

# UG<sub>3</sub> EMBED

Pragmatic trial of user-centered clinical decision support to implement  
Emergency department-initiated BuprenorphinE for opioid use  
Disorder

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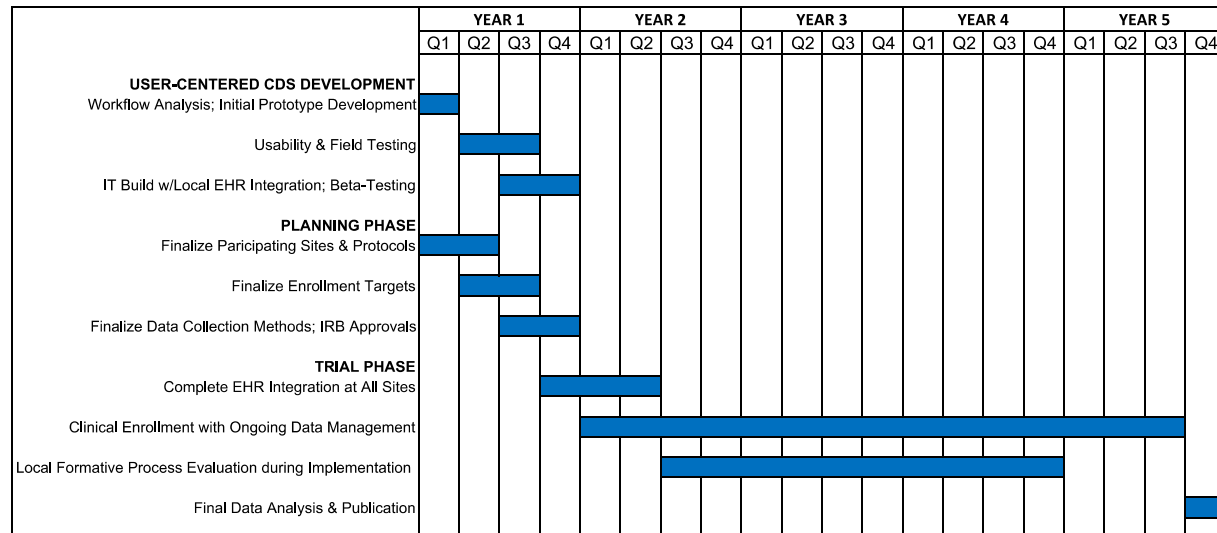
Discussion from New UG<sub>3</sub> for NIH Collaboratory Steering Committee Meeting  
May 14, 2018, Bethesda, MD



# Overview

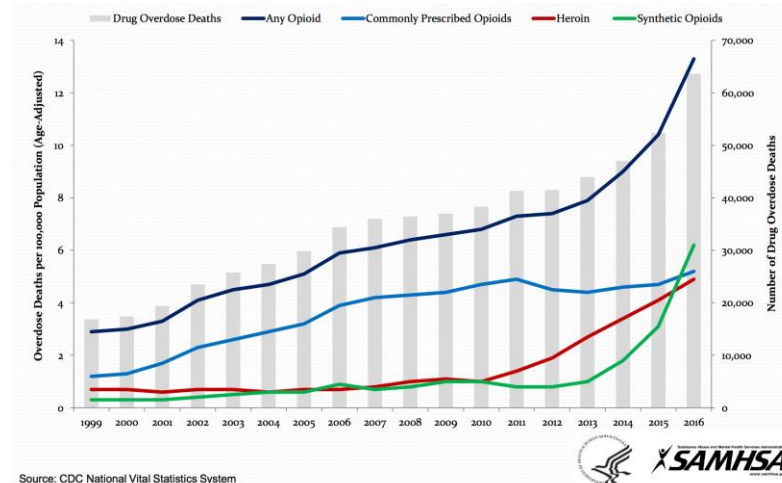
- Multicenter (across 3 healthcare systems), pragmatic, stepped wedge implementation trial to evaluate the effect of user-centered clinical decision support (CDS) for ED patients with opioid use disorder (OUD) upon rates of ED-initiated buprenorphine (BUP) and referral for ongoing medication for addiction treatment (MAT) in two phases:
  - UG3 planning phase (Year 1, pre-trial)
  - UH3 implementation phase (Years 2-5, trial)

