

# Emulating randomized clinical trials with non-randomized real-world evidence studies



Results from the RCT DUPLICATE\* initiative

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\*Randomized Controlled Trials Duplicated Using Prospective Longitudinal Insurance Claims: Applying Techniques of Epidemiology

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#### Disclosures Dr. Schneeweiss

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#### Harvard study team:

Faculty: Drs. Schneeweiss, Franklin, Wang, Glynn, Patorno, Desai, Choudhry, Huybrechts, Fischer, Feldman, Gagne, Bykov

Research Staff: Dr. Pawar, Besette, Lee, Gautham, Chin, Dr. D'Andrea, Dr. Gopalakrishna, Jawaid, Jin, Lee, Dr. Mahesri, Sears, Tesfaye, Umarje, York, Zabotka, Zakoul

Aetion team: Drs. Garry, Rassen, and Isaman, Gibbs, Gilpin

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#### Expert advisor panel:\*

Drs. Steve Goodman, Stanford; Miguel Hernan, Harvard; Wayne Ray, Vanderbilt; Samy Suissa, McGill; Alan Brookhart, Duke

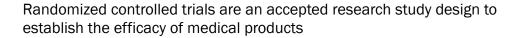
\*While we are most grateful for the advice we received, the authors are solely responsible for the presented work

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### Real-World Evidence (RWE) studies







RWE is based on data produced by the routine operation of the healthcare system

It is thought to <u>complement and expand</u> the evidence generated by RCTs and often expands the line of inquiry into

- Different populations
- Different treatment patterns
- · Different endpoints
- Different comparators

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#### Can RWE studies estimate causal treatment effects?



We wish to calibrate RWE findings against the true causal treatment effect



-> Can we ever know the true treatment effect in a given population?

If not, what is the next best thing?

- Relying on expert opinion no!
- Statistical simulation studies no!
- Comparisons against RCT findings:

Based on the assumption that a well-planned and well executed RCT is accepted as having a causal interpretation – possibly?

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### Why is this so important?



If RWE cannot estimate causal treatment effects, what is the point of doing RWE?



#### What some RWE proponents say:

"RWE studies answer different questions than RCTs and therefore you should never expect the same findings," "you should not compare; it may backfire"

Translates to: "We can never test the validity of RWE because we don't have an agreeable gold standard to test against"

So where does that leave us? With the conclusion that, for RWE, there is no real upside to the RCT replication endeavor—only downside.

David Thompson, Value Health 2021

Karl Popper noted that if a hypothesis evades testability it is not a viable hypothesis.

#### What some RCT proponents say:

"RWE studies have never been able to convincingly demonstrate that they have causal conclusions like RCTs have"

Translates to: "The bar is set high and we are open to listen but doubt that RWE will ever be trusted"

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### What we don't mean:





We don't want to imply that all RWE studies need to calibrate against an RCT – that would defeat the purpose of RWE as it is meant to complement RCT evidence

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### Variability in RCT-to-RCT and in RWE-to-RWE comparisons



RANDOMIZED, CONTROLLED TRIALS, OBSERVATIONAL STUDIES, AND THE HIERARCHY OF RESEARCH DESIGNS

JOHN CONCATO, M.D., M.P.H., NIRAV SHAH, M.D., M.P.H., AND RALPH I. HORWITZ, M.D.



Bacille Calmette–Guérin vaccine and tuberculosis

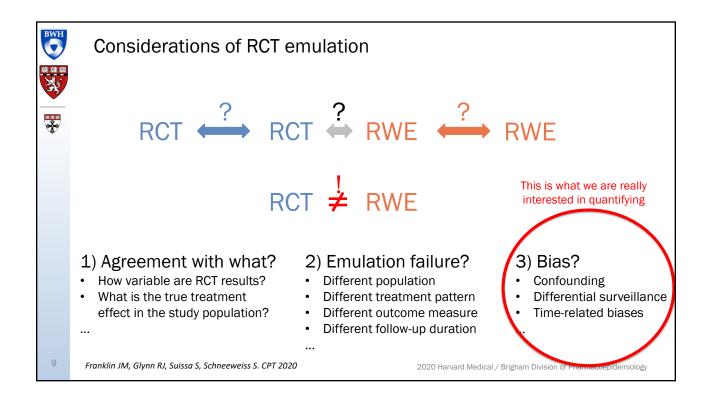
Mammography and mortality from breast cancer

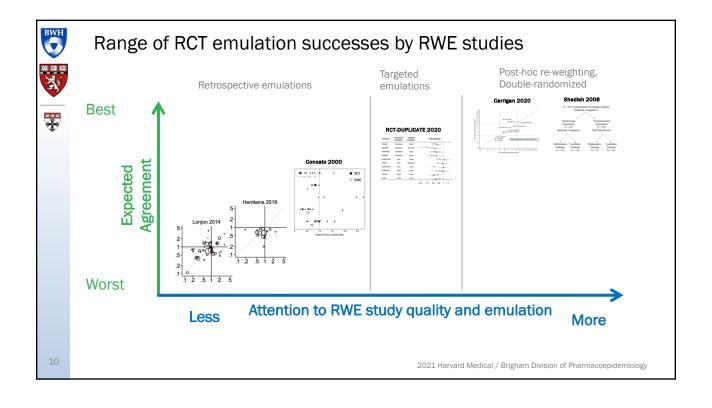
Cholesterol levels and death due to trauma

