

Remote Symptom Monitoring with Electronic Patient-Reported Outcomes (ePROs) in Oncology

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Director, Cancer Outcomes Research Program

Presentation to: NIH Collaboratory Grand Rounds
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Symptoms are Common in Cancer

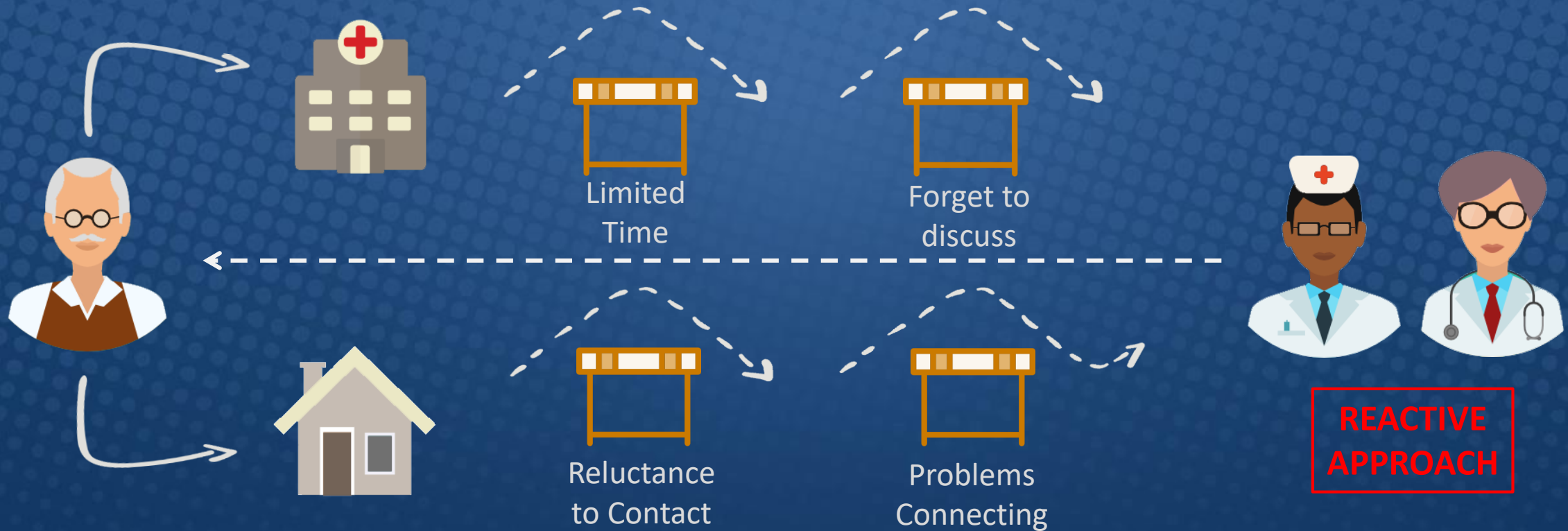
- Interfere with physical function and daily activities
- Lead to avoidable ER/hospital visits, readmissions
- Preclude treatment



Symptom management is a cornerstone of quality care

- But do we adequately detect and manage symptoms?

Standard Approach to Symptom Monitoring



Model for Systematic Symptom Monitoring Using Electronic Patient-Reported Outcomes



Early 2000s Patient Self-Reporting System

U.S. National Cancer Institute CTCAE Scale - Example: Pain

<input type="radio"/> None	I have not had pain.
<input checked="" type="radio"/> Grade 1 (Mild)	I have had mild pain, but it does not interfere with my normal functioning.
<input type="radio"/> Grade 2 (Moderate)	I have had moderate pain, and my pain or my use of pain medications interferes with my normal functioning. But I am still able to carry out my normal daily activities.
<input type="radio"/> Grade 3 (Severe)	I have had severe pain, and my pain or my use of pain medications severely interferes with my normal daily activities.
<input type="radio"/> Grade 4 (Disabling)	My pain has been disabling.



Early Alert Function to Clinicians

Example: Shortness of Breath (Dyspnea)

<input type="radio"/> None	I have not had shortness of breath (with exercise or rest).
<input type="radio"/> Grade 1 (Mild)	I have been short of breath with exercise, but I can walk up 1 flight of stairs without stopping.
<input type="radio"/> Grade 2 (Moderate)	I have been short of breath with exercise but I am not able to walk up 1 flight of stairs or 1 city block without stopping.
<input checked="" type="radio"/> Grade 3 (Severe)	I have been short of breath during my normal daily activities (dressing, showering, cleaning, cooking, etc).
<input type="radio"/> Grade 4 (Disabling)	I have been short of breath even when I am resting in bed or in a chair.



Email Alert to Clinical Nurse

From: Patient Symptom Tracking <webmaster@mskcc.org>

Date: Wednesday, June 14, 2010 at 2:16 PM

To: Microsoft Office User <■■■■■■■■■■@mskcc.org>

Subject: Patient Symptom Alert

SYMPTOM REPORTED FROM HOME

Patient Medical Record Number: ■■■■■■■■■■

Date/Time Reported: 07/14/2010 at 2:15 PM

Symptom: DYSPNEA **Grade:** 3

Symptoms that have worsened since 07/07/2010:

Symptom: DYSPNEA from **Grade:** 1 to 3

Link to [FULL REPORT](#)

Printed Report to Oncologist at Clinic Visit

STAR SYMPTOM REPORT
Confidential PHI

Patient Name: ██████████
Patient MRN: ██████████
Primary Oncologist: ██████████

Worsened symptoms since July 7:

- Cough: from grade 0 to grade 1

Improved symptoms since July 7:

- Dyspnea: from grade 3 to grade 1
- Fatigue: from grade 2 to grade 1
- Pain: from grade 1 to grade 0

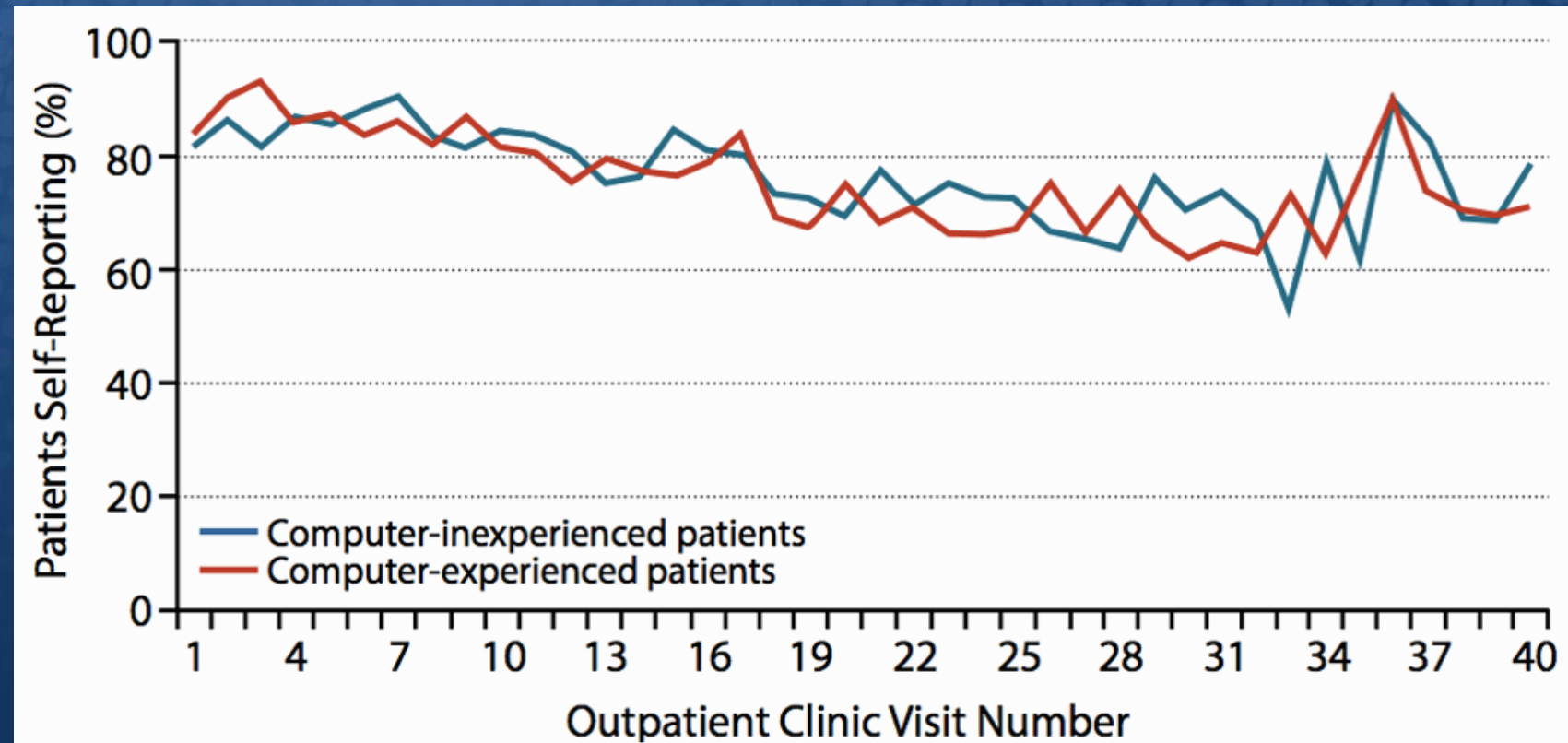
Below is a summary of prior reported symptoms, with most recent reports on top:

DATE	Anorex.	Constip.	Cough	Diarrhea	Dyspnea	Dysur.	Fatigue	Hot Fl.	Nausea	Neurop.	Pain	Vomiting
06/10/10	0	0	1	0	2	0	2	0	2	0	1	0
06/10/10	Clinic/Chemotherapy Visit											
06/20/10	0	0	2	0	1	0	2	0	0	0	1	0
07/01/10	0	0	1	0	1	0	1	0	0	0	1	0
07/01/10	Clinic/Chemotherapy Visit											
07/07/10	0	0	0	0	1	0	1	0	1	0	0	0
07/14/10	0	0	0	0	3	0	2	0	0	0	1	0
07/22/10	0	0	1	0	1	0	1	0	0	0	0	0
07/22/10	Clinic/Chemotherapy Visit											

Feasibility in Routine Cancer Care

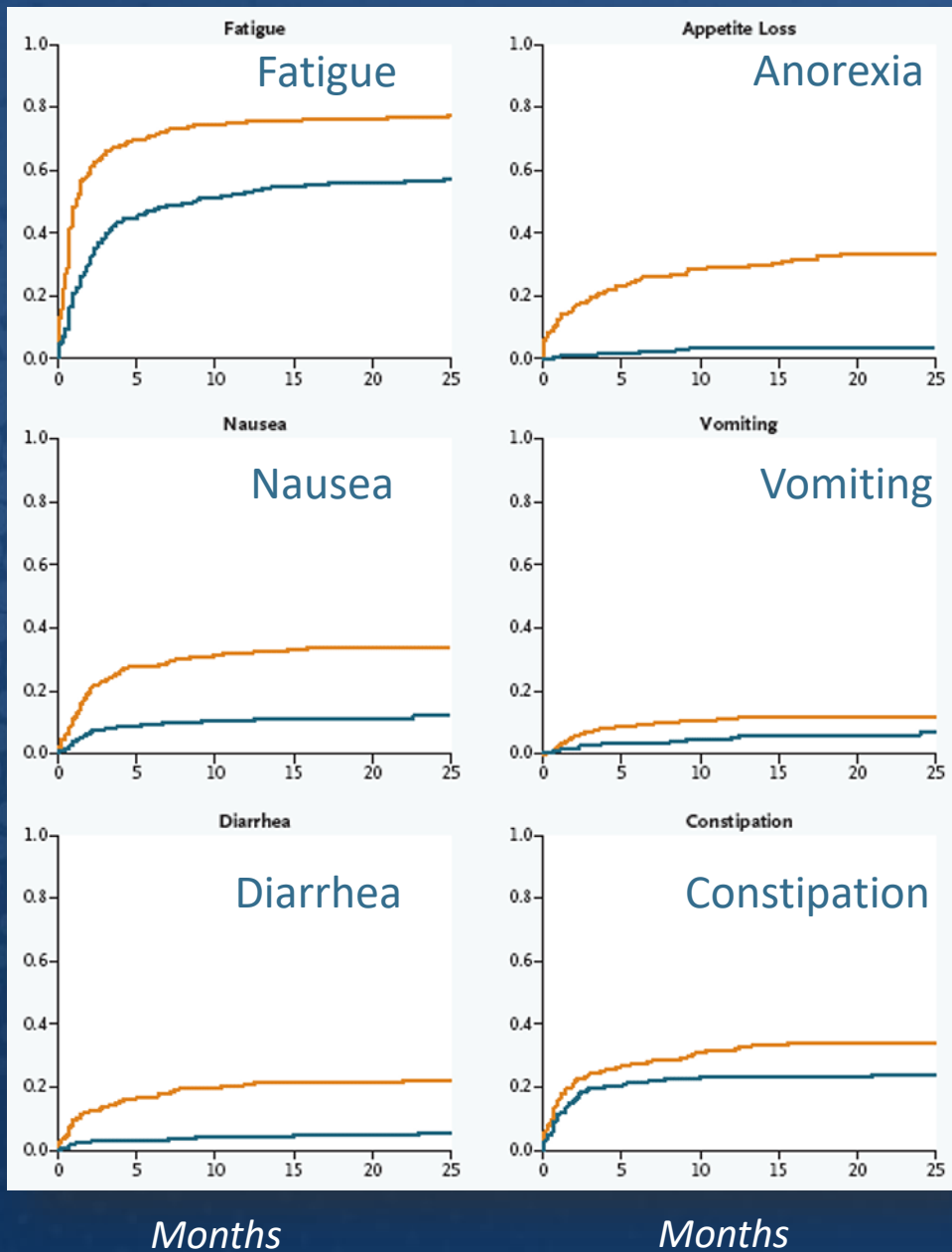
Patients longitudinally self-reporting symptoms (N~700):