- Background
- Aims
- Barriers
- User-centered design
- Data Sharing



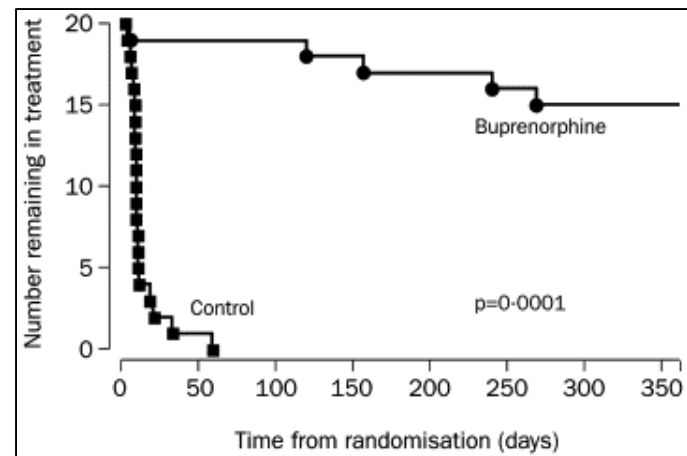
# Background: OUD

- Opioid use disorder (OUD): Dependence on prescription opioids and heroin
- Major public health problem: 3 million Americans have or have had OUD
- Less than 1 in 5 in treatment
- Devastating toll on Americans, their families, and their communities
- Deaths quintupled since 1999 (42,000 in 2016)



# Background: MAT

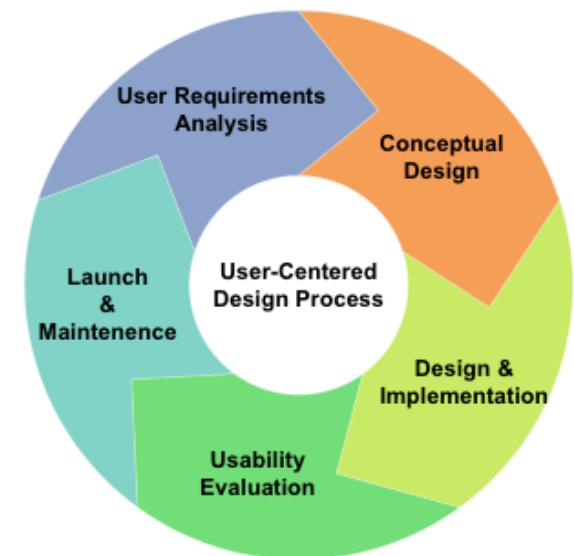
- Medication for addiction treatment (MAT): effective in primary care
- Buprenorphine/naloxone (BUP), partial opioid agonist combined with an antagonist
  - Treatment for OUD that decreases withdrawal, craving, and opioid use
  - DATA 2000 Restrictions to prescribing
- Emergency department (ED)
  - may be only access to care for many opioid users (420,000 visits in 2011)
  - often at vulnerable time: overdose, withdrawal, seeking treatment, comorbid conditions
  - ED-initiated BUP with referral to MAT doubles rate of engagement in addiction treatment
  - Paradigm shift to chronic, relapsing condition



Kakko. Lancet 2003.

