devices to Measure Outcomes in Clinical Research, 2010–2016: A Systematic Literature Review

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Titusville, NJ, USA

### Keywords

Clinical trials · Outcome assessments · Mobile devices · Endpoints · Physical activity · Sleep · Mobility · Biomarkers · Cardiac biomarkers · Respiratory biomarkers · Glucose · Gastric reflux · Inertial injury

### Abstract

**Background:** The use of mobile devices in clinical research has advanced substantially in recent years due to the rapid pace of technology development. With an overall aim of informing the future use of mobile devices in interventional clinical research to measure primary outcomes, we conducted a systematic review of the use of and clinical outcomes measured by mobile devices (mobile outcomes) in observational and interventional clinical research. **Methodology:**

- Mobile devices are widely used in clinical research
- Utility in interventional trials to assess therapeutic benefit has been limited
- Consolidation of evidence supporting **clinically meaningful specific outcomes**
- Standardization of use
  - Data capture
  - Placement

# A Systematic Review: The Use of Mobile Technologies

Therapeutic area	Interventional trials N=22 n(%)	Observational studies N=66 n(%)	All publications N=88 n(%)
Cardiology	4(18)	16(24)	20(23)
Diabetes	5(28)	8(12)	13(15)
Sleep	3(14)	7(11)	10(11)
Obesity	0(0)	9(14)	9(10)
Geriatrics	0(0)	9(14)	9(10)
Neurology	1(5)	3(5)	4(5)
Reproductive and peripartum health	2(9)	2(3)	4(5)
Orthopedics	1(5)	3(5)	4(5)
Pulmonology	0(0)	3(5)	3(3)
Arthritis	1(5)	2(3)	3(3)
Psychology	0(0)	3(5)	3(3)
Cancer	2(9)	0(0)	2(2)
Nephrology	0(0)	2(3)	2(2)
Gastroenterology	1(5)	1(2)	2(2)
Nutrition	1(5)	1(2)	2(2)

# Where Are We on the Journey?

2017 - CTTI Releases Novel Endpoints Recommendations  
- Digital Biomarkers Journal



2018 - CTTI Releases Mobile Technologies Recommendations

2016 - mPower Results Published  
- GSK Launches PARADE

2015 - Apple Research Kit Launched  
- NEJM (Redfield) publishes Heart Failure Study Using Accelerometry as Primary