Treatment of hypertension and stroke

Treatment of hypertension and coronary heart disease

Relative Risk or Odds Ratio







## **RCT-DUPLICATE** objectives



Aimed to understand and improve the validity of RWE studies for regulatory decision making

Clinical Pharmacology 2020 Apr;107(4):817-826 & Therapeutics

Nonrandomized Real-World Evidence to Support Regulatory Decision Making: Process for a Randomized Trial Replication Project

Jessica M. Franklin <sup>1,4</sup> , Ajinkya Pawar , David Martin<sup>2</sup>, Robert J. Glynn , Mark Levenson , Robert Temple and Sebastian Schneeweiss , David Martin , Robert Temple , and Sebastian Schneeweiss , David Martin , Robert J. Glynn , Mark Levenson , Robert Temple , and Sebastian Schneeweise , David Martin , Robert J. Glynn , Mark Levenson , Robert J. Glynn , Robert J. Glynn , Mark Levenson , Robert J. Glynn , Robert ,



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Replicate **30 RCTs** and predict **7 RCTs** considered by FDA

Learnings:

Had we replaced an RCT with a single RWE study would we have come to the same decision? 2

Test a **process** with FDA to conduct and submit RWE studies

Learnings:

Can we successfully enable transparent and reproducible RWE and enable regulators to re-analyze data? 3

Factors that predict replication success, causal estimates

Learnings:

Identify factors that predictably increase validity of RWE studies.

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Franklin, Pawar, Martin, Glynn, Levenson, Temple, Schneeweiss. CPT 2020



#### Data sources



U.S. longitudinal claims data



- Enrollment and disenrollment dates
- Patient-level information on visits, hospitalizations, pharmacy fills, death
- Including service date, diagnoses, procedures, and drug ingredients
- Optum Clinformatics: Commercial, incl. Medicare Advantage
- IBM MarketScan: Commercial, incl. Medicare Advantage
- · Medicare FFS: Beneficiaries 65 years and older

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### RCT selection strategy: Breadth



- 1. Mix of regulatory submissions:
  - 1. Primary approvals
  - 2. Supplemental approvals
  - 3. Negative trials
  - 4. FDA special interest
- 2. Mix of therapeutic areas
- 3. Mix of comparator: Placebo, active
- 4. Mix of hypothesis testing intention: Superiority, non-inferiority

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### RCT selection strategy: Data fit-for-purpose



5. Outcome observable?



- 6. Treatment observable?
- 7. Key inclusion criteria observable?
- 8. Key exclusion criteria observable?
- 9. Key pre-exposure outcome predictors observable?

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### RWE study design and analysis strategy



- Emulate the target trial -> new-user active-comparator cohort study
- 2. Emulate inclusion/exclusion criteria as best as possible given the data
- 3. Adjustment for baseline imbalances using 1:1 propensity score matching on >100 pre-exposure covariates
- 4. Validated outcome definitions when available w/ focus on highly specific definitions
- 5. We wanted to emulate an RCT ITT analysis with perfect compliance (>90%); in light of suboptimal real-world adherence we used an on-treatment analysis
- 6. One single pre-defined analysis
- 7. A single investigator team plus clinical and methodological advisors
- 8. Few sensitivity analyses if any for this iteration

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#### Process and feasibility







- · Treatment arms
- Population and exclusions
- RWE Emulation Study Design
- Feasibility: power
- Feasibility: baseline balance

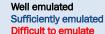
#### PARADIGM-HF (Phase 3)

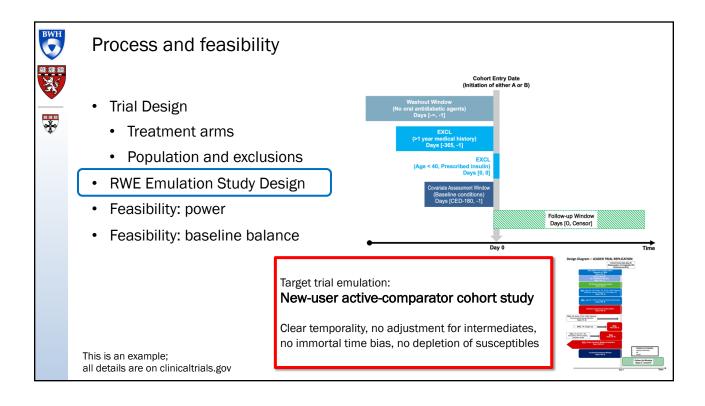
#### Inclusion

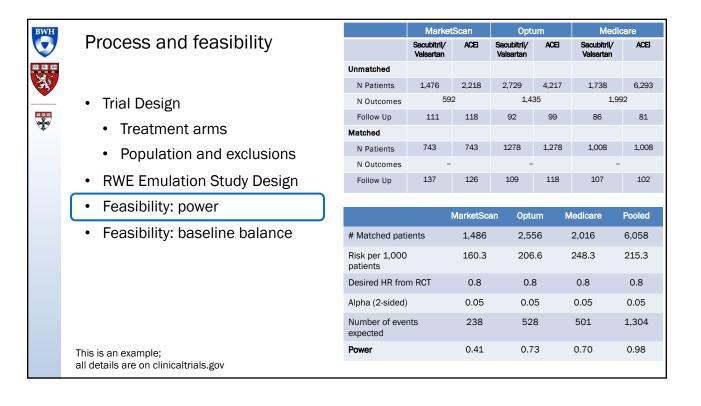
Age>=18, HFrEF, HF hospitalization within 12 months Stable on ACEis/ARBs and beta-blocker therapies