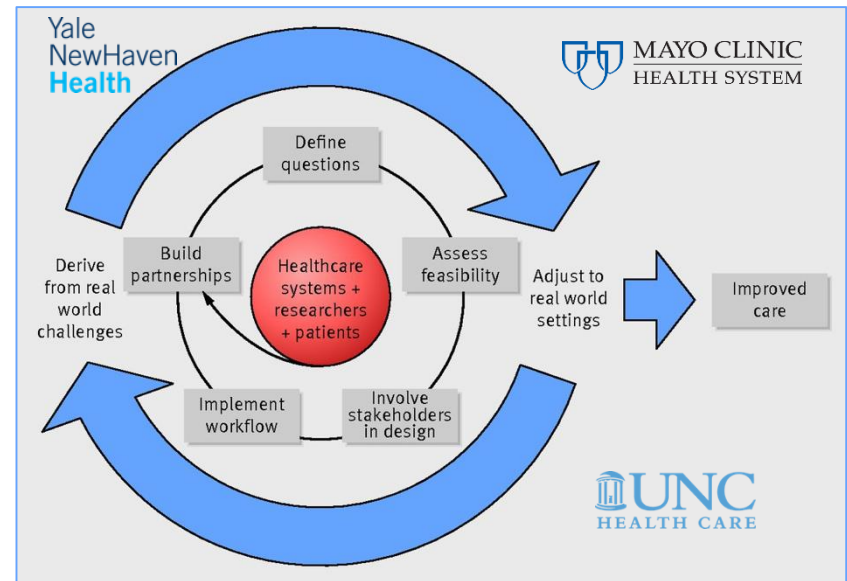
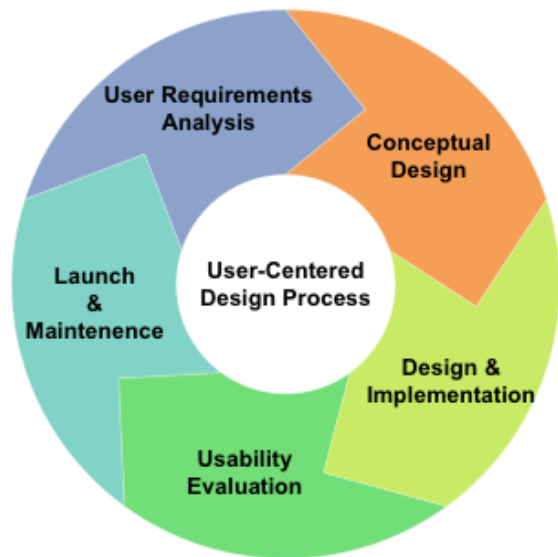
# Background: HIT

- Poor health IT (HIT) usability is major source of frustration with clinicians
- Electronic health record (EHR) usability is a fundamental barrier to implementation of evidence-based medicine
- IT should be designed to meet user needs
- User-centered design
  - streamline workflows
  - address barriers to adoption
  - embed ED-initiated BUP into routine ED care
  - to optimize adoption, dissemination, implementation, and scalability



# Aims: UG3

- **UG3 Aim 1.** Develop a pragmatic, user-centered CDS for ED-initiated BUP and referral for MAT in ED patients with OUD which will automatically identify and facilitate management of potentially eligible patients.
- **UG3 Aim 2.** Establish the infrastructure for the proposed trial.



# EMBED UG3 goals

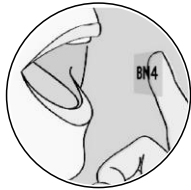
## Innovating Opioid Use Disorder treatment in the Emergency Department

### Identify the right patients for BUP

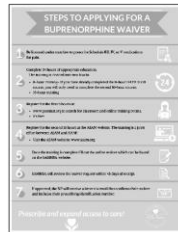


① The opioid epidemic is increasing the number of OUD patients in the Emergency Department, resulting in greater resource, time, and care pressures on ED staff

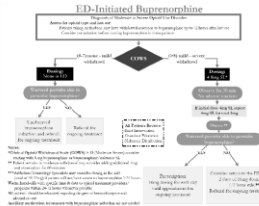
### Treat OUD patients with optimal systems and processes



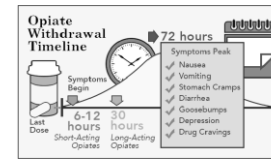
② BUP + MAT is an effective but complicated treatment to initiate in the ED, but it is more effective than the current care for OUD in the ED. As opposed to methadone, BUP can help patients rebuild their lives



③ There are a limited number of MDs waived in DATA 2000 (a requirement to prescribe BUP)



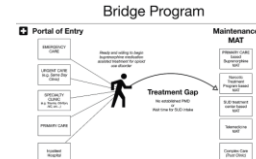
④ There are many processes that make prescribing and initiating BUP in the ED time and labor intensive



⑤

- DSM 5 OUD Checklist
- Clinical Opiate Withdrawal Scale
- BUP Referral Form for OUD
- Rx dosage amount and protocol

### Refer patients to Medically Assisted Treatment



⑥ In the ED, there is a lack of availability of referral for treatment and lack of integration of referral into care/workflow. As a result of these factors, there is less use of BUP + MAT, and patients risk missing referrals and treatments

### Project EMBED: Emergency department initiated Buprenorphine for opioid use Disorder

This project intends to improve the way emergency departments identify, treat, and refer Opioid Use Disorder (OUD) patients. Buprenorphine/naloxone (BUP) treatment initiated in the ED has proven to be effective for OUD. However, there are a number of challenges to start BUP in the ED. The goal of this work is to develop a clinical decision support system that addresses the hardships of providing care in a busy emergency department while delivering integrated and impactful treatment for patients.