- Most patients self-report at any given clinic visit

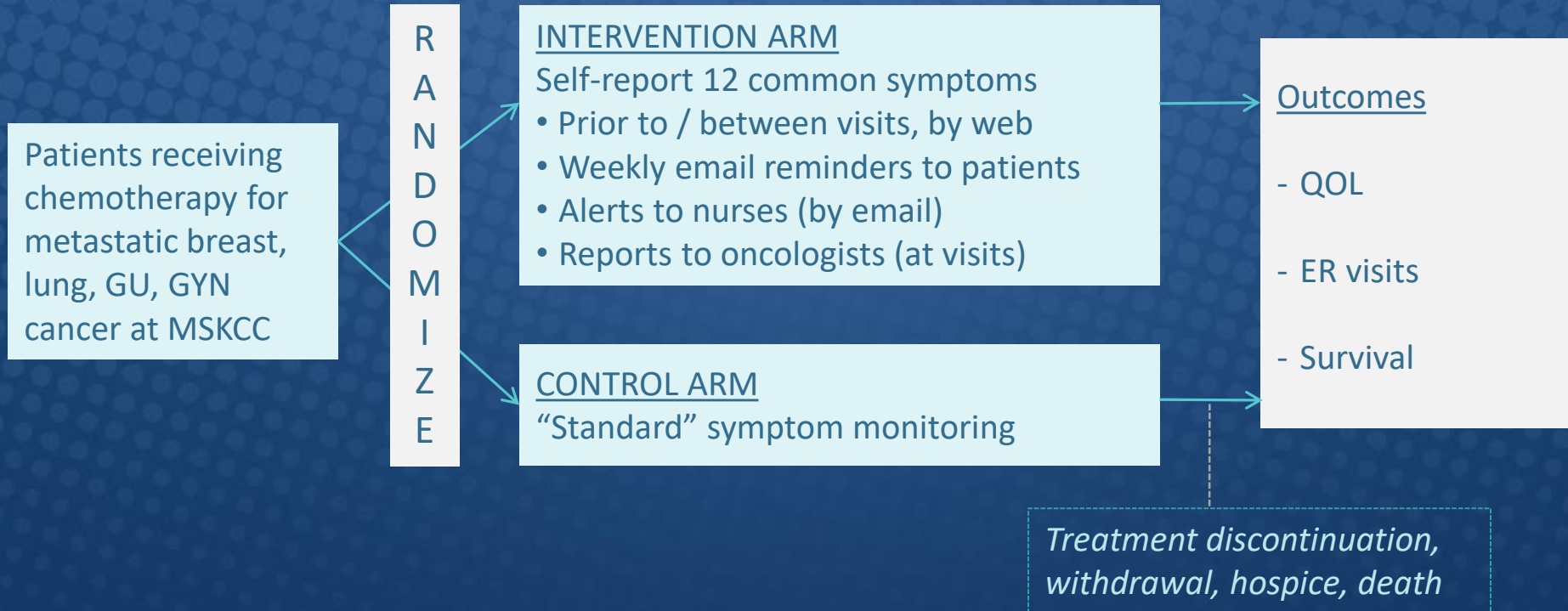


Clinician vs Patient-Reported Symptoms

Clinicians miss a substantial number of our patients' symptoms – what are the potential consequences, and opportunities for improvement?



Large Single-Center “STAR” Study: Impact on Clinical Outcomes

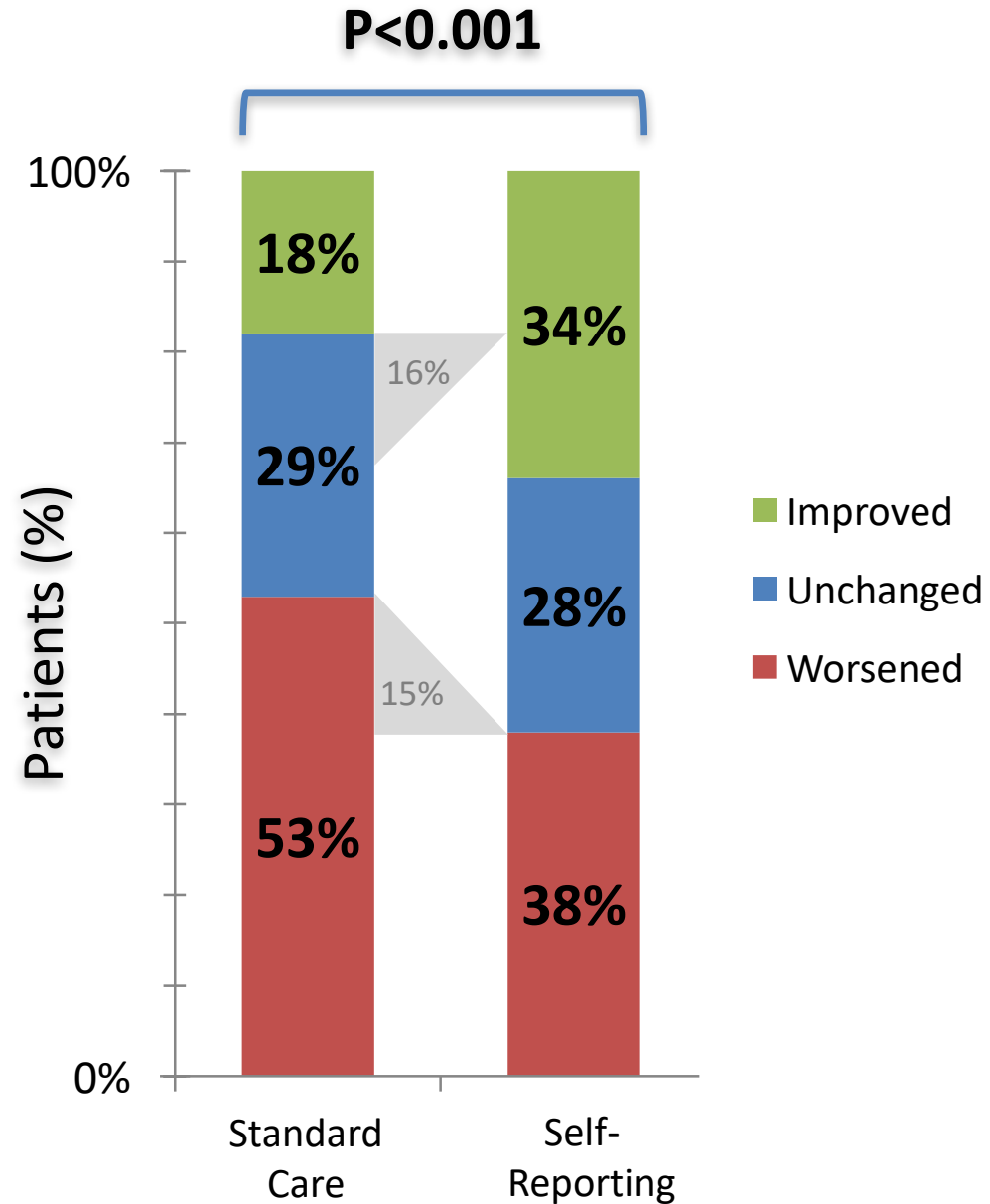


766 patient participants; median follow up 7 years

Basch: JAMA, 2017

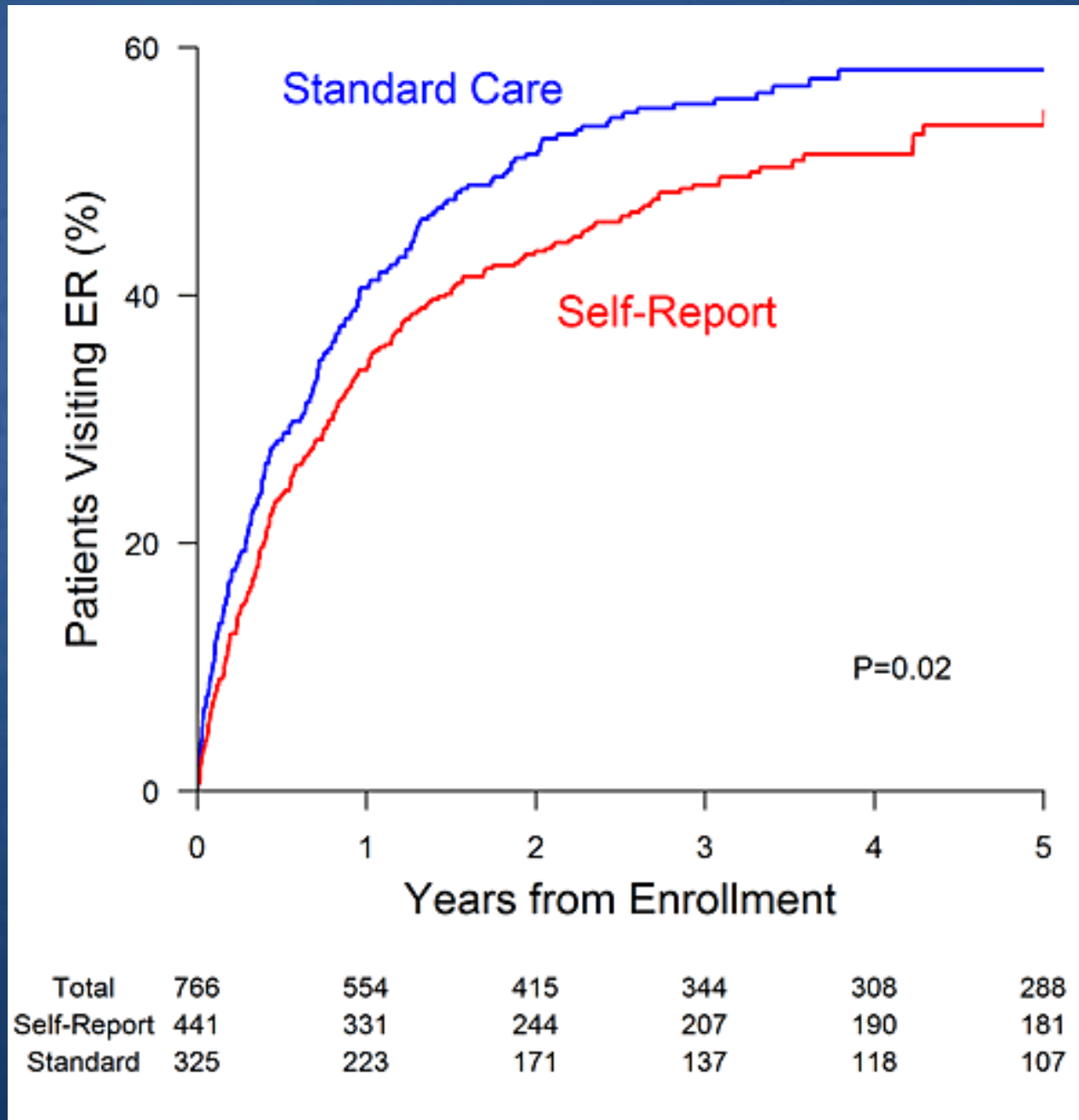
Quality of Life

- Assessed at 6 months, compared to baseline
- Compared to standard care, 31% more patients in the self-reporting arm experienced QOL benefits ($P<0.001$)



Emergency Room Visits

- Compared to standard care, 7% fewer patients in the self-reporting arm visited the Emergency Room, with durable effects throughout the study ($P=0.02$)