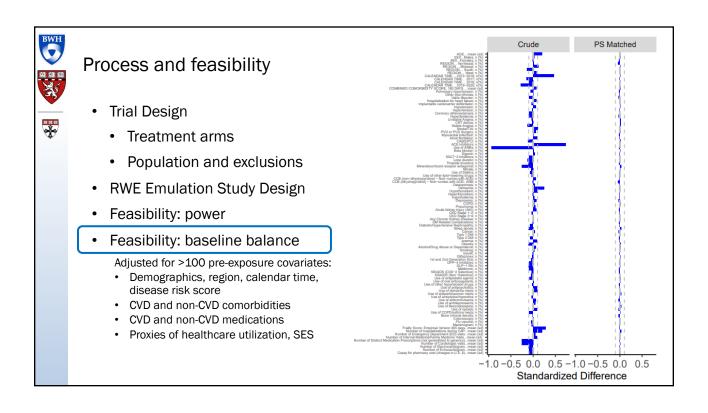
- Allergy, intolerance, and contraindication to any of the study drugs
- History of angioedema
- Treatment with both ACEis AND ARBs
- Acute decompensated HF
- Symptomatic hypotension
- Low eGFR/renal dysfunction
- Hyperkalemia
- ACS, Stroke, TIA, CABG, PCI, Other CV Procedures, Carotid Angioplasty within 3 months
- Coronary/carotid artery disease or PCI within 6 mo. after visit 1
- CRT device within 3 months prior to visit 1 or intent to implant
- History of heart transplant, on transplant list, or with LVAD
- History of severe pulmonary disease
- Peripartum- or chemotherapy- induced cardiomyopathy
- Untreated ventricular arrhythmia with syncopal episodes
- Symptomatic bradycardia or 2nd & 3rd degree AV block
- Hemodynamically significant mitral and/or aortic valve disease
- Active IBD, Duodenal/gastric ulcers
- Hepatic disease
- Cholestyramine or colestipol resins
- Presence of any disease with a life expectancy of <5 years
- Ivabradine use