# UG3 Milestone Overview

Q1: Apr-Jun	Q2: Jul-Sept	Q3: Oct-Dec	Q4: Jan-Mar
<ul style="list-style-type: none"> <li>• Epic vs web application</li> <li>• Wireframe</li> <li>• Assemble advisory board</li> <li>• Finalize:               <ul style="list-style-type: none"> <li>• inclusion criteria</li> <li>• baseline comparator</li> <li>• outcome measures</li> <li>• healthcare systems</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• Build functional prototype</li> <li>• Finalize:               <ul style="list-style-type: none"> <li>• Sites</li> <li>• Protocol</li> <li>• data coordination plans</li> </ul> </li> <li>• Identify:               <ul style="list-style-type: none"> <li>• MAT sites</li> <li>• Clinical champs</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>• CDS can fire in background</li> <li>• Collect sample data w/ ICC</li> <li>• Report how MAT network assembled</li> <li>• BUP available at all ED sites</li> <li>• Integrate CTN findings</li> <li>• Obtain IRB approval</li> <li>• Prepare randomization schedule</li> </ul>	<ul style="list-style-type: none"> <li>• IT integrate at Yale, other sites ready</li> <li>• MAT ready</li> <li>• Develop training materials</li> <li>• 100 cases from each site for final power calc</li> <li>• MAT scheduling available</li> <li>• Governing document finalized</li> <li>• <u>DSMB?</u></li> <li>• UH3 timeline</li> <li>• UH3 budget</li> </ul>



# Teams and People

- MPI
  - Ted Melnick, MD, MHS
  - Gail D’Onofrio, MD, MS
- Design
  - Matt Maleska
  - Jessica Ray, PhD
- Technology
  - Allen Hsiao, MD
  - Yauheni Solad, MD, MHS
  - Hyung Paek, MD, MSEE
  - Cynthia Brandt, MD, MPH
- Data coordination
  - Jim Dziura, PhD, MPH
  - Lilly Katsovich, MBA
  - Charles Lu
- Project Coordinator
  - Shara Martel
- External collaborators
  - UNC
    - Tim Platts-Mills, MD, MSc
    - Mehul Patel, PhD
  - Mayo
    - Molly Jeffery, PhD
- UAB
  - Erik Hess, MD, MSc
  - Jim Galbraith, MD
- Also: Cooper, UC Davis
- Each site within each system
  - Medical director
  - Clinical champions
  - IT leaders
  - MAT site contacts

# Aims: UH3

- **UH3 Aim 1.** Compare the effectiveness of user-centered CDS for BUP to usual care on outcomes in ED patients with OUD.
- Long-term goal of wide-scale adoption of ED-initiated BUP and referral to MAT by leveraging and integrating substance use disorder, design, IT, and data coordination innovation, expertise, and experience

## UH3 STUDY DESIGN SCHEMATIC & TIMELINE

	UH3 Year 1												UH3 Year 2												UH3 Year 3												UH3 Year 4															
MONTH	1	2	3	4	5	6	7	8	9	10	11	12	13	14	15	16	17	18	19	20	21	22	23	24	25	26	27	28	29	30	31	32	33	34	35	36	37	38	39	40	41	42	43	44	45	46	47	48				
DATE	3/19	4/19	5/19	6/19	7/19	8/19	9/19	10/19	11/19	12/19	1/20	2/20	3/20	4/20	5/20	6/20	7/20	8/20	9/20	10/20	11/20	12/20	1/21	2/21	3/21	4/21	5/21	6/21	7/21	8/21	9/21	10/21	11/21	12/21	1/22	2/22	3/22	4/22	5/22	6/22	7/22	8/22	9/22	10/22	11/22	12/22	1/23	2/23				
Cluster 1	Control						Imp	Post-imp Evaluation																																												
Cluster 2	Control												Imp	Post-imp Evaluation																																						
Cluster 3	Control																								Imp	Post-imp Evaluation																										
Cluster 4	Control																																		Imp	Post-imp Evaluation																
All	Ongoing data coordination & preparation for final analysis																																														Analysis					
KEY: Control = BASELINE EVALUATION, Imp= IMPLEMENTATION																																																				

