



## Pragmatic Implementation Trials: Generating the Right Evidence to Support Decisionmakers

Amy M. Kilbourne, PhD, MPH

Director, Quality Enhancement Research Initiative U.S. Department of Veterans Affairs Professor of Learning Health Sciences University of Michigan



# Overcoming Barriers to Getting the Right Evidence to Decisionmakers

#### Research <u>timelines</u> vs. community needs

- First submission to publication ~6 years at least
- Decisions are made without waiting for research

#### Mismatched <u>priorities</u> and incentives

- Leaders want specific and timely answers
- Lack of incentives for community engagement

#### Lack of planning for future scale-up of interventions

- What is the value proposition? Will providers adopt?
- Avoiding "helicopter research"







Ref: David Atkins, MD, MPH





## Example: Multisite Implementation Trial of Evidence-based Brief Care Management for Veterans with SMI (Re-Engage)

2011: VHA leadership endorses national policy to implement Re-Engage to

identify, coordinate care for at-risk Veterans with serious mental illness

2011: VHA Office of Mental Health (OMH) endorses national pragmatic trial to

inform optimal change strategy to enhance provider uptake of Re-Engage





Jeff Burk, PhD, Dave Carroll, PhD, national sponsors

VHA national network of Mental Health Recovery Coordinators

5-site pilot launch led by practitioners funded by OMH

2012-13 VA Research-funded 158-site national implementation study showing facilitation strategy improved Re-Engage uptake vs. training/monitoring

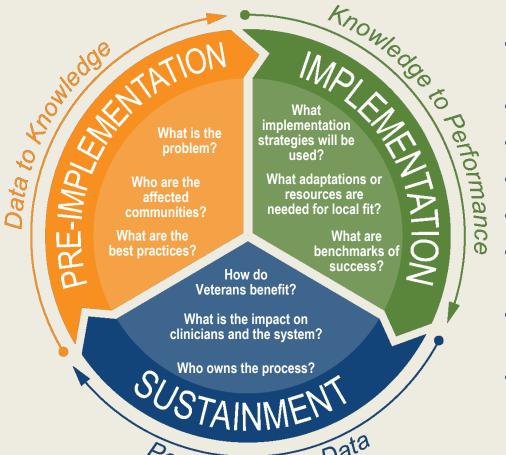
2013 - Re-Engage program added to national VHA performance measure VHA OMH provides ongoing Re-Engage facilitation

Funding: VHA SDR 11-232; Refs: Kilbourne et al. 2013 (Imp Sci), 2014 (Psychiatr Serv), 2015 (APMH)





### Tools of the Trade: QUERI Roadmap



- Learning community to identify mutual problem of interest
- Involve frontline providers, managers
- Cultivate sites, data governance
- Broadly identify effective practices
- Anticipate barriers → change strategies
- Adaptive designs that pre-specify "stepped-up" change strategies
- Ascertain (EHR-based) primary <u>and</u> intermediate outcomes (CONSORT)
- Develop sustainment plan for endusers to replicate

Kilbourne et al 2019, Goodrich et al 2020; Giese et al 2018, Friedman 2022