Overall Survival

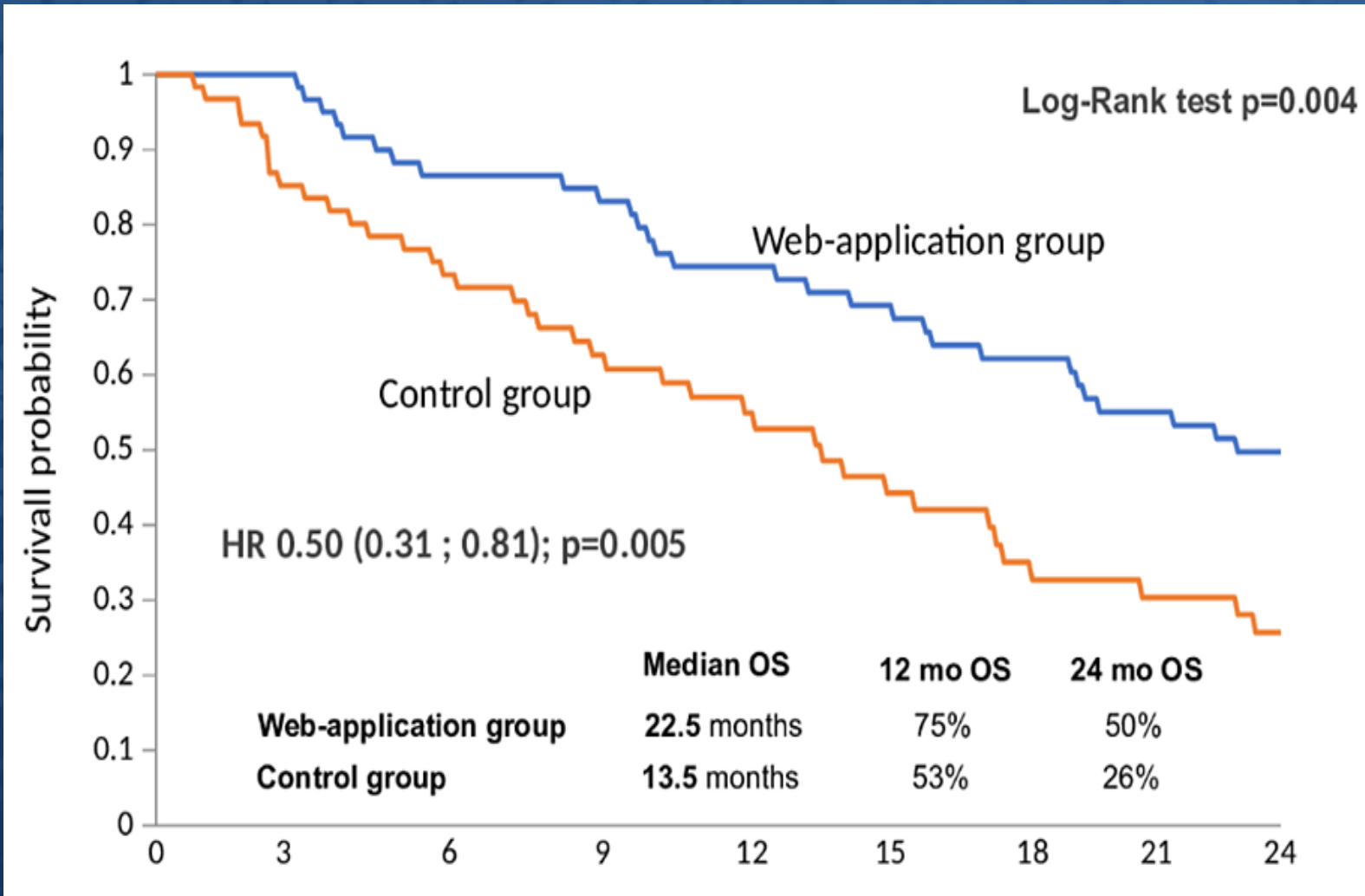
- Compared to standard care, median survival was 5 months longer among patients in the self-reporting arm (31.2 vs. 26.0 months) ($P=0.03$)
- Remained significant in multivariable analysis: Adjusted hazard ratio 0.832 (95% CI; 0.696, 0.995)
- 5-year absolute survival benefit of 8%



Mechanisms of Action

1. Proactive monitoring prompts clinicians to intervene early, before symptoms worsen and cause serious downstream complications
 - *Nurses acted on >75% of PRO alerts*
2. Symptom control enables patients to stay more functional, which is known to be associated with better survival
 - *Better physical functioning in PRO arm (P=.01)*
3. Symptom monitoring enables control of chemotherapy side effects, enabling more intensive and longer duration of cancer treatment
 - *Longer time on chemotherapy in PRO arm (8 months vs. 6 months)*

French Lung Cancer RCT



- N=121 @ 5 centers in France
- Weekly PRO monitoring

Results:

- Overall survival: 22.5 vs 13.5 months (P=0.03)
- Optimal treatment 72.4% vs 32.5% (P<0.001)

Canadian Population-Based Study (N>128,000)

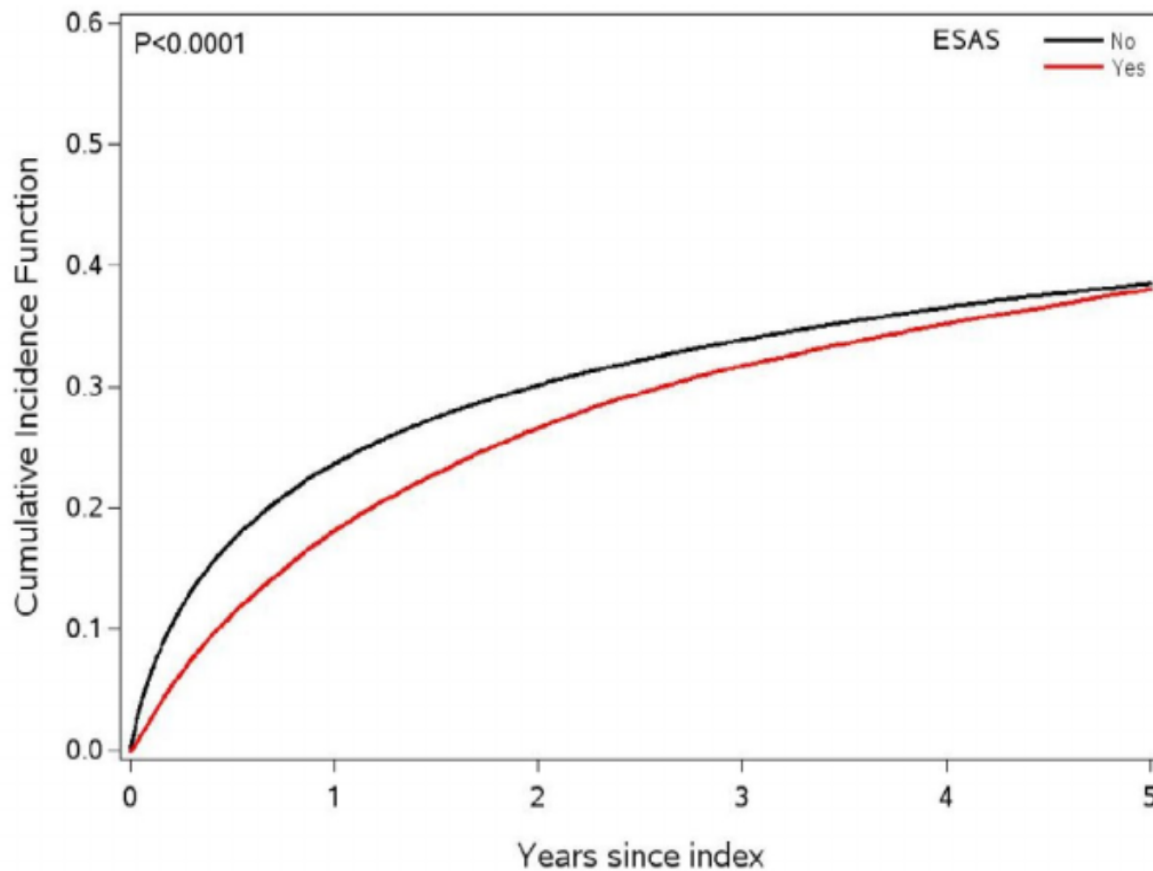


FIGURE 2 Cumulative incidence function of death for patients exposed and unexposed to ESAS

- PROs in clinics across Ontario

Results:

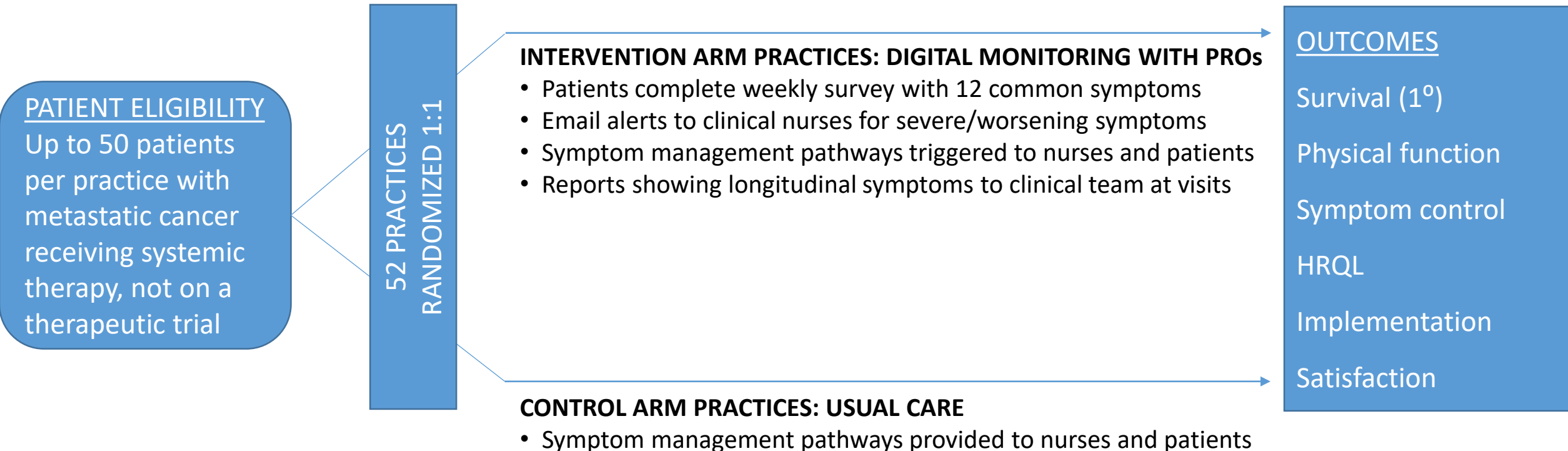
- 1 year survival: 81.9% vs 76.4% (P=0.0001)
- 8% decrease emergency visits
- 14% decrease hospitalizations

PRO-TECT

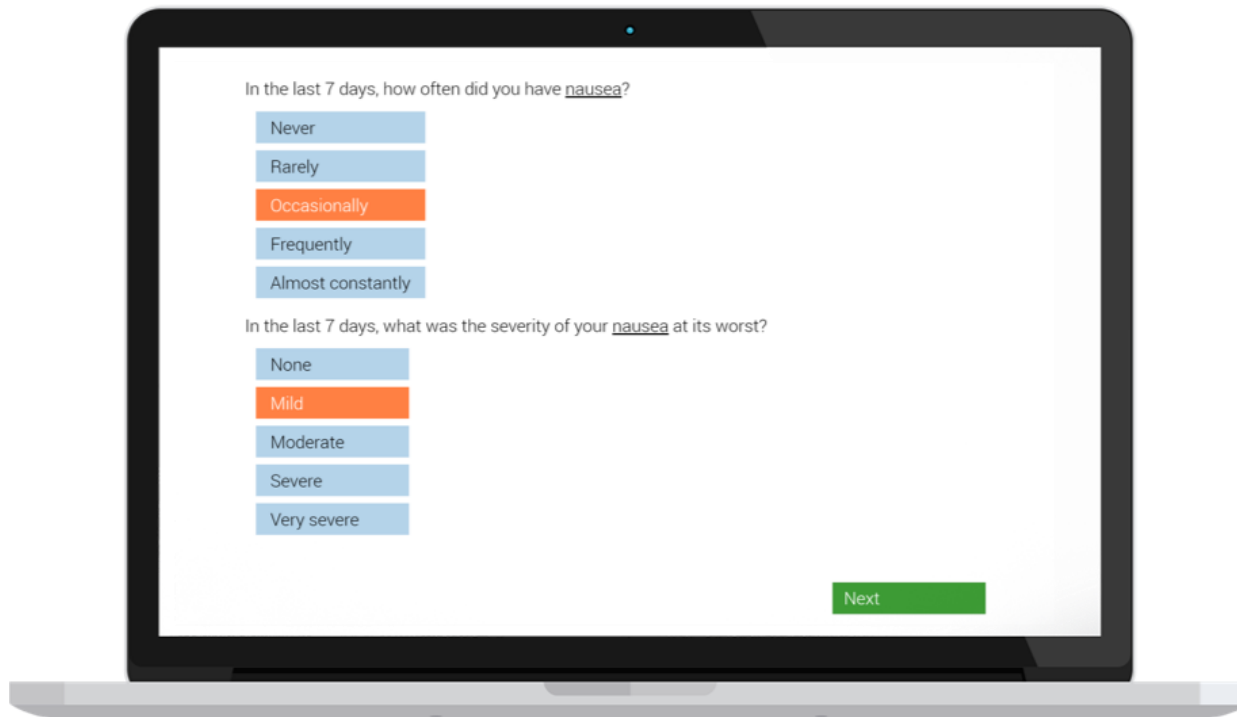
Cancer Symptom Study



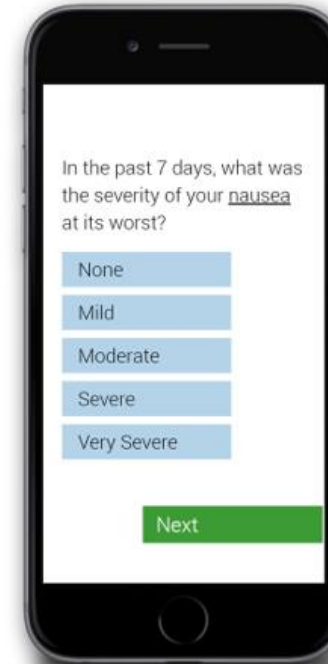
- Cluster randomized trial at 52 US community oncology practices, across 25 states
- Funded by PCORI, sponsored by Alliance Foundation Trials