# User-centered design progress

- Currently 25-30 minute workflow for an addiction counselor
  - Diagnostic criteria
  - Withdrawal assessment
  - Readiness for treatment
  - Treatment initiation
  - Referral (detailed form completed and faxed to referral center)
- Need to embed this in ED clinician busy, dynamic, interruptive workflow
- Goal to identify, treat, and refer in 2-5 minutes while
  - Minimize interruptions & additional cognitive load
  - Allow flexibility for initiation of tool, which parts to use, clinicians training for BUP use, novice-to-expert tool use
  - 30 mouse clicks down to as little as 1

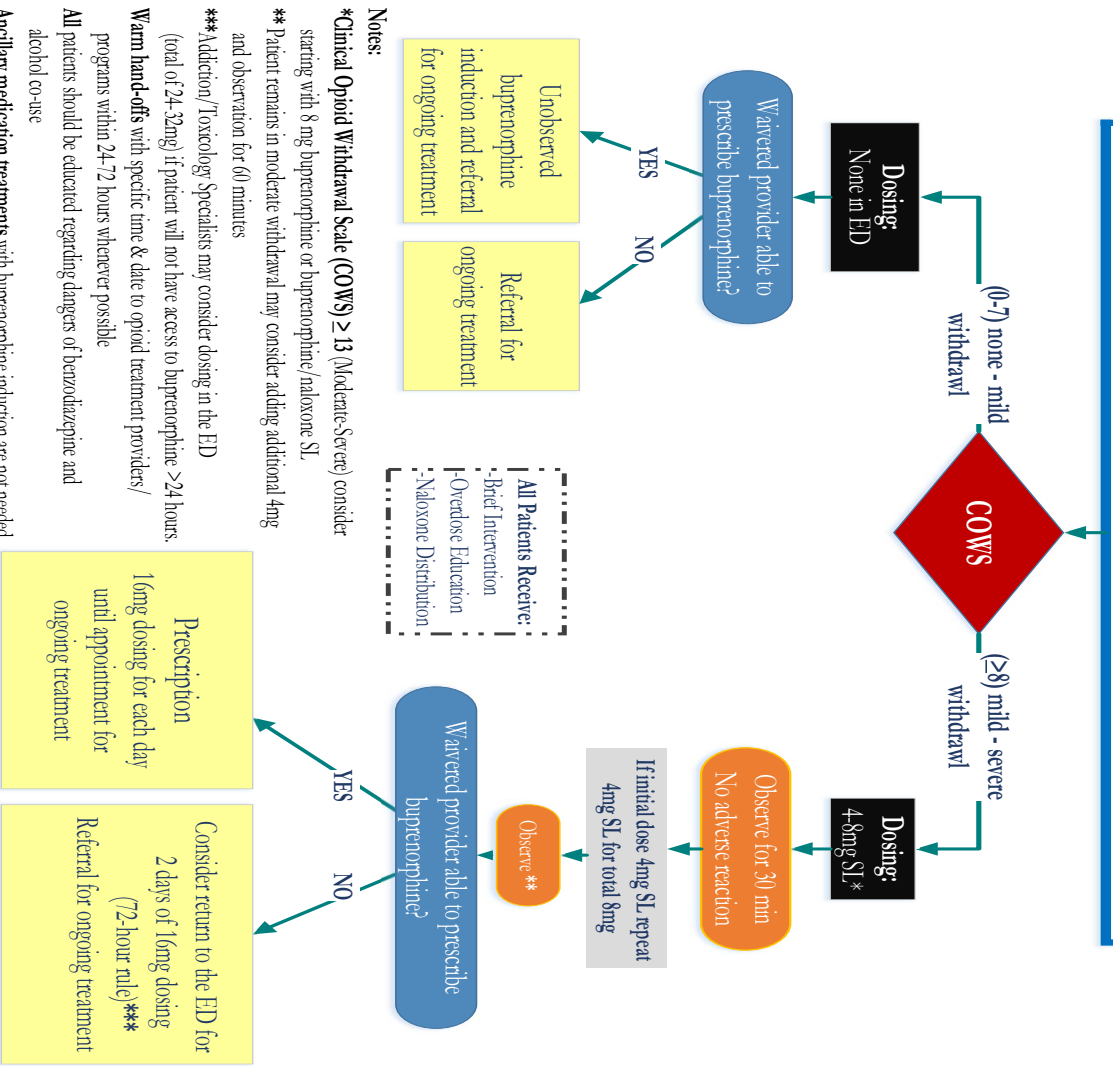
# Treatment Algorithm

## ED-Initiated Buprenorphine

Diagnosis of Moderate to Severe Opioid Use Disorder

Assess for opioid type and last use

Patients taking methadone may have withdrawal reactions to buprenorphine up to 72 hours after last use  
Consider consultation before starting buprenorphine in these patients



**Notes:**

**\*Clinical Opioid Withdrawal Scale (COWS) ≥ 13 (Moderate-Severe)** consider starting with 8 mg buprenorphine or buprenorphine/naloxone SL

**\*\*** Patient remains in moderate withdrawal may consider adding additional 4mg and observation for (6) minutes

**\*\*\*** Addiction/Toxicology Specialists may consider dosing in the ED (total of 24-32mg) if patient will not have access to buprenorphine >24 hours.

**Warm hand-offs** with specific time & date to opioid treatment providers/ programs within 24-72 hours whenever possible

All patients should be educated regarding dangers of benzodiazepine and alcohol co-use

Ancillary medication treatments with buprenorphine induction are not needed

# Embed: Initiation of Buprenorphine in the Emergency Department (People, Processes, Technologies, Content)

'Ideal' patient for BUP initiated treatment in the ED presents with OUD symptoms, is in severe withdrawal, and is ready for treatment



Workflows within EHR

- Problem list
- History & Physical
- Best Practice Alerts
- Evaluation/Comments/Dictation
- Order Sets/Manage Orders
- Smart Links
- Express Care
- Fax format for referral

Patients being in the right severity of withdrawal for treatment is the hardest part of the process



How can a patient be flagged?  
 Create a BUP order set?  
 All the attending should do is review and sign prescription

- 1. Patient Triage
- 2. Triage MD/RN
- 3. Bed
- 4. Evaluations, Treatment, Referral