2011 - Pfizer Launches 1<sup>st</sup> Virtual Trial



# Moving From What the Device Measures to Clinically Meaningful Endpoints

## ▶ CTTI describes 4 use cases

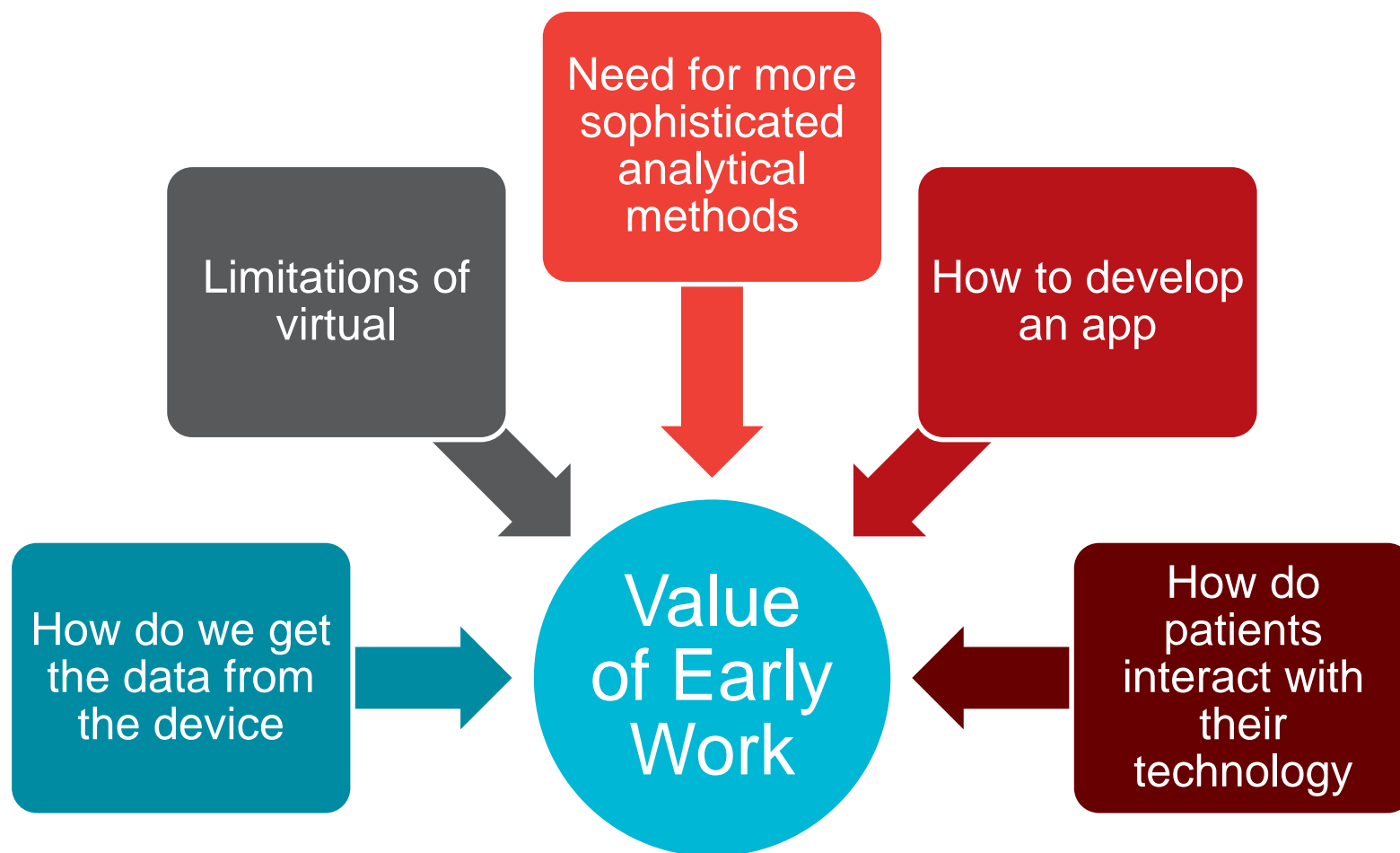
- Heart failure
- Parkinson's disease
- Duchenne's Muscular Dystrophy
- Hypoglycemia

## ▶ *Digital Biomarkers* Launched

- Pilot study in patients with PD and Huntington's Disease
- Significantly more time spent lying down
- Differences in sleep patterns described
- Data collected passively and actively
- *Digit Biomark 2017;1:52–63*

<https://www.karger.com/Article/FullText/479018>

# What Are We Learning ?



# The Way We Discover & Develop New Medicines is being Disrupted

The image is a screenshot of a mobile health news website. At the top, there is a green navigation bar with the 'mobihealthnews' logo on the left and menu items for 'PROVIDER', 'PAYER', 'PHARMA', 'CONSUMER', and 'INVESTOR' in the center. A search bar is on the right. Below the navigation bar is a promotional banner for the HIMSS Annual Conference in Las Vegas, March 5, 2018, with a 'REGISTER NOW' button. The main article title is 'Verily, Stanford and Duke kick off Project Baseline study to develop broad reference of human health'. The author is Heather Mack, dated April 20, 2017. There are social media share buttons for Facebook, LinkedIn, and Twitter. The article text describes the Project Baseline study, a collaborative effort between Verily, Stanford Medicine, and Duke University School of Medicine to collect broad phenotypic health data. A photograph shows hands holding a smartphone displaying a health app interface. To the right, there is a Microsoft advertisement for the HIMSS 2018 booth.

mobihealthnews

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DIGITAL & PERSONAL CONNECTED HEALTH @ HIMSS ANNUAL CONFERENCE LAS VEGAS • MARCH 5, 2018 REGISTER NOW


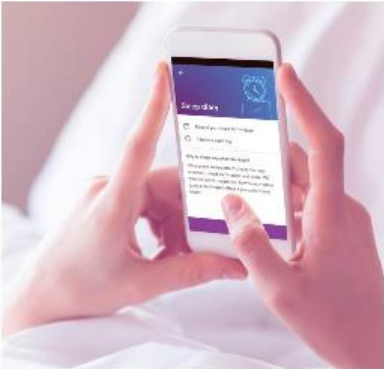
## Verily, Stanford and Duke kick off Project Baseline study to develop broad reference of human health

By **Heather Mack** | April 20, 2017

SHARE 294

Alphabet-owned Verily has launched the **Project Baseline Study**, a collaborative effort with Stanford Medicine and Duke University School of Medicine to amass a large collection of broad phenotypic health data in hopes of developing a well-defined reference of human health.