- Weekly PRO survey items from NCI PRO-CTCAE (pain, nausea, vomiting, constipation, diarrhea, dyspnea, insomnia, depression, oral intake), plus patient-reported ECOG performance status, falls, financial toxicity
- Patient choice of interface for completing weekly surveys

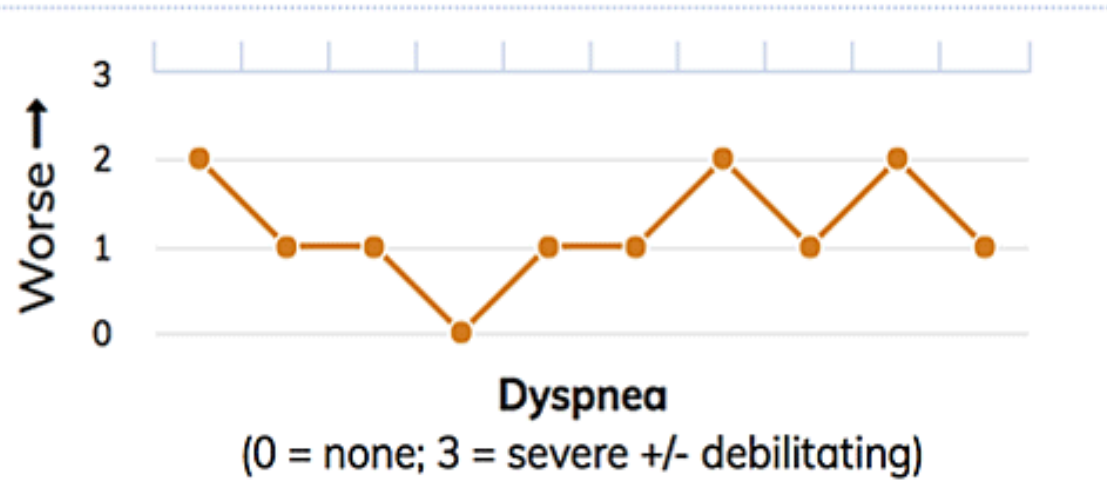
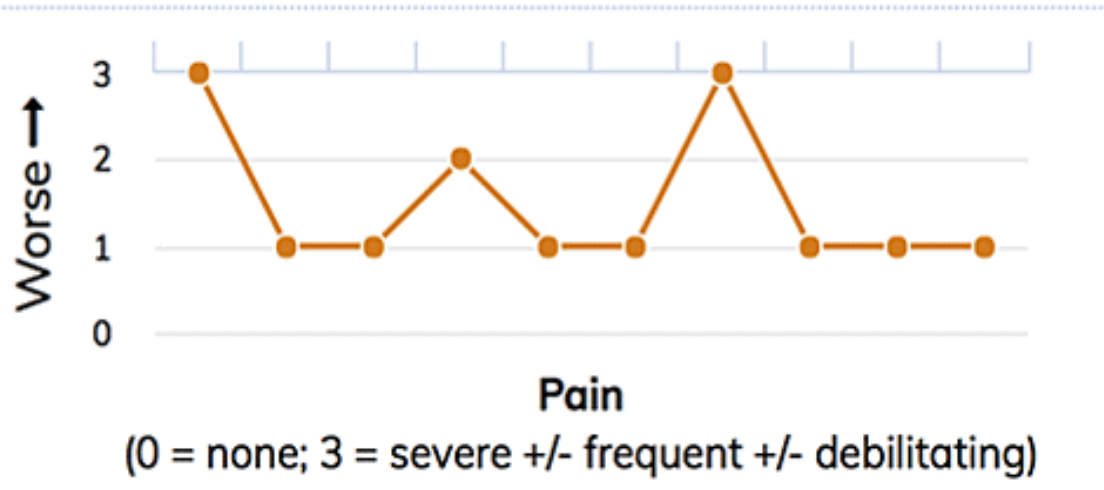
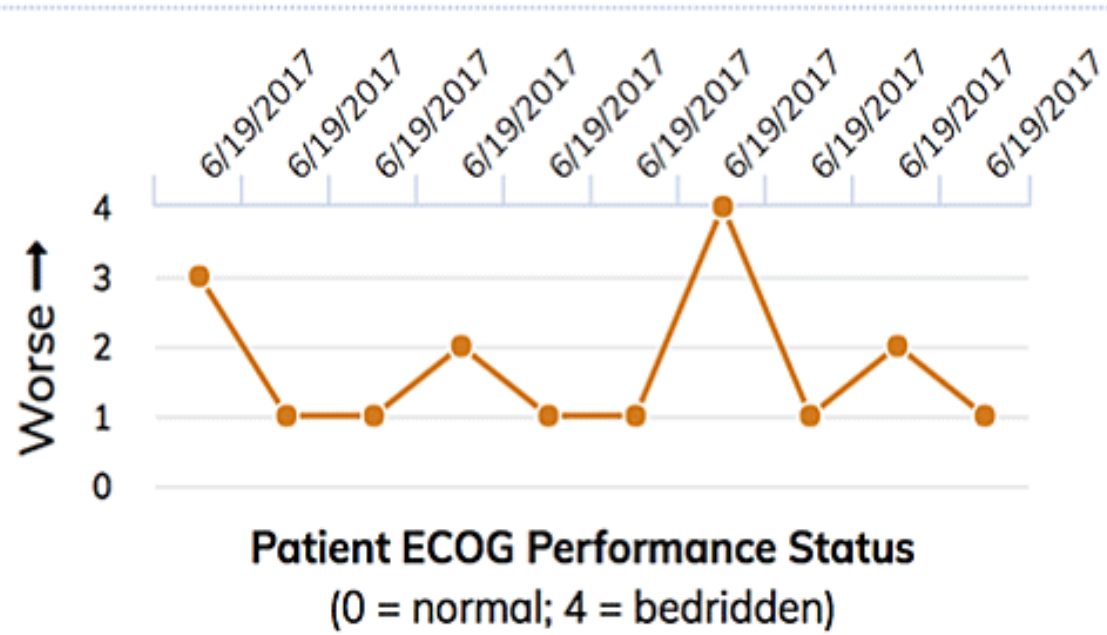
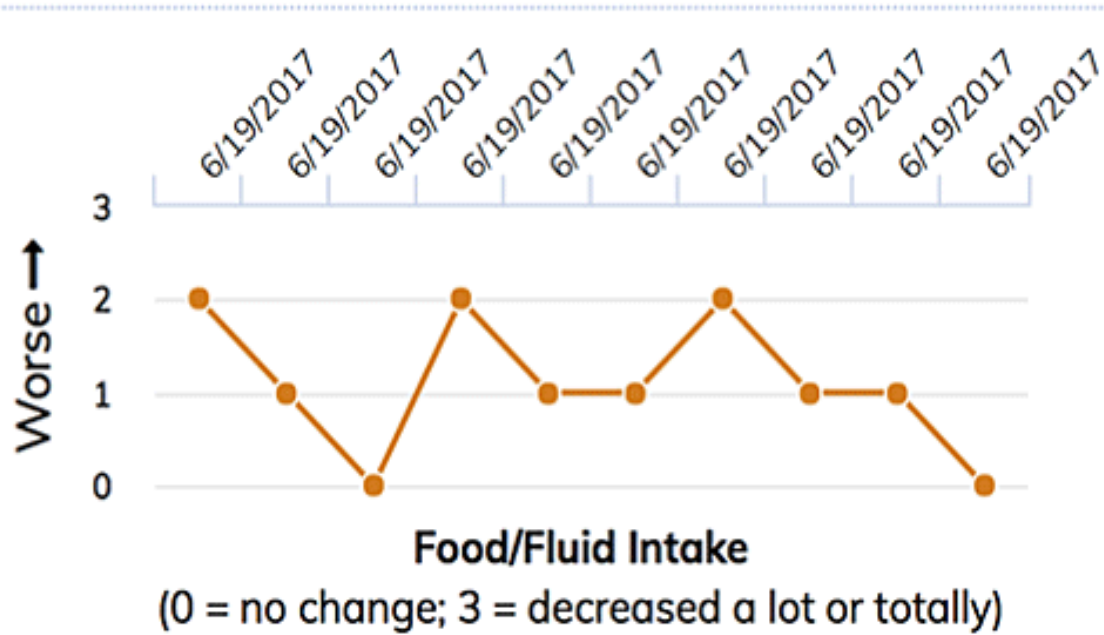


Web



Mobile

Automated
Telephone
Systems



What can I do to manage my sleep problems?

Tips to help you sleep:

- **Tell your cancer care team about problems that are getting in the way of your sleep.** Getting treatment to lower side effects such as pain or bladder or bowel problems may help you sleep better.
- **Set good bedtime habits.**
 - Go to bed only when sleepy, in a quiet and dark room, and in a comfortable bed.
 - Go to bed and wake up at the same time.
 - Avoid napping if possible.
 - Make sure your bedroom is not overly hot or cold.
 - Stop watching television or using devices with screens a couple of hours before going to bed.
 - Devices like: iPads, laptops, and smart phones.
 - Don't drink or eat a lot starting about 2-3 hours before bedtime.
 - Exercising too close to bedtime may make sleep more difficult.
 - Exercise before 2:00pm promotes sleep.
 - Don't watch the clock at night.
 - Keep out pets who wake you up.
- **Don't stay awake in bed** for more than 5-10 minutes. If you do not fall asleep, get out of bed, sit in a chair in the dark until you are sleepy. It's okay if this happens several times a night.
- **Avoid caffeine after midday.** Also cigarettes, alcohol and some 'over-the-counter' medications may interfere with sleep.
- **Sleep medicine may be prescribed** by your cancer care team for a short period if other strategies don't work.
- **Cognitive behavioral therapy (CBT) and/or relaxation therapy may help.** For example, a CBT therapist can help you learn to change negative thoughts and beliefs about sleep into positive ones.
 - Muscle relaxation, guided imagery, and self-hypnosis may help.



PAIN

Pain is common in patients with cancer and impacts patients' functional status and quality of life.

- Cancer patients often have multiple sites of pain.
- Cancer pain is associated with increased emotional distress and risk of developing depression.

Sources of pain in cancer patients include:

- Direct effects of cancer (bone pain, pressure on internal organs, ascites).
- Surgery pain.
- Radiation therapy (mucositis, dermatologic changes, brachytherapy pain, mucosal inflammation).
- Chemotherapy or targeted therapy (arthralgia, myalgia, neuropathy, bowel function changes, mucositis, rash).
- Diagnostic procedures.
- Other health conditions (arthritis, osteoporosis)

Assessment

- Assess pain medication history.
 - What is prescribed, what is the patient actually taking, how it is working?
 - Is the patient taking opioids, and are they long acting, short acting, or both?
 - How long has the patient been on their pain regimen?
- Conduct comprehensive pain assessment:
 - Location of pain (Where does pain originate? Does it radiate to another area of the body?).
 - Intensity of pain (use pain scale of 0-10 with 10 being the worst pain imaginable).
 - Quality of pain (sharp, stabbing, burning, aching).
 - Using scale of 1-10 with 10 being the worst pain imaginable: What is your pain at its best? What is it at its peak? What is your pain after taking your pain medications?
 - Assess for breakthrough pain (Does the pain return or increase in intensity before the next dose?).
 - Onset, duration and aggravating/alleviating factors (When does it start? What makes it worse/better? How often does it occur? How long does it last?)
- Assess for changes in activity level, sleep, general activities of daily living, depression.
- If taking opioids, assess for constipation.