- 5. Attending MD 'sign off' + Prescription
- 6. Discharge

**4. Evaluations, Treatment, Referral**

**PAC evaluation**

1. Use DSM to Diagnose OUD
2. Use SBIRT for readiness to treat
3. Use COWS for withdrawal
4. Use algorithm for dosage
5. Use template for referral

**RN evaluation**

**MD/Resident evaluation**

**Consultations**  
HPA / Project ASSERT

**5. Attending MD 'sign off' + Prescription**

## 7. Post-ED Treatments

- Referral to treatment center (fax, call, electronic order)
- Referral back to ED (72 hours)
- 'Indirect' referral (given contact info to treatment center)
- No referral / no treatment

Resources outside EHR



YNHH Clinical Resources

- Identifies patients**
  1. Walks around ED
  2. Checks patient panel (Epic)
  3. Receives calls about specific patient
- Connects with patient**
  1. Conducts BNI for readiness for treatment
  2. Assesses appropriateness for treatment
  3. Determines if patient is in severe withdrawal
- Referral, Admit, or Discharge with Info**
  1. Prints 'Interagency Referral' information
  2. Calls to make sure there is a bed
  3. Faxes treatment center and follow-up

# User Interface Categories and Sequence

0 Patient is flagged for possible OUD ('Best Practice Alert')

1

DSM 5 Opioid Use Disorder Checklist

A problematic pattern of opioid use leading to clinically significant impairment or distress, as manifested by at least two (2) of the following ...

Select all that apply

Occurring in the prior twelve months:

1. Opioids are often taken in larger amounts or over a longer period of time than intended.
2. There is a persistent desire or unsuccessful efforts to cut down or control opioid use.
3. A great deal of time is spent in activities necessary to obtain the opioid, use the opioid, or recover from its effects.
4. Craving, or a strong desire to use opioids.
5. Recurrent opioid use resulting in failure to fulfill major role obligations at work, school or home.
6. Continued opioid use despite having persistent or recurrent social or interpersonal problems caused or exacerbated by the effects of opioids.
7. Important social, occupational or recreational activities are given up or reduced because of opioid use.
8. Recurrent opioid use in situations in which it is physically hazardous.
9. Continued use despite knowledge of having a persistent or recurrent physical or psychological problem that is likely to have been caused or exacerbated by opioids.