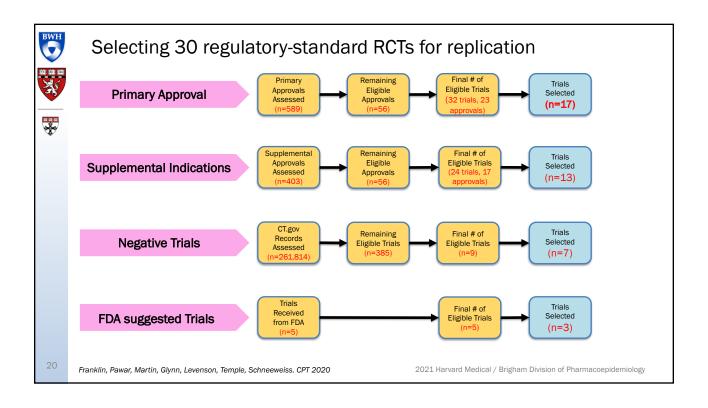


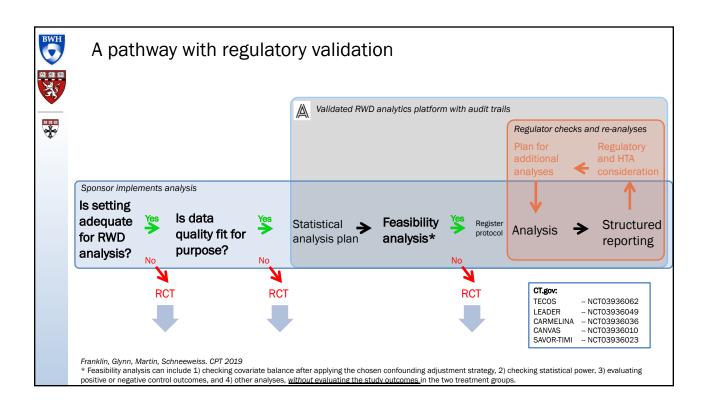


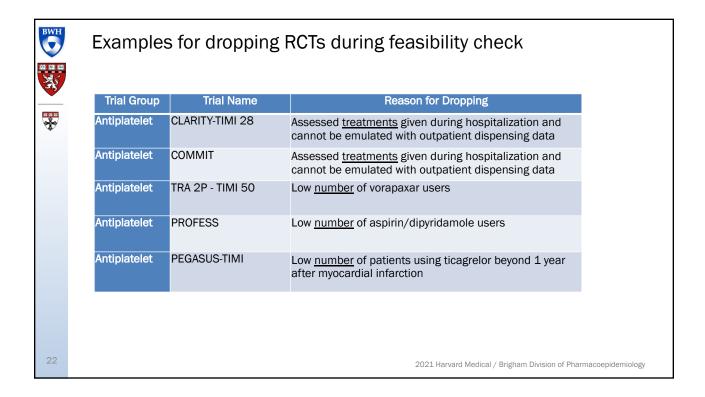


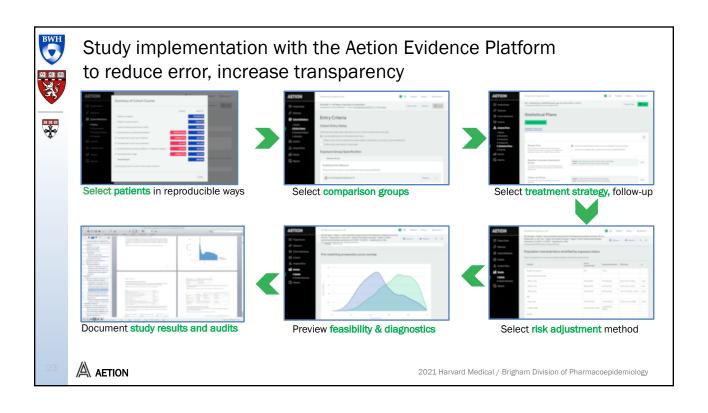


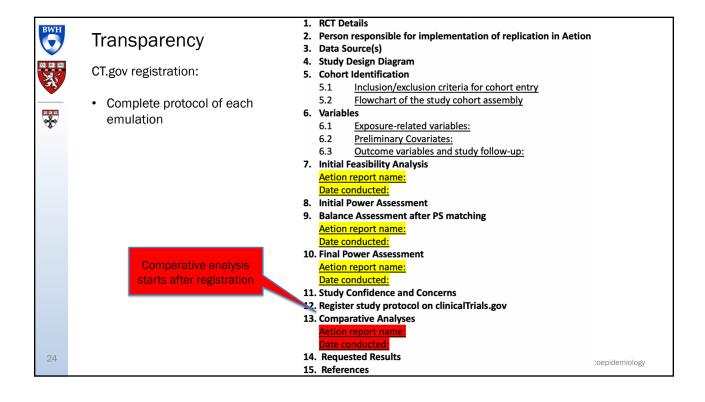


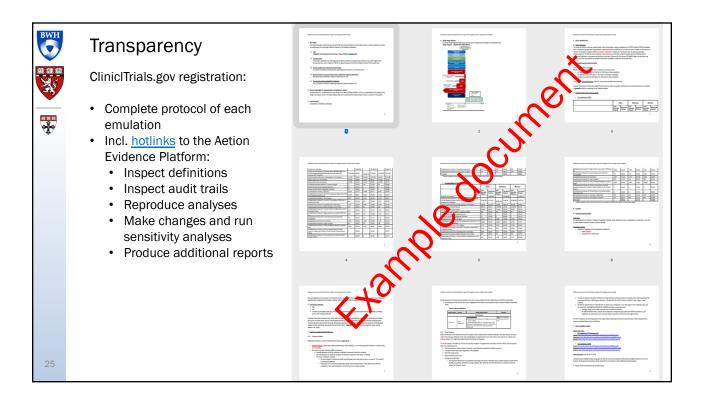


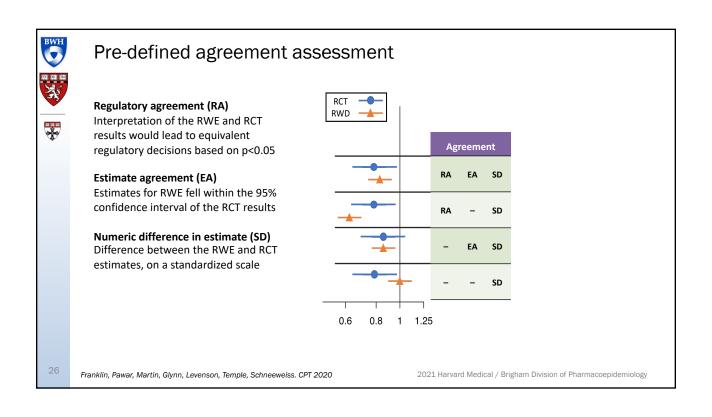


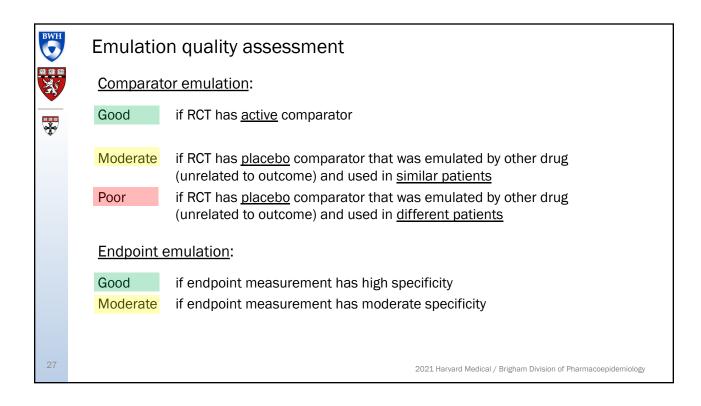


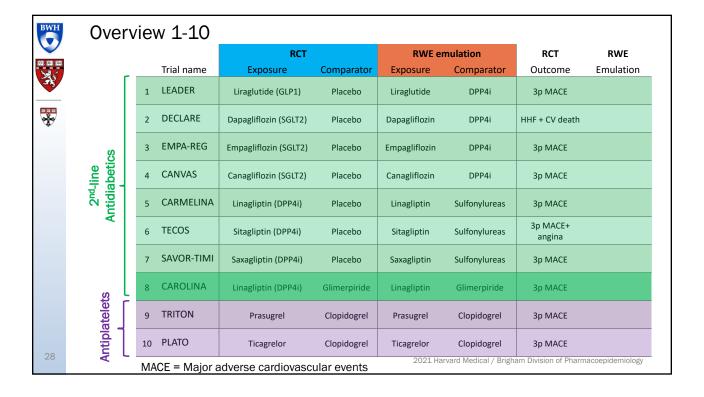


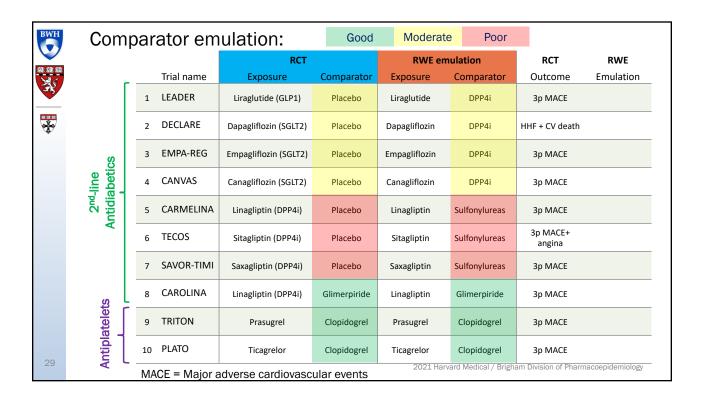


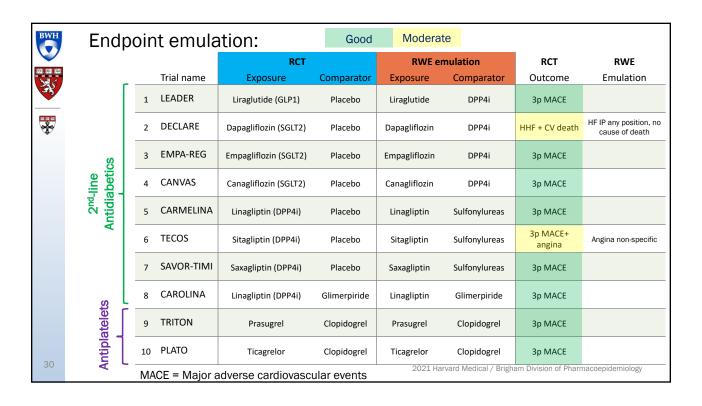




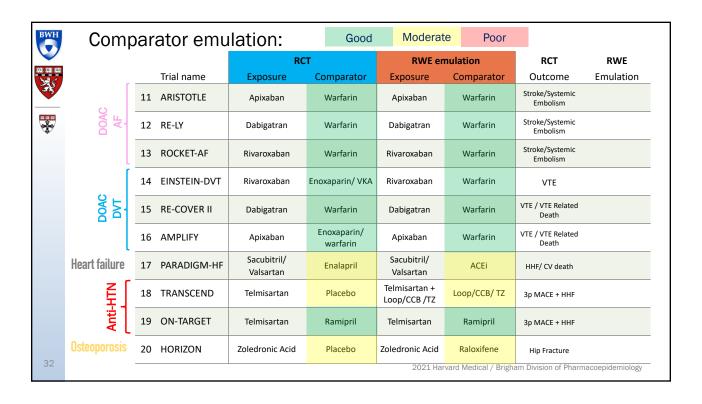


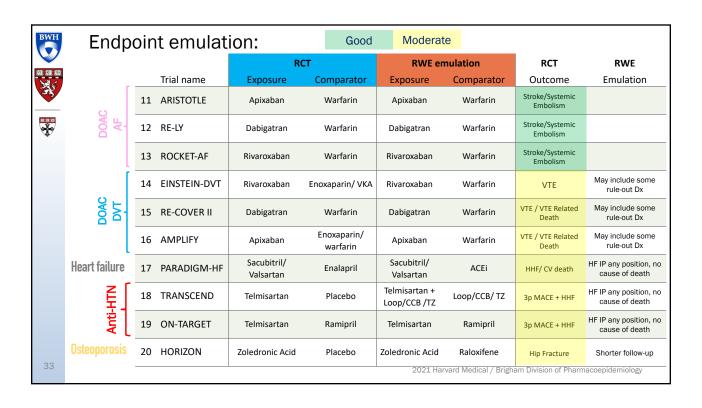