Severity

Grade 1 Mild	Grade 2 Moderate	Grade 3 Severe	Grade 4 Life Threatening
Mild pain	Moderate pain; limiting instrumental ADL	Severe pain; limiting self-care, ADL	

Interventions Based on Severity

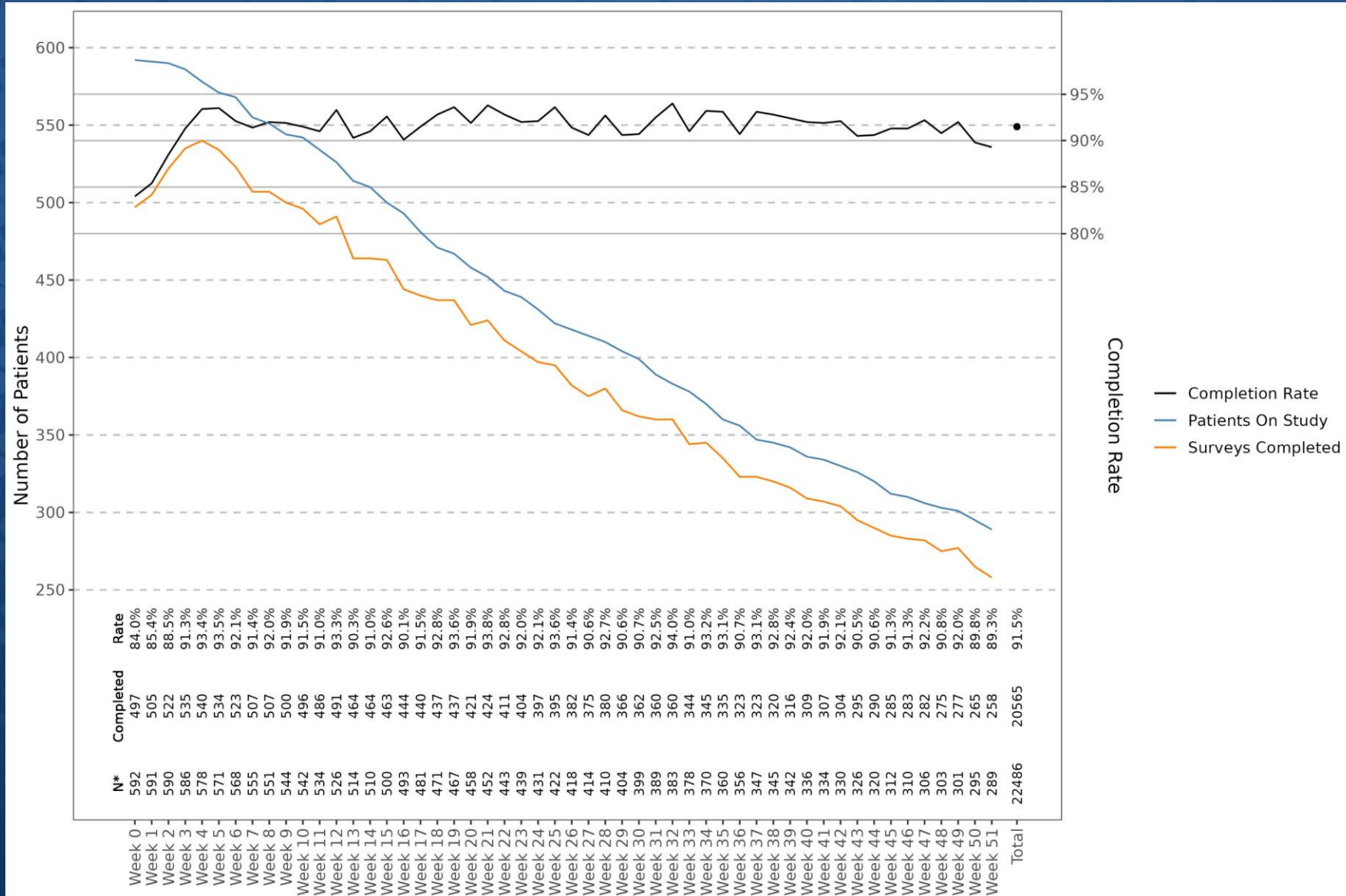
Management of Pain:

1. Non-opioids (acetaminophen, COX-2 inhibitor, NSAID). Note that COX-2 inhibitor (celecoxib, meloxicam) does not inhibit platelet aggregation; NSAID toxic effects can include acute renal failure, gastrointestinal toxicity, cardiovascular toxicity, and CNS toxicity such as memory loss and confusion. NSAIDs should be avoided or used with caution if patient has: stomach or intestinal ulcers; cardiovascular disease and/or hypertension; kidney disease; bleeding disorders; pregnancy; taking other prescription anti-coagulants such as warfarin (Coumadin) or heparin, phenytoin (Dilantin), and/or cyclosporine; use of acetaminophen may cause hepatic injury; use caution with liver disease.
2. Opioids such as morphine when pain persists or increases and cannot be controlled by non-opioids.
3. Non-medication treatments should be offered for all patients with pain. These include emotional support, distraction (music, social engagement), appropriate physical activity (positioning, cushioning, supportive devices, exercise. Physical therapy), and topical application of heat or cold.

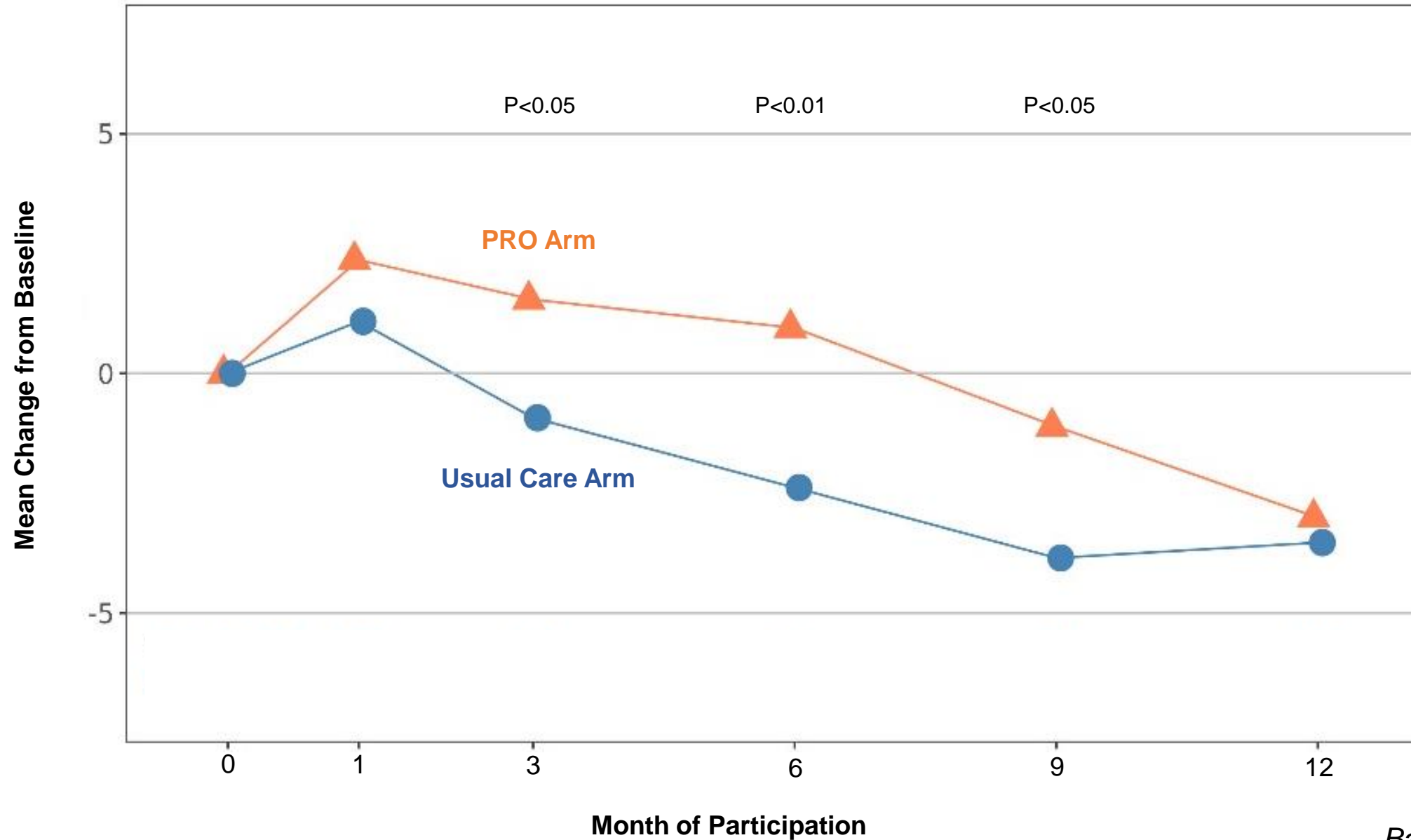
Considerations:

- Pain medication scheduled "around the clock" when pain is constant. Consider long-acting agent.
- Use the simplest route of administration possible.
- Consider additional supportive drugs to address anxiety, depression, or neuropathic pain symptoms.
- Provide patient/family/caregiver education about treatment approaches and safe medication use.
- Consider suggesting a pain diary to monitor characteristics of pain, medication regimen, and response to medication.
- No driving when using opioids.

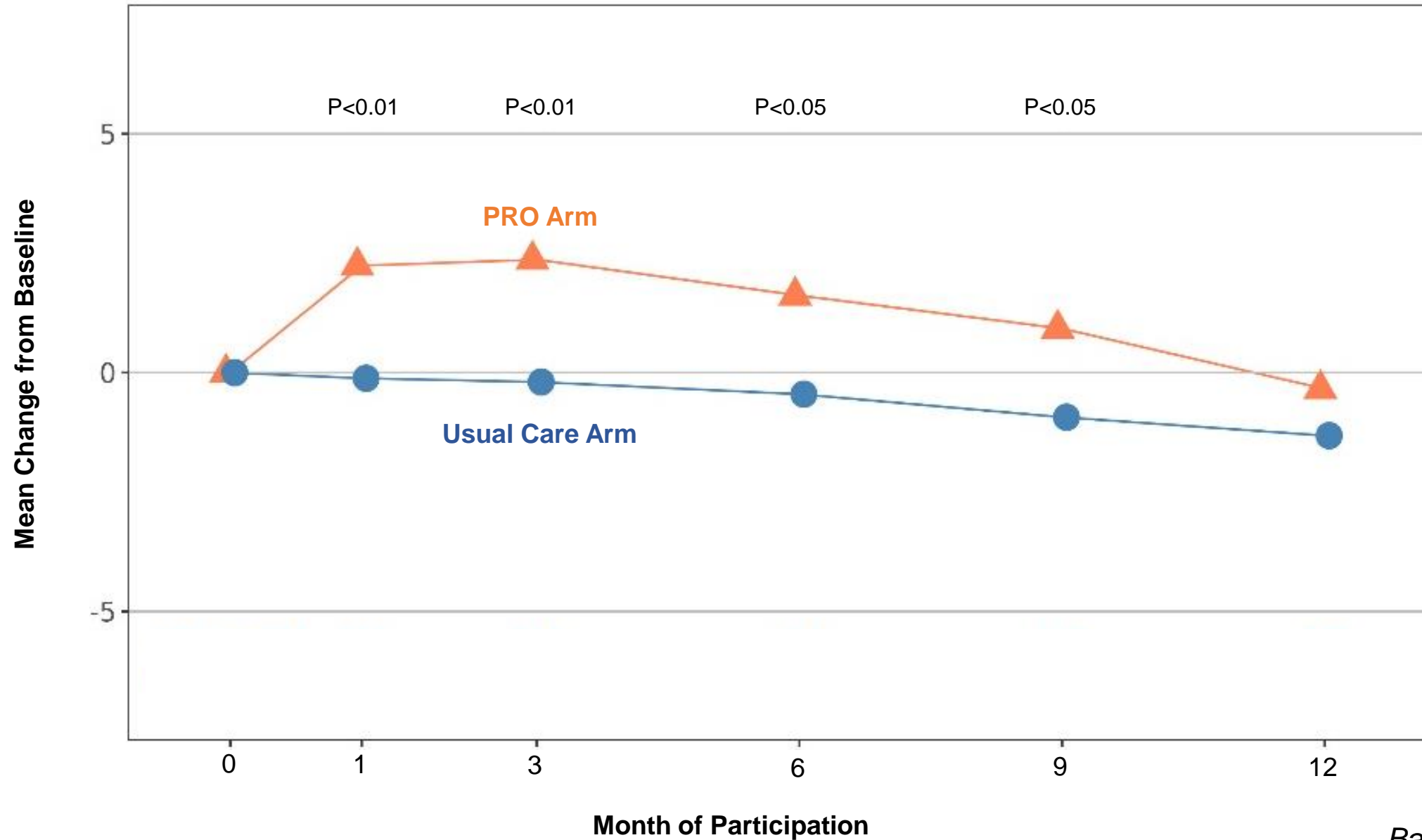
Adherence with Weekly ePROs: 91.5%



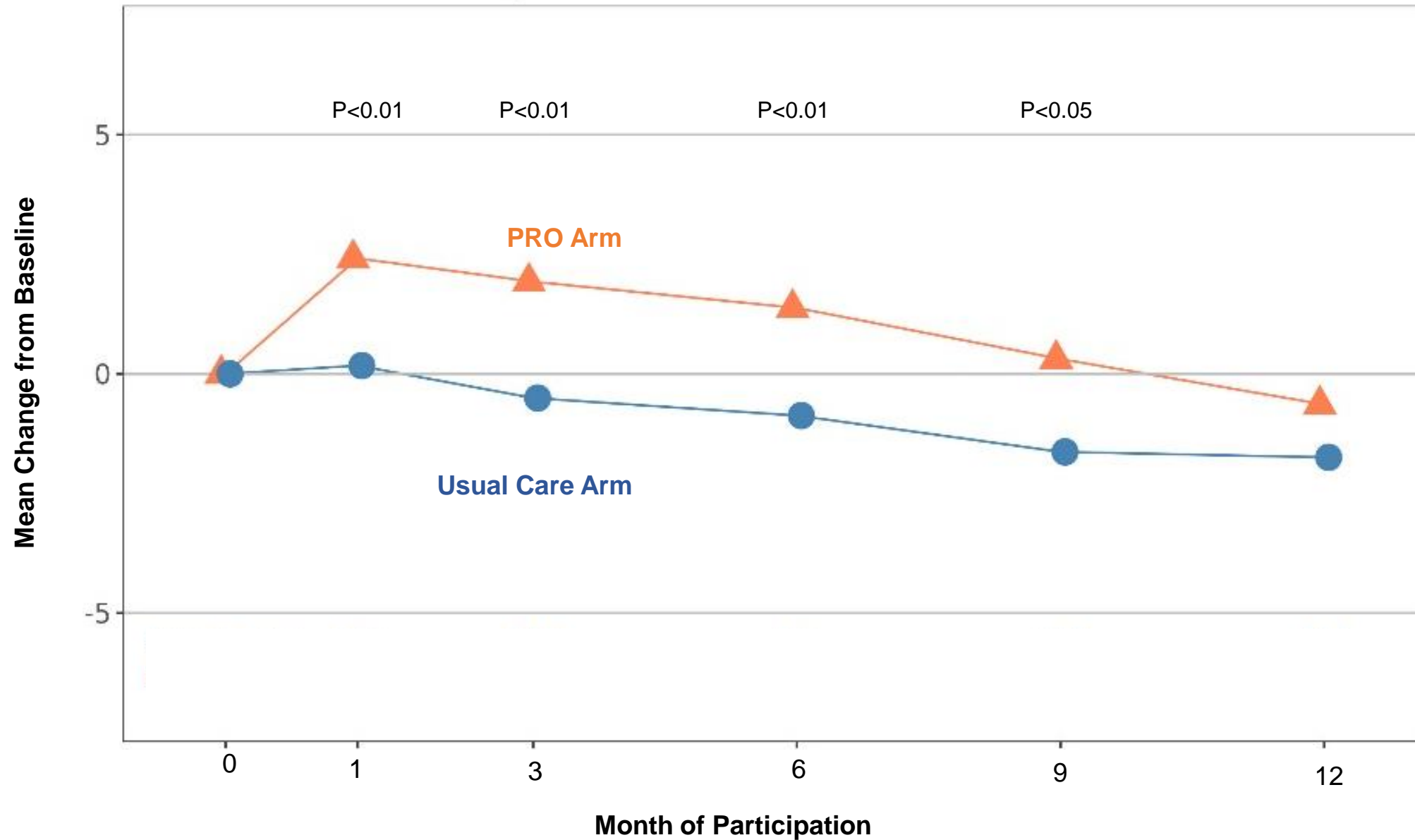
Results: Effects on Patient Physical Functioning