For the following questions, select 'No' for those individuals taking opioids solely under appropriate medical supervision.

10. Tolerance, as defined by either of the following:
  - (a) a need for markedly increased amounts of opioids to achieve intoxication or desired effect
  - (b) markedly diminished effect with continued use of the same amount of an opioid
11. Withdrawal, as manifested by either of the following:
  - (a) the characteristic opioid withdrawal syndrome
  - (b) the same (or a closely related) substance are taken to relieve or avoid withdrawal symptoms

Total 1 Opioid Use Disorder Score

None (0-1)
Mild (2-3)
Moderate (3-6)
Severe (7-9)

2 COWS determines severity of withdrawal

**Clinical Opiate Withdrawal Scale**

For each item, select the options that best describes the patient's signs or symptom. Rate on just the apparent relationship to opiate withdrawal. For example, if heart rate is increased because the patient was jogging just prior to assessment, the increase pulse rate would not add to the score...

TOTAL SCORE	1. Resting Pulse Rate	2. GI Upset	3. Sweating	4. Tremor	5. Restlessness
00	Measured after patient is sitting or lying for 1 minute	Over last 1/2 hour	Over last 1/2 hour not accounted for by room temperature or patient activity	Observation of outstretched hand	Observation during assessment
00	<input type="radio"/> 0 60 or below <input type="radio"/> 1 60-100 <input type="radio"/> 2 100-120	<input type="radio"/> 0 No GI symptoms <input type="radio"/> 1 Stomach cramps <input type="radio"/> 2 Nausea or loose stool <input type="radio"/> 3 Vomiting or diarrhea	<input type="radio"/> 0 No report of chills or flushing <input type="radio"/> 1 Subjective report of chills or flushing <input type="radio"/> 2 Flushed or observable redness on face <input type="radio"/> 3 Beads of sweat on brow or face <input type="radio"/> 5 Sweat streaming off face	<input type="radio"/> 0 No tremor <input type="radio"/> 1 Tremor can be felt but not observed <input type="radio"/> 2 Slight tremor observable <input type="radio"/> 4 Gross tremor or muscle twitching	<input type="radio"/> 0 Able to sit still <input type="radio"/> 1 Reports difficulty sitting still <input type="radio"/> 2 Frequent shivering or autonomic movements of legs/arms <input type="radio"/> 5 Unable to sit still for more than a few seconds

4

**BUPRENORPHINE REFERRAL FORM FOR OPIOID USE DISORDER**

**IMPORTANT INSTRUCTIONS:** Buprenorphine/naloxone (brand name: Suboxone) helps treat opioid use disorder by decreasing cravings and suppressing withdrawal symptoms. When appropriate, patients with opioid use disorder should receive a prescription or first dose of buprenorphine in the hospital, along with a direct referral for buprenorphine maintenance. For referral, please complete and fax this form to local treatment centers listed below.

Patient's Name: \_\_\_\_\_ Date of birth: \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Phone number: \_\_\_\_\_ Date of ED visit: \_\_\_\_/\_\_\_\_/\_\_\_\_  
 Insurance:  Medicaid/Medicare  Commercial  Self-pay  
 Presented to ED with opioid overdose:  Yes  No

Opioid Use History:  
 Age of first use: \_\_\_\_\_ Primary type of opioid used: \_\_\_\_\_  
 Pattern of opioid use (average daily amount and frequency): \_\_\_\_\_

Substance Use History (beside opioids): Is the patient CURRENTLY using any of the following?  
 cocaine  PCP  
 alcohol  synthetic marijuana  
 benzodiazepines  other

Does the patient have Opioid Use Disorder?