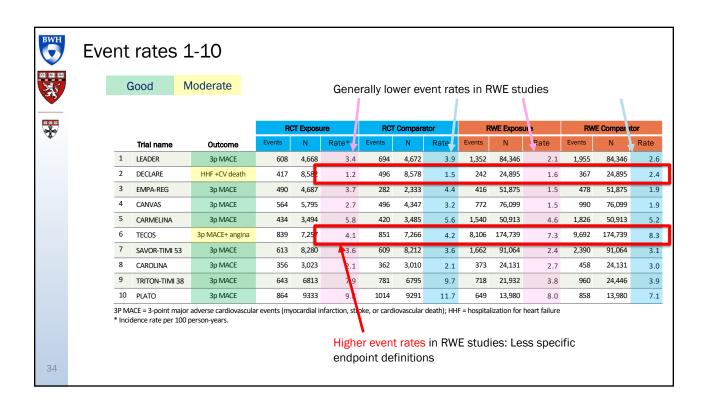


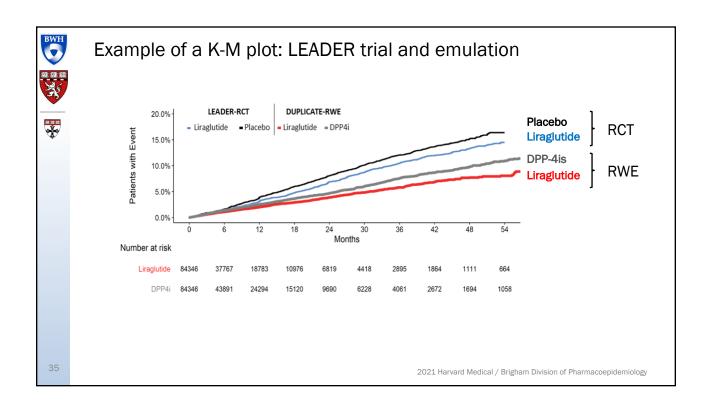


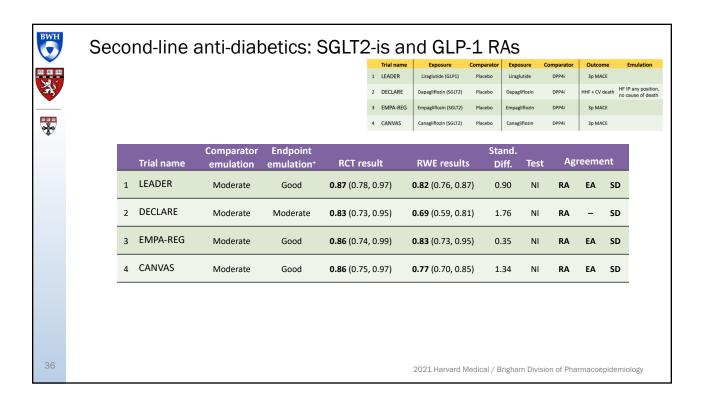
_				RCT		RWE emulation		RCT	RWE
			Trial name	Exposure	Comparator	Exposure	Comparator	Outcome	Emulation
33	0	11	ARISTOTLE	Apixaban	Warfarin	Apixaban	Warfarin	Stroke/Systemic Embolism	
	DOAC	12	RE-LY	Dabigatran	Warfarin	Dabigatran	Warfarin	Stroke/Systemic Embolism	
		13	ROCKET-AF	Rivaroxaban	Warfarin	Rivaroxaban	Warfarin	Stroke/Systemic Embolism	
	DOAC	14	EINSTEIN-DVT	Rivaroxaban	Enoxaparin/ VKA	Rivaroxaban	Warfarin	VTE	
		15	RE-COVER II	Dabigatran	Warfarin	Dabigatran	Warfarin	VTE / VTE Related Death	
		16	AMPLIFY	Apixaban	Enoxaparin/ warfarin	Apixaban	Warfarin	VTE / VTE Related Death	
	Heart failure	17	PARADIGM-HF	Sacubitril/ Valsartan	Enalapril	Sacubitril/ Valsartan	ACEi	HHF/ Mortality	
	Anti-HTN	18	TRANSCEND	Telmisartan	Placebo	Telmisartan + Loop/CCB /TZ	Loop/CCB/ TZ	3p MACE + HHF	
		19	ON-TARGET	Telmisartan	Ramipril	Telmisartan	Ramipril	3p MACE + HHF	
	Osteoporosis	20	HORIZON	Zoledronic Acid	Placebo	Zoledronic Acid	Raloxifene	Hip Fracture	