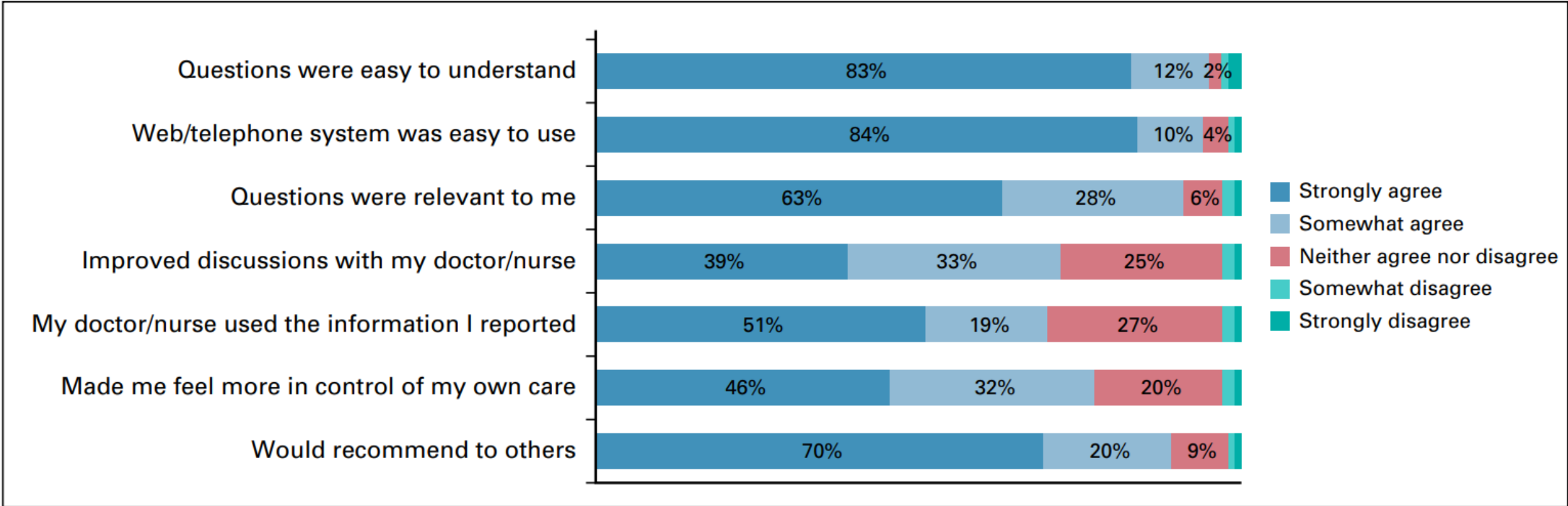
Results: Effects on Patient Symptom Control



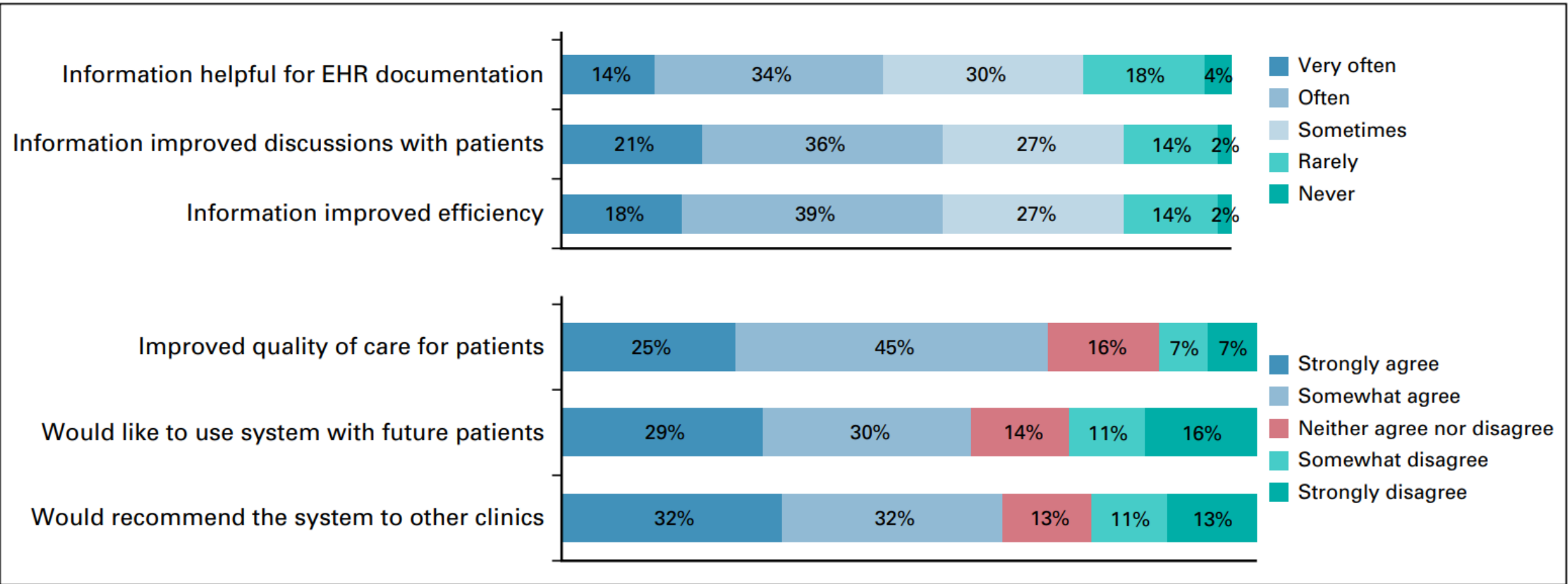
Results: Effects on Health-Related Quality of Life



Patient Impressions of ePRO System



Nurse Impressions of ePRO System



Subsequent Wave of Commercial ePRO Symptom Monitoring Digital Therapeutics in Oncology



Inclusion of ePROs in Value-Based Care Models

CMS.gov
Centers for Medicare & Medicaid Services

Search

Medicare Medicaid/CHIP Medicare-Medicaid Coordination Private Insurance Innovation Center Regulations & Guidance Research, Statistics, Data & Systems Outreach & Education

[Innovation Center Home](#) > [Innovation Models](#) > [Enhancing Oncology Model](#)

Enhancing Oncology Model

The Enhancing Oncology Model (EOM) aims to drive transformation and improve care coordination in oncology care by preserving and enhancing the quality of care furnished to beneficiaries undergoing treatment for cancer while reducing program spending under Medicare fee-for-service. Under EOM, participating oncology practices will take on financial and performance accountability for episodes of care surrounding systemic chemotherapy administration to patients with common cancer types. EOM is a 5-year voluntary model, beginning on July 1, 2023, that aims to improve quality and reduce costs through payment incentives and required participant redesign activities. CMS designed EOM to test how to improve health care providers' ability to deliver care centered around patients, consider patients' unique needs, and deliver cancer care in a way that will generate the best possible patient outcomes.

EOM supports President Biden's Unity Agenda and [Cancer Moonshot](#) initiative to improve the experience of people and their families living with and surviving cancer. EOM aligns with the Cancer Moonshot pillars and priorities of supporting patients, caregivers, and survivors, learning from all patients, targeting the right treatments for the right patients, and addressing inequities.

Model Summary

Stage: Announced, Accepting Applications
Number of Participants: N/A
Category: Episode-based Payment Initiatives
Authority: Section 3021 of the Affordable Care Act

Milestones & Updates

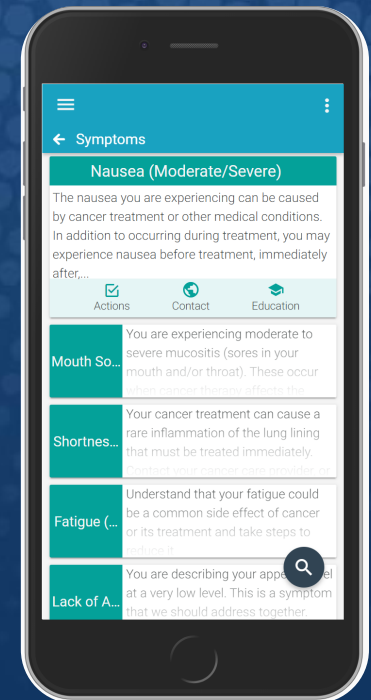
June 27, 2022
Announced: Model announced and RFA posted

(Immediate) Future Challenges

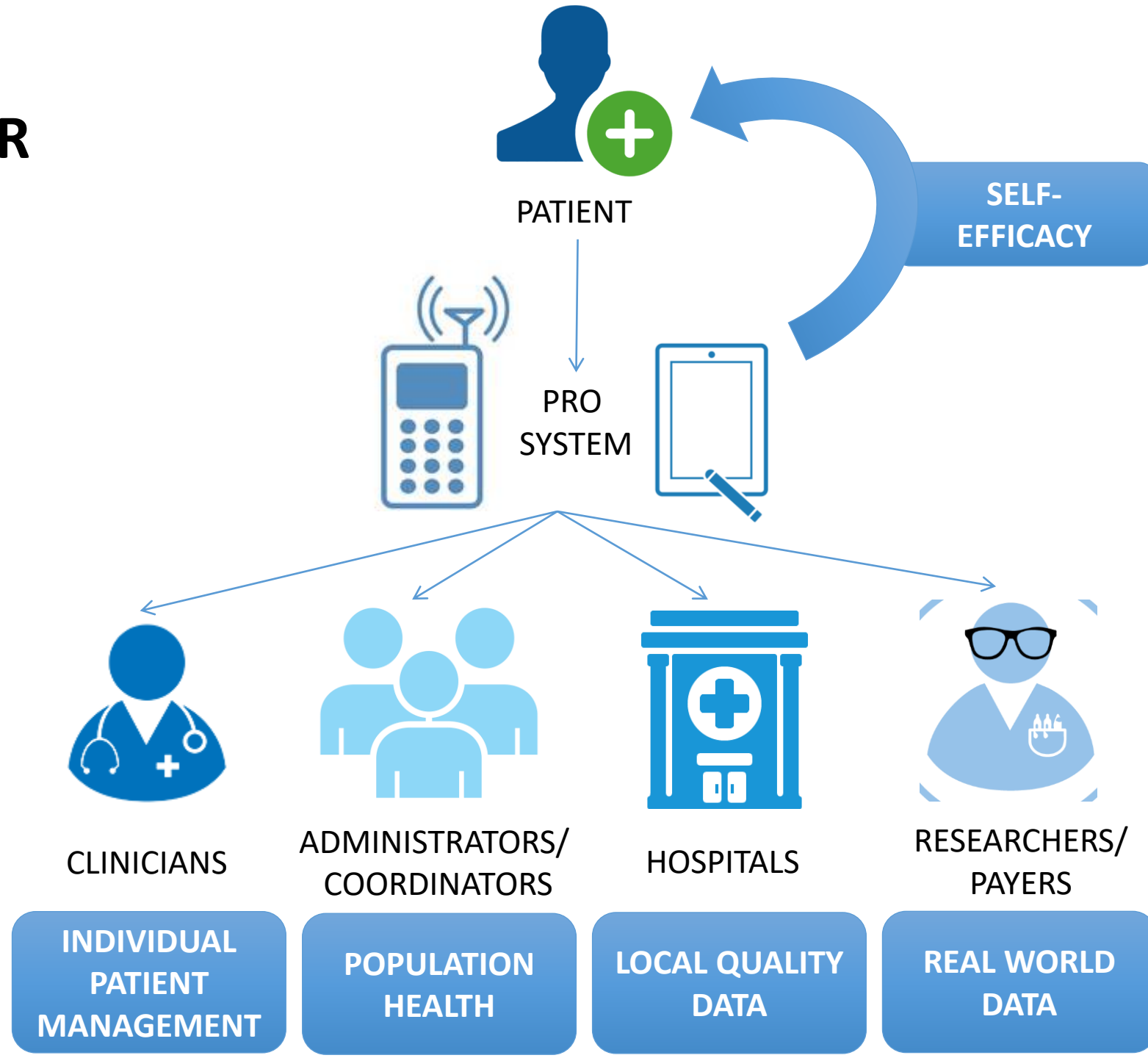
1. Integrating with EMR and other information systems
2. Standardizing implementation (clinical integration)
3. Determining sufficient reimbursement for practices