Project Baseline aims to gather data from around 10,000 participants, each of whom will be followed for four years, and will use that data to develop a “baseline” map of human health as well as to gain insights about the transitions from health to disease. Data will come in a number of forms, including clinical, imaging, self-reported, behavioral, and that from sensors and biospecimen samples. The study’s data repository will be built on Google computing infrastructure and hosted on Google Cloud Platform.



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# How Can We Accelerate the Use of Mobile?

- Data sharing
  - MJF mobile tech advisory council, Vivli, TransCelerate ?
- Use existing paradigms for tissue biomarkers and patient reported outcomes
  - Engage regulators (and other stakeholders) early
- Define your mobile strategy along with the development plan for a medicine
  - What are the goals?
    - Facilitate enrolment, develop value evidence, measure disease burden, proof of principle, product labeling



# CTTI's Commitment to Driving the Adoption of Technology-Derived Novel Endpoints in Clinical Trials

Jen Goldsack  
*Clinical Trials Transformation Initiative*



# Alzheimer's Disease

- Affects >5 million Americans today
- Projected to affect >16 million Americans by 2050
- Alzheimer's and other dementias cost \$259 billion in the U.S. in 2017
- Projected to cost up to \$1.1 trillion in 2050
- Symptomatic treatments offer little relief
- No disease modifying interventions
- “Gold standard” endpoint is ADAS-cog, first used in 1984

# Parkinson's Disease

- Affects ~1 million Americans today
- Projected to affect >3.8 million Americans by 2050
- Direct and indirect costs were \$25 billion in the U.S. in 2017
- Projected to cost up to \$86.9 billion in 2050
- No disease modifying interventions
- UPDRS first used in 1987
  - Modified 2007 MDS-UPDRS
- PDQ-39 first used in 1995

# Duchenne Muscular Dystrophy



# Benefits of Technology-Derived Endpoints



## PATIENT CENTRICITY

- High-quality, patient-centric endpoints
- Endpoints that matter to patients
- Reduced participation burden
- Fewer barriers to participation
- Better, more complete info



## EFFICACY

- Improved predictability rates
- Increase in # of potentially successful treatments



## EFFICIENCY

- Generation of data needed by payers to make coverage determinations
- Prevention of delays in coverage, payment, & use decisions
- Prevention of delays in
- Patient access to meds

Potential Benefits of Using Mobile Technology in Clinical Trials

# CTTI Mobile Clinical Trials (MCT) Program

## ► PURPOSE:

Develop evidence-based recommendations that affect the widespread adoption and use of mobile technology in clinical trials for regulatory submission