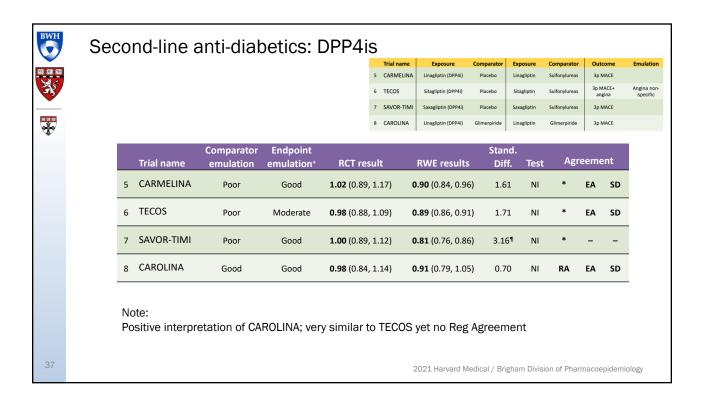


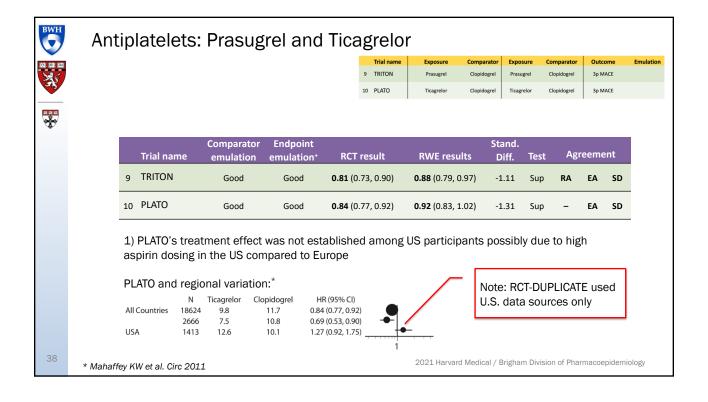


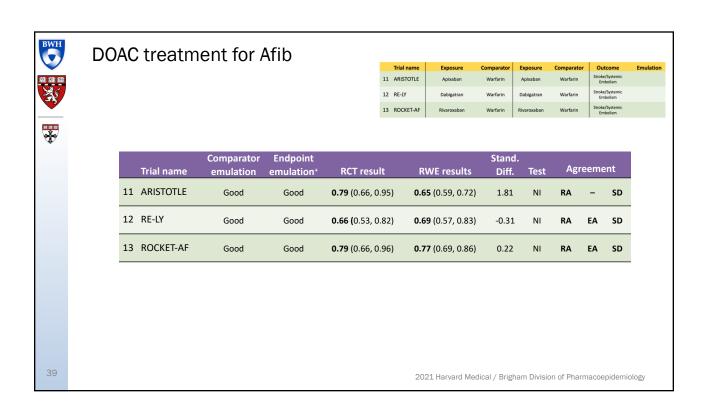


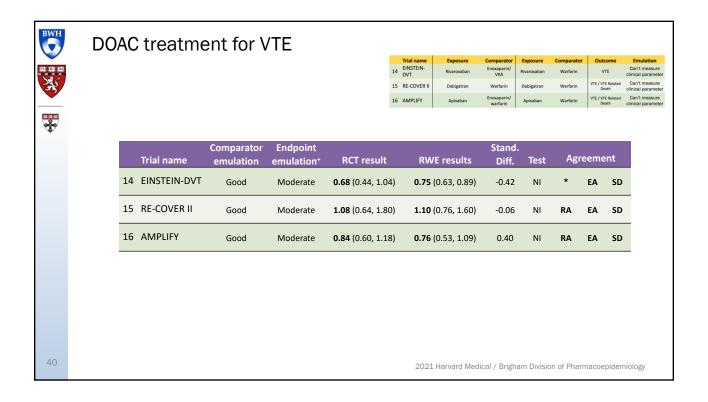


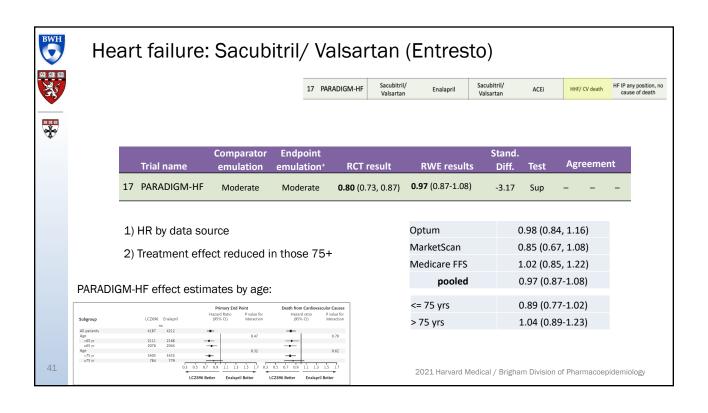


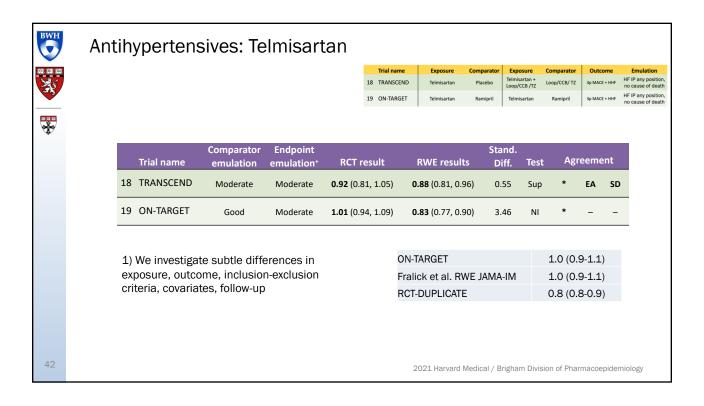


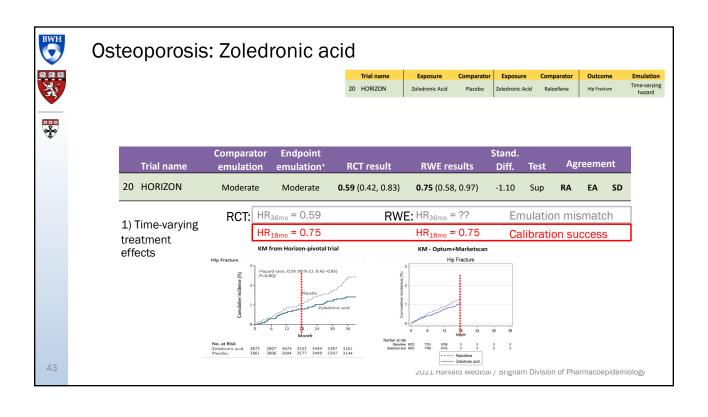


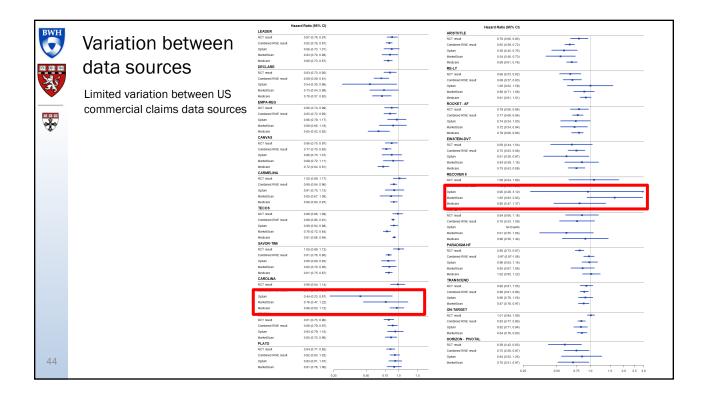














#### Conclusion





- · With data that are fit-for-purpose and proper design and analysis, non-randomized real-world evidence studies usually come to the same conclusion about a drug's treatment effect as randomized trials
- These initial findings of the RCT-DUPLICATE program indicate circumstances when RWE may offer causal insights in situations where RCT data is either not available or cannot be quickly or feasibly generated.

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## Some learnings





• One wouldn't likely take only the primary result of a single RCT in isolation

· We need to take into account the uncertainty inherent in any single RCT

- · It is important to have planned sensitivity analyses to help interpret findings as a whole
- · A single binary success metric will not do justice
- In any emulation, despite best efforts, there will remain differences in population, measurement, and drug use:
  - For our emulation success most critical seemed:
    - Population, comparator, and outcome emulation
    - · Data fit-for-purpose and study design choices are most important considerations
  - · We remain concerned about 3 emulations with an opportunity for more learnings:
    - PARADIGM-HF: some emulation differences, effect modification,
    - ON-TARGET: ??? (we are investigating multiple issues)
    - SAVOR-TIMI: Residual confounding by correlates of soc-econ factors?



# Calibrating our RWE tool kit

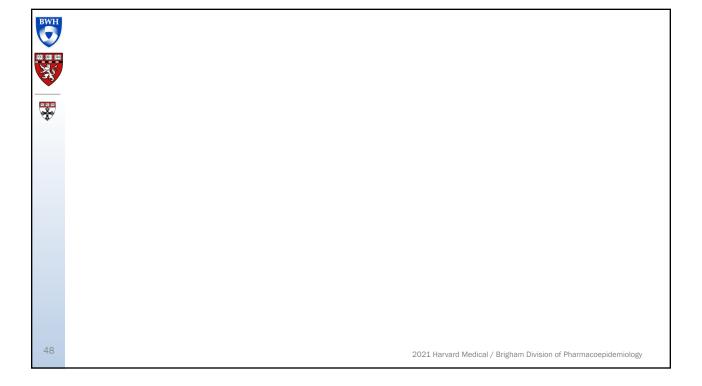