Currently Planning

- National U.S. demonstration project for PROs
- In partnership with major EMR vendors, oncology professional societies and patient organizations



Value of PRO Data in the EMR



Use of PROs for Patient Monitoring in Oncology Clinical Trials



<u>ADVERSE REACTION</u>	TAXOTERE 75 mg/m² every 3 weeks	
	<u>ANY (%)</u>	<u>GRADE 3/4 (%)</u>
Anemia	67	5
Neutropenia	41	32
Thrombocytopenia	3	1
Infection	32	6
Epistaxis	6	0
Allergic Reactions	8	1
Neuropathy Sensory	30	2
Neuropathy Motor	7	2
Rash/Desquamation	6	0
Alopecia	65	N/A
Nail Changes	30	0
Nausea	41	3
Diarrhea	32	2
Stomatitis/Pharyngitis	20	1
Taste Disturbance	18	0
Vomiting	17	2
Anorexia	17	1
Cough	12	0
Dyspnea	15	3
Cardiac function	10	0
Fatigue	53	5
Myalgia	15	0
Tearing	10	1
Arthralgia	8	1

Table from Docetaxel
Chemotherapy
U.S. Drug Label

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Source of Adverse Event Data in Oncology Trials

- “Common Terminology Criteria for Adverse Events” (CTCAE)
- Item library, designed for clinicians to complete
- About 800 items total (10% of items are symptom)



CTCAE/MedDRA Term	CTCAE Grade 1	CTCAE Grade 2	CTCAE Grade 3	CTCAE Grade 4
Mucositis oral	Asymptomatic or mild symptoms; intervention not indicated	Moderate pain; not interfering with oral intake; modified diet indicated	Severe pain; interfering with oral intake	Life-threatening consequences; urgent intervention indicated

Reliability of Clinician-Reporting in Trials

Symptom	ICC	95% CI
Constipation	0.48	0.36; 0.58
Diarrhea	0.58	0.49; 0.66
Dyspnea	0.69	0.62; 0.75
Fatigue	0.50	0.39; 0.59
Nausea	0.52	0.41; 0.60
Neuropathy	0.71	0.65; 0.76
Vomiting	0.46	0.34; 0.56



Patient-Reported Outcomes version of the Common
Terminology Criteria for Adverse Events

*Developed under contracts to the NCI
(2008-present)*

<http://appliedresearch.cancer.gov/pro-ctcae>

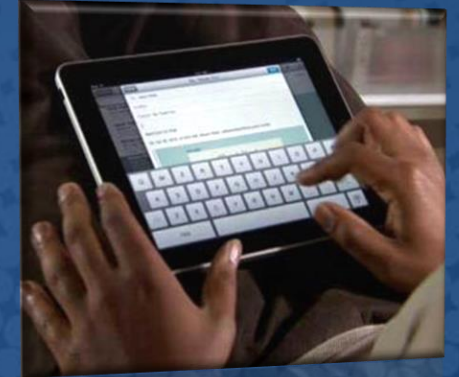
Patient-Centered Structure for Questions

CTCAE/MedDRA Term	CTCAE Grade 1	CTCAE Grade 2	CTCAE Grade 3	CTCAE Grade 4
Mucositis oral	Asymptomatic or mild symptoms; intervention not indicated	Moderate pain; not interfering with oral intake; modified diet indicated	Severe pain; interfering with oral intake	Life-threatening consequences; urgent intervention indicated



Two Items	Responses
What was the <u>severity</u> of your MOUTH OR THROAT SORES at their worst?	None Mild Moderate Severe Very Severe
How much did MOUTH OR THROAT SORES <u>interfere</u> with your usual activities?	Not at all A little bit Somewhat Quite a bit Very much

Robust Psychometric Evaluation



- 124 items representing 78 Symptomatic Adverse Events
- Extensive qualitative evaluation in diverse populations
- Large national “validation” study demonstrated robust validity, reliability, sensitivity, appropriate recall periods, mode equivalence (paper/electronic)

Basch: JNCI, 2014

Hay/Basch: Qual Life Res, 2014

Dueck/Basch: JAMA Oncol, 2015



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Measurement of Outcomes

[CanCORS](#)

[HealthMeasures: A Person-Centered Assessment Resource \(PCAR\)](#)

[Patient-Reported Outcomes Version of the Common Terminology Criteria for Adverse Events \(PRO-CTCAE™\)](#)

[What Is PRO-CTCAE?](#)

[How Do I Use PRO-CTCAE?](#)

[Overview](#)

[Instrument](#)

[Permission to Use](#)

[Build a Custom Form](#)

[Development Team](#)

[PRO-CTCAE Scientific Leadership at NCI](#)

[Resources](#)

[Frequently Asked Questions](#)



[Data Resources and Research Initiatives](#)

[Measurement of Outcomes](#)

[Patient-Reported Outcomes Version of the Common Terminology Criteria for Adverse Events \(PRO-CTCAE™\)](#)

Patient-Reported Outcomes version of the Common Terminology Criteria for Adverse Events (PRO-CTCAE™)

This site was designed to provide you with information about the PRO-CTCAE, a patient-reported outcome measurement system developed by the National Cancer Institute to capture symptomatic adverse events in patients on cancer clinical trials.

The site includes an overview of the methods used to develop this measurement system, and resources and references for further information.

- [What Is PRO-CTCAE?](#)
- [How Do I Use PRO-CTCAE?](#)
- [Overview](#)
- [Instrument](#)
- [Permission to Use](#)
- [Build a Custom Form](#)
- [Development Team](#)
- [PRO-CTCAE Scientific Leadership at NCI](#)
- [Resources](#)
- [Frequently Asked Questions](#)

Industry Trial Example

Cabozantinib vs. mitoxantrone
in metastatic prostate cancer

- 10 PRO-CTCAE AEs
 - Selected by investigators based on expected toxicities
- Reported by patients every 3 weeks from home between visits via automated telephone system
 - Human reminder call if no response after 72 hours
- Average 96% compliance at each time point



Between-Arm Comparison: CTCAE and PRO-CTCAE

SYMPTOM	INVESTIGATOR-REPORTED <i>CTCAE Max Grade 3+</i>			PATIENT-REPORTED <i>PRO-CTCAE Max 3+</i>		
	<u>Cabo</u>	<u>Mito</u>	<u>P</u>	<u>Cabo</u>	<u>Mito</u>	<u>P</u>
Constipation	3.3%	1.8%	1.00	26%	13%	0.04
Decrease appetite	1.7%	5.3%	0.36	38%	15%	0.008
Diarrhea	8.3%	1.8%	0.21	44%	11%	<0.001
Fatigue	18.0%	8.8%	0.18	36%	26%	0.30
Nausea				38%	15%	0.008
Short of breath	--	5.3%	0.11	14%	13%	1.00
Vomiting	1.7%	7.0%	0.20	12%	7%	0.52

of significant between-arm AE differences:

- By investigator report (CTCAE): 0
- By patient report (PRO-CTCAE): 4

Core Patient-Reported Outcomes in Cancer Clinical Trials Guidance for Industry

DRAFT GUIDANCE

This guidance document is being distributed for comment purposes only.

Comments and suggestions regarding this draft document should be submitted within 60 days of publication in the *Federal Register* of the notice announcing the availability of the draft guidance. Submit electronic comments to <https://www.regulations.gov>. Submit written comments to the Dockets Management Staff (HFA-305), Food and Drug Administration, 5630 Fishers Lane, Rm. 1061, Rockville, MD 20852. All comments should be identified with the docket number listed in the notice of availability that publishes in the *Federal Register*.

For questions regarding this draft document, contact (OCE) Vishal Bhatnagar at vishal.bhatnagar@fda.hhs.gov, (CDER) Janice Kim at 301-796-9628, or (CBER) Office of Communication, Outreach and Development, 800-835-4709 or 240-402-8010.

**U.S. Department of Health and Human Services
Food and Drug Administration
Oncology Center of Excellence (OCE)
Center for Drug Evaluation and Research (CDER)
Center for Biologics Evaluation and Research (CBER)**

**June 2021
Clinical/Medical**

PRO-CTCAE now widely used in
international cancer drug
development trials

Included in FDA and EMA
guidance

Conclusions

Patient self-reporting improves symptom monitoring and outcomes in routine cancer care and clinical research

- Expands our understanding of patient experience
- Engages patients

Demonstrates how hard it is to change a simple process, even if it makes a lot of intuitive sense





The patients and families participating in this research

PRO-CTCAE Investigators: Deborah Schrag, Charlie Cleeland, Tito Mendoza, Jeff Sloan, Amylou Dueck, Deborah Bruner, Amy Abernethy, Thomas Atkinson, Jennifer Hay, Bryce Reeve, Ben Arnold, Marty Schoen, Antonia Bennett, Ram Chilukuri, Paul Baumgartner
NCI: Lori Minasian, Sandy Mitchell, Ann O'Mara, Andrea Denicoff, Diane St. Germaine

Patient representatives: Diane Paul, Cindy Geoghegan, Patty Spears, Mary Lou Smith, Patrick Gavin, Jane Perlmutter, Alliance Patient Representative Committee

MSK: Lauren Rogak, Alexia Iasonos, Mark Kris, Howard Scher, Paul Sabbatini, Tom Atkinson, Narre Heon, Marwan Shouery, Kevin Shannon, Kai Lin, Charmaine Pun, Roxana Damian, Sharon Bayuga, Jennifer Hay, Glenn Heller, Natalie Barragan (Prior: Cliff Hudis, Mary Shaw, Laura Sit, Allison Barz, Mike Fruscione, Sean Ryan, Dawn Lavene, Liora Stark, Mark Appawu, Lisa Cianci)

UNC: Antonia Bennett, Philip Carr, Angela Stover, Eden Gifford, Mattias Jonsson, Sydney Henson, Jennifer Jansen, Randall Teal, Bill Wood, Gita Mody, Angie Smith (Prior: Diana Mehedint)

Research networks: Alliance/CALGB; RTOG/NRG; NCCCP (now NCORP)

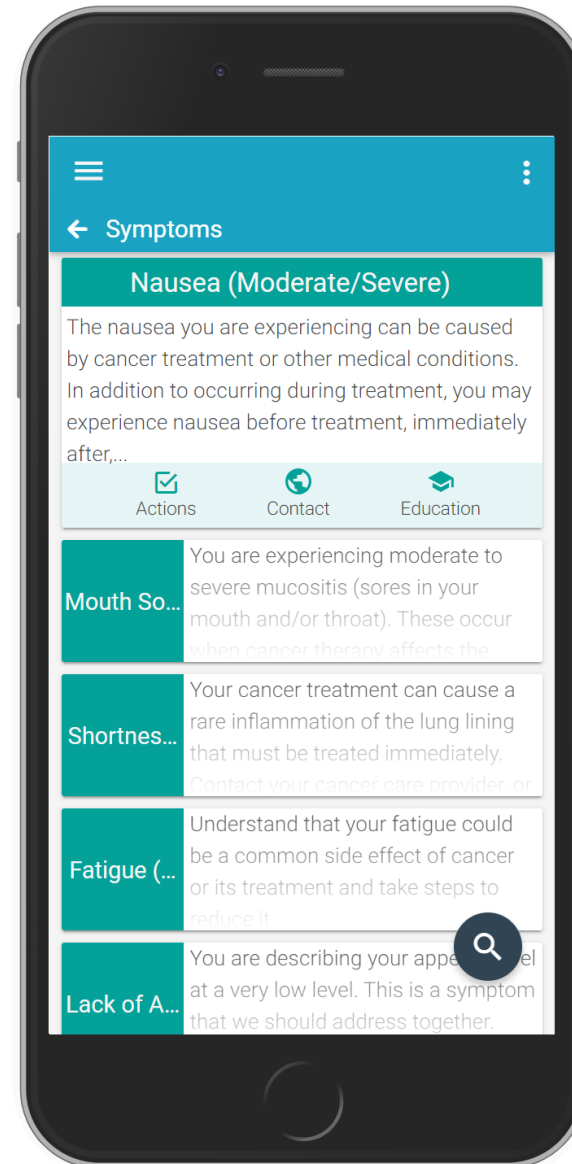
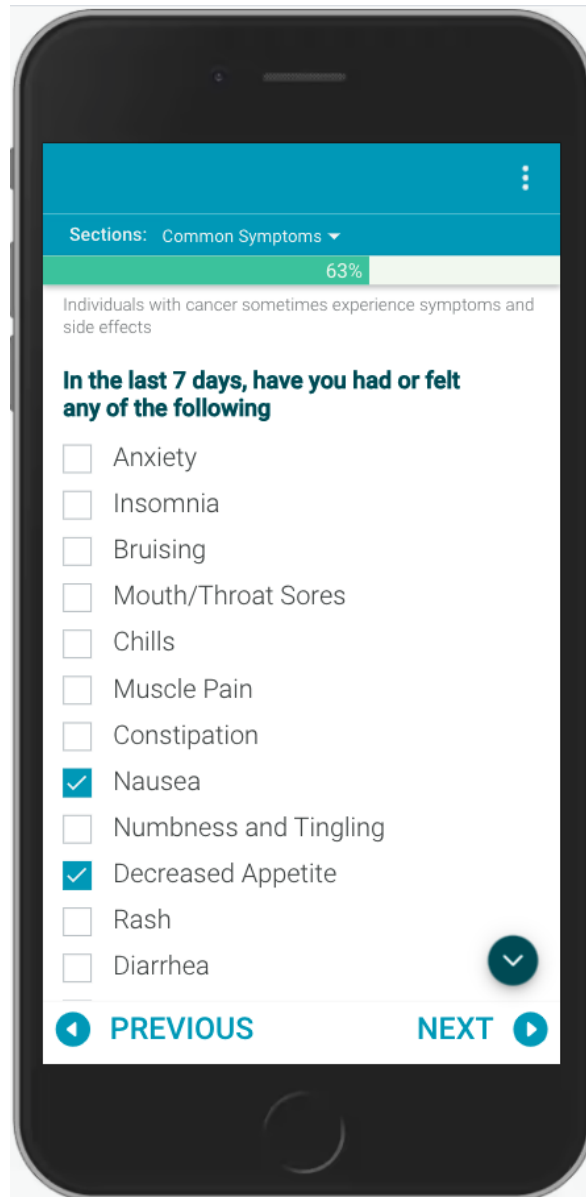
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Thank You