## ► ANTICIPATED IMPACT:

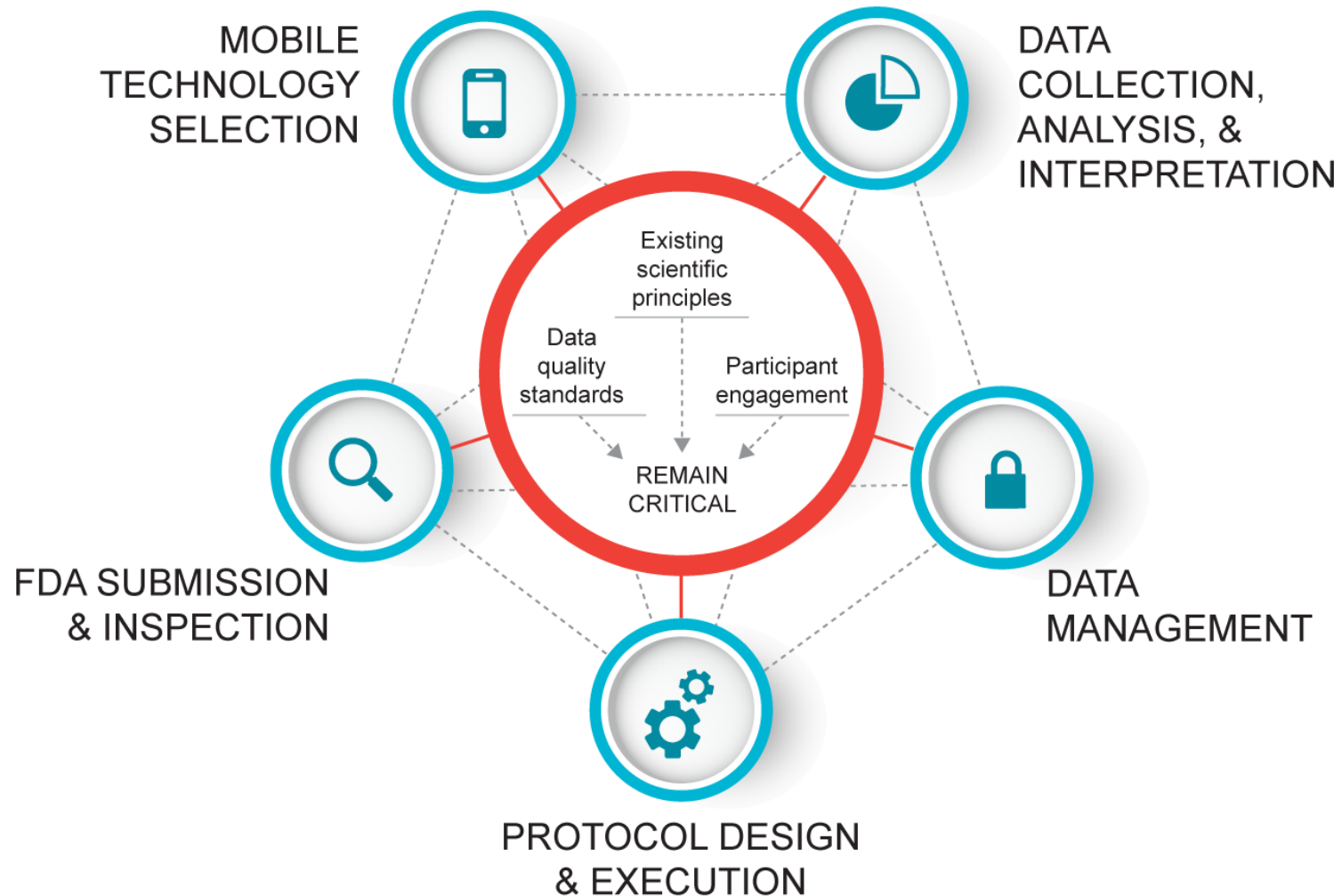
Increased number of clinical trials leveraging mobile technologies

### 4 PROJECTS



*\*Scope: FDA-regulated clinical trials after the time of initial research volunteer consent*

# CTTI MCT Mobile Technologies Project



# CTTI MCT Decentralized Trials Project

- Focus is decentralized trials conducted through telemedicine and mobile healthcare providers in the U.S.
- Federal *and* local U.S. state laws, regulations, and considerations come into play
- The recommendations will target industry sponsors and CROs, addressing the following topics:
  - Protocol Design
  - Telemedicine State Licensing Issues
  - Drug Supply Chain
  - Mobile Practitioners
  - Considerations for Investigator Delegation and Oversight
  - Safety Monitoring

# CTTI MCT Stakeholder Perceptions Project

*Project recommendations and resources will address...*

- ▶ Engaging patient and site perspectives for study planning
- ▶ Maximizing value and minimizing burden for study participants
- ▶ Addressing barriers for investigative sites

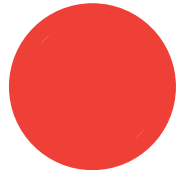


# Creating a Comprehensive Toolkit

## ▶ Developing an integrated, program-level offering

- A “one-stop shop” for mobile clinical trials
- Coming in 2019!





# Take Action

- **Download published recommendations and resources**
  - MCT Novel Endpoints <https://www.ctti-clinicaltrials.org/briefing-room/recommendations/developing-novel-endpoints-generated-mobile-technology-use-clinical>
  - MCT Mobile Technologies <https://www.ctti-clinicaltrials.org/projects/mobile-technologies>
- **Go to [www.ctti-clinicaltrials.org](http://www.ctti-clinicaltrials.org) to sign up to receive CTTI's monthly e-newsletter for updates on the rolling release of future recommendations**
  - Decentralized Trials, September 2018
  - Stakeholder Perceptions, January 2019
  - Additional Program level offerings
  - Related Driving Adoption Activities

# THANK YOU.



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