- Repository of well-documented studies that illustrate the agreement between RCTs and RWE, in specific situations when the RWE study is explicitly designed to answer the same question as the RCT.
- May serve as reference points to assess validity in RWE:
  - · By therapeutic area
  - By data source
  - By type of comparator
  - By type of outcome
  - Further categorization:
    - Population
    - Follow-up
- · A repository of case studies would
  - Increase predictability of future RWE studies
  - Increase the use of common methodological approaches emulating target trials
  - Point out areas that are currently difficult to address with RWE and highlight the need to improve data sources

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#### Tracer outcomes to calibrate methodology performance Expected Exposure Comparator Observed HR Tracer outcome LEADER 10.5 Severe hypoglycemia < 1 7.8 0.73 (0.65-0.81) √ = successfully in Diabetic ketoacidosis negative/positive **DECLARE** 2.0 1.4 > 1 1.36 (0.78-2.37) tracer outcome test EMPA-REG HF hospitalization < 1 26 7.7 0.35 (0.27-0.46) > 1 2.9 2.3 1.25 (0.89-1.76) Diabetic ketoacidosis Antidiabetics CANVAS HF hospitalization < 1 28 78 0.36 (0.30-0.44) Diabetic ketoacidosis > 1 2.6 1.5 1.70 (1.29-2.25) CARMELINA **ESRD** 1.04 (0.81-1.33) ~ 1 3.2 3.2 TECOS 12.3 30.8 0.40 (0.38-0.43) Sever hypoglycemia < 1 SAVOR-TIMI 0.37 (0.33-0.41) Severe hypoglycemia 5.9 16.3 < 1 CAROLINA Severe hypoglycemia < 1 6.0 16.0 0.42 (0.32-0.56) **ESRD** 1.08 (0.66-1.79) 3.0 32 ~ 1 Antiplatelets TRITON 20.2 1.17 (1.01-1.34) Major bleeding > 1 16.0 11.5 12.3 0.83 (0.73-0.95) Pneumonia hosp. ~ 1 PLATO 1.16 (0.98-1.39) Major bleeding ~ 1 29.4 23.0 1.01 (0.84-1.22) Pneumonia hosp. ~ 1 23.4 22.0 \*An expected hazard ratio (HR) of $\sim$ 1 indicates an approximately null effect. # IR = incidence rate per 1000 person-years 2021 Harvard Medical / Brigham Division of Pharmacoepidemiology