APPENDIX: Key Technical Functions for PROs in EHRs

- Administrative interface
 - *Registration form* to enroll patient to initiate PRO reporting
 - *Dashboard* showing patient/panel compliance with PRO reporting
- Clinician interface
 - *Alert notifications*: Inbasket receipt of notifications, with audit trail for clearing alerts
 - *Data visualization*: Ability to view longitudinal data in table and line graph formats
- Patient interface
 - *Automated e-prompts* reminding when to self-report (email, text, phone call)
 - Follow up e-prompt(s) if don't self-report in response to initial e-prompt
 - *PRO surveys* with easy access (this is a major pitfall of native EHR PRO systems)
 - *Alert notifications* triggered to clinicians for severe/worsening symptoms

Example: PRO Patient Interface Interfaced with EMR



Example: PRO patient Interface in Native EMR Functionality

Expanded Prostate Cancer Index Composite (EPIC-CP)

For an upcoming appointment with **Timothy M Zagar, MD** on 12/17/2019

* Indicates a required field.

* Overall, how much of a problem has your urinary function been for you during the last 4 weeks?

No problem Very small problem Small problem Moderate problem Big problem

* Which of the following best describes your urinary control during the last 4 weeks?

Total Control Occasional dribbling Frequent dribbling No urinary control

* How many pads or adult diapers per day have you been using for urinary leakage during the past 4 weeks?

None One pad per day Two pads per day Three or more pads

* How big a problem, if any, has urinary dripping or leakage been for you during the last 4 weeks?

No problem Very small problem Small problem Moderate problem Big problem

How big a problem, if any, has each of the following been for you during the last 4 weeks?
(Select one answer for each problem listed)

* Pain or burning with urination

No problem Very small problem Small problem Moderate problem Big problem

* Weak urine stream/incomplete bladder emptying

No problem Very small problem Small problem Moderate problem Big problem

* Need to urinate frequently

No problem Very small problem Small problem Moderate problem Big problem

CONTINUE **CANCEL**

Example: Clinician Visualization of PRO Data in EMR

KARP, LORI - 00012347 Opened by Smith MD, Carol

Task Edit View Patient Chart Links Notifications Navigation Help

Home Physician Worklist ePA Worklist Dynamic Worklist Referral Management HealthRegistries MyExperience Multi-Patient Task List Invitations eCoach Message Center Patient List Person Search Cerner Direct Referrals UpToDate Links Result: 0 Propo: 0 Messa: 0

Tear Off Exit Calculator AdHoc Temporary Location Communicate Patient Education Patient Pharmacy iAware Discern Reporting Portal Endorse Results [0]

KARP, LORI x

KARP, LORI
 Allergies: No Known Medication Allergies
 Care Team: Smith MD, Paul

DOB: 8/31/1955
 Dose Weight: 74.700 kg (12/06/2019)
 Loc: BW Med Onc Clin; BW Onc Waiting Room

Age: 66 years
 Isolation:
 CommonWell: Not Enabled

Sex: Female
 Resuscitation Status:
 HealthLife: Yes

FIN: 000303292
 Clinical Trials:
 Advance Dir:

Full screen Print 1 minutes ago

SMART App
 SMART App Validator
 Provider View
 Demographics
 PowerOrders + Add
 Diagnoses and Problems
 Histories
 Medication List + Add
 Notes
 Activities
 Documentation + Add
 Flowsheet

Cerner Welcome Carol

KARP, LORI 67 y/o, Female Enrolled Save Changes Create Care Plan Actions

ALERT

Goals and Decision Making
 Functional Status
 Symptoms
 Symptom Management
 Emotional and Practical
 Unplanned Care
 Quality of Life
 Cancer Risk
 Diagnosis

SYMPTOMS

EDMONTON SYMPTOM ASSESSMENT SCALE (ESAS) Last updated: 10/08/2021

SYMPTOM ASSESSMENT USING COMMON TERMINOLOGY CRITERIA, DERIVED FROM THE PRO-CTCAE Last updated: 10/26/2021

Showing 10 data points More Less

SYMPTOMS	PRESENT	FREQUENCY	SEVERITY	INTERFERENCE
Anxiety	Yes	↑ Occasionally	↗ Mild	↗ A little Bit
Bruising	No			
Chills	No	↔ Never	↔ None	
Constipation	No		↓ None	
Decreased Appetite	No		↘ None	↔ Not at All
Diarrhea	Frequency			
Fatigue	No		↔ None	↔ Not at All
Fever (100.5 F or higher)	No			
General Pain	No	↔ Never	↔ None	↔ Not at All
Insomnia	No		↔ None	↔ Not at All
Mouth/Throat Sores	Yes		↑ Moderate	↔ Not at All
Muscle Pain	No	↔ Never	↔ None	↔ Not at All

Very Severe Almost Constantly
 Severe Frequently
 Moderate Occasionally
 Mild Rarely
 None Never

Very Much
 Quite a Bit
 Somewhat
 A little Bit
 Not at All

10/1/2021 10/6/2021 10/6/2021 10/7/2021 10/8/2021 10/18/2021 10/20/2021 10/23/2021 10/26/2021

S1810 PWCV October 26, 2021 12:41 PM CDT

Example: Clinician Visualization of PRO Data in EMR

Oncology GU Oncology Lab View Adult Onc View » 6 Months 06/21/19 - 12/18/19

Days 12/17/2019 > Most Recent Value
All 6/21/2019 - 12/18/2019

⌄ Patient Spotlight +
No data to display.

⌄ Bladder Cancer Index (BCI)

<input type="checkbox"/> Urinary Summary	55.66 !!	55.66 !!	12/17/2019
<input type="checkbox"/> Urinary Function	67 (A)	67 (A)	12/17/2019
<input type="checkbox"/> Urinary Bother	50 !!	50 !!	12/17/2019
<input type="checkbox"/> Bowel Summary	56.7 !!	56.7 !!	12/17/2019
<input type="checkbox"/> Bowel Function	60.5 (A)	60.5 (A)	12/17/2019
<input type="checkbox"/> Bowel Bother	54.16 !!	54.16 !!	12/17/2019
<input type="checkbox"/> Sexual Summary	53.5	53.5	12/17/2019
<input type="checkbox"/> Sexual Function	56	56	12/17/2019
<input type="checkbox"/> Sexual Bother	50	50	12/17/2019

⌄ Expanded Prostate Cancer Index Composite (EPIC-CP)

<input type="checkbox"/> Urinary incontinence domain score	6 !!	6 !!	12/17/2019
<input type="checkbox"/> Urinary irritative/obstructive ...	6 !!	6 !!	12/17/2019
<input type="checkbox"/> Bowel domain score	4 !!	4 !!	12/17/2019
<input type="checkbox"/> Sexual domain score	4	4	12/17/2019
<input type="checkbox"/> Hormonal domain score	6 !!	6 !!	12/17/2019
<input type="checkbox"/> Overall prostate cancer QOL score	26 (A)	26 (A)	12/17/2019

⌄ Vitals

<input type="checkbox"/> Weight	75 kg (165 lb 5.5 oz)	75 kg (165 lb 5.5 oz)	12/17/2019
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⌄ Lower Urinary Tract Symptom Medicatinos

<input type="checkbox"/> Oxybutynin	10 mg Daily ↕ >
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⌄ Erectile Dysfunction Medications

<input type="checkbox"/> Tadalafil	10 mg Daily PRN >
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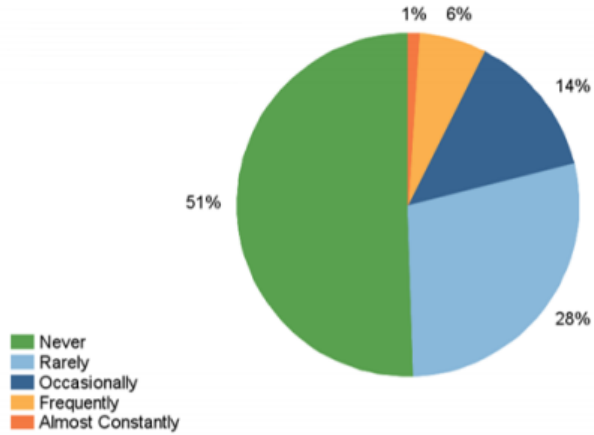


Project Patient Voice

Drug	Indication	Trial Name	Study Design	Blinding Status	Number of patients	Number of PRO patients (with baseline)	PRO Tools Used to Measure Side-effect	FDA Label
Cancer Drug	Patients with Advanced/ Metastatic Cancer	Trial A	Randomized	Double Blind	100	100	PRO-CTCAE	Here

Limitations: Project Patient Voice is intended as one of many tools for patients to use when discussing a drug with their physician. Do not rely on PatientVoice alone to make decisions about medical care. Do not use Patient Voice to substitute for advice from your health care professional. Conclusions about patient experiences with side-effects may be limited because the complete drug side-effect profile may not have been captured by the patient-reported survey.

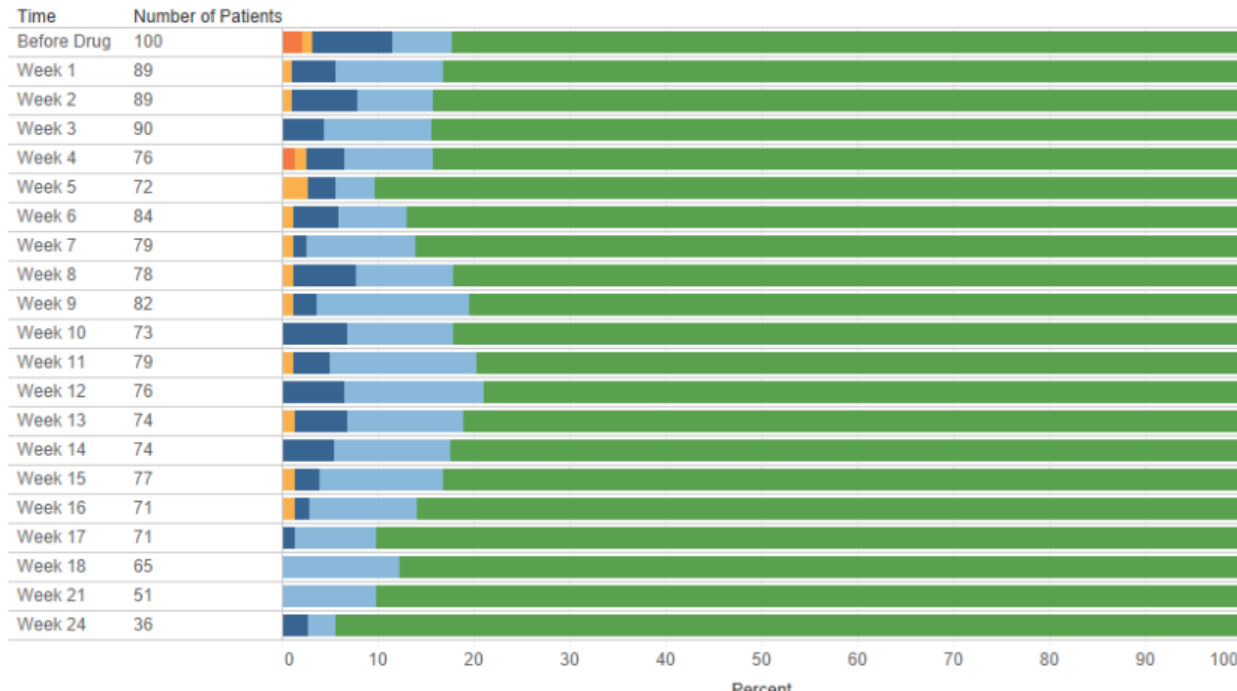
Worst Nausea Score While on Therapy



Worst Nausea Score: This was calculated by finding the worst severity rating score a patient reported any time while the patient was taking the drug

Summary of patient-reported nausea across 6 months of therapy

Question: "In the last 7 days, how often did you have nausea?"



Example: PRO-CTCAE Anorexia

