

Insights from PMC Leadership: Driving Better Pain Care for Veterans

The Pain Management Collaboratory (PMC)

Closing the Gap between Science and Clinical Practice for Pain Management

The Pain Management Collaboratory is comprised of 16 large-scale, multisite, [pragmatic clinical trials](#) that are studying nonpharmacological approaches for the management of pain and common co-occurring conditions in Military and Veterans healthcare systems and are supported by a central Coordinating Center (PMC³).

The lead funding organizations of the PMC and PMC³ include the [National Institutes of Health \(NIH\)](#) (led by the [National Center for Complementary and Integrative Health \(NCCIH\)](#), plus 7 additional offices) the [Department of Defense \(DOD\)](#), and the [Department of Veterans Affairs \(VA\)](#).

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About the Collaboratory

- The Pain Management Collaboratory comprises **17** large-scale, multisite, [pragmatic clinical trials](#) (PCTs) studying **nonpharmacological approaches** for the management of pain and common co-occurring conditions in **military and veteran healthcare systems**.
- The central Coordinating Center (PMC³)
 - Provides technical expertise in design and execution of PCTs
 - Disseminates data, tools, and best practices and facilitates research partnerships in VA and DoD health systems.
 - The PMC Patient Resource Group facilitates patient engagement
- The lead funding organizations include:
 - [National Institutes of Health \(NIH\)](#) (led by the [National Center for Complementary and Integrative Health \(NCCIH\)](#), plus 7 additional offices)
 - [Department of Defense \(DoD\)](#)
 - [Department of Veterans Affairs \(VA\)](#).

Demonstration Project Interventions

- The PMC trials offer pain treatments to Veterans and military service members nationwide.
- Nonpharmacologic interventions and integrated care approaches include but are not limited to:



-  **Mindfulness**
-  **Motivational Interviewing**
-  **Chiropractic Care**
-  **Care Management Pathways**
-  **Health and Wellness Coaching**
-  **Psychological Treatments**
-  **Physical Therapy**

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