- Yes
- No
- Uncertain (launch DSM checklist)

### DSM 5 Opioid Use Disorder Checklist

Quantifies severity of symptoms

**>3 - 6 Symptoms**

Severe

Select all  
that apply

Ask the patient the following questions:

1. Have you found that when you started using (insert drug (X) here) you ended up taking more than you intended to?
- 
2. Have you wanted to cut down using (X)?
- 
3. Have you spent a lot of time getting or using (X)?
- 
4. Have you had a strong desire or urge to use (X)?
- 
5. Have you missed work or school or often arrived late because you were intoxicated, high, or recovering from the night before?
- 
6. Has your use of (X) caused problems with other people such as with family members, friends, or people at work?
- 
7. Have you had to give up or spend less time working, enjoying hobbies, or being with others because of your drug use?
- 
8. Have you ever gotten high before doing something that requires coordination or concentration like driving, boating, climbing a ladder, or operating heavy machinery?
-

# Buprenorphine Initiation Process



PLAN

DIAGNOSIS

WITHDRAWAL SCALE

READINESS FOR TREATMENT

DOSING

REFERRAL

Complete this checklist to expedite the initiation of buprenorphine treatment

YES	NO	UNCLEAR	
<input checked="" type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	Does the patient have Opioid Use Disorder? <small>DSM Criteria</small>
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Is the patient in withdrawal? <small>Clinical Opiate Withdrawal Scale</small>
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Is the patient ready to start treatment? <small>Motivational Interview</small>
<input type="checkbox"/>	<input checked="" type="checkbox"/>	<input type="checkbox"/>	Is buprenorphine dosing determined? <small>Dosing Workflow</small>
<input type="checkbox"/>	<input type="checkbox"/>	<input checked="" type="checkbox"/>	Will the patient be referred to a treatment center? <small>Referral Form</small>

Start







# Buprenorphine Initiation Process

Welcome! The Buprenorphine initiation process will help you identify, treat, and refer patients with Opioid Use Disorder.

To begin treatment, the patient must be considered **'YES'** for the following criteria:

STATUS

**PENDING** Opioid Use Disorder ▾

**PENDING** Moderate-to-severe withdrawal ▾

**PENDING** Ready for treatment ▾

Dosing and referral

STATUS

**YES** Opioid Use Disorder ▾  
Yes  
Unsure - Launch DSM Criteria

**PENDING** Moderate-to-severe withdrawal ▾  
Yes  
Unsure - Launch COWS

**PENDING** Ready for treatment ▾  
Yes  
Unsure - Launch Interview

Dosing and referral

STATUS

**YES** Opioid Use Disorder ▾

**YES** Moderate-to-severe withdrawal ▾

**YES** Ready for treatment ▾

Dosing and referral

✔ Begin!

# Buprenorphine Initiation Process

Buprenorphine can be administered in patients who meet the following criteria:

PATIENT  
MEETS  
CRITERIA

START  
DECISION  
SUPPORT

**Opioid Use Disorder  
is moderate-to-severe**



(DSM 5 - Criteria for Opioid Use Disorder)

**Withdrawal symptoms  
are moderate-to-severe**



(Clinical Opiate Withdrawal Scale)

**Ready to start treatment**



(Motivational Interview Guide)

Dosing and Referral



Welcome!

This Buprenorphine treatment initiation process will help you identify, treat, and refer patients with Opioid Use Disorder.

Dosing and patient referral will begin once the three criteria are met.

Or, use the decision support information to guide you through the process.

Select:



to expedite  
dosing and referral



for information  
and decision support

# Buprenorphine (BUP) Initiation Treatment Options

EMAIL

PRINT

TEXT



ARE YOU CREDENTIALLED TO PRESCRIBE BUPRENORPHINE?

Waivered  
Provider

Not-waivered  
Provider



SELECT FROM ONE OF THE FOUR TREATMENT OPTIONS

	EXIT with no BUP	HOLD In ED for BUP	START (4MG) 4 mg BUP (2 doses) in the ED	START (8MG) 8 mg BUP in the ED
<b>Can be given when ...</b>	- not ready for treatment - incorrectly identified in EHR	- withdrawal is too mild - have returned for treatment	- entered looking for treatment	- entered ED by overdose - clearly in severe withdrawal
<b>Opioid Use Disorder diagnosis</b>	None-to-mild	Moderate-to-severe	Moderate-to-severe	Moderate-to-severe
<b>Clinical Opiate Withdrawal Scale</b>	< 8 None-to-mild	< 8 None-to-mild	8 to 13 Mild-to-moderate	> 13 Severe
<b>Typical symptoms</b>	Resting pulse rate <80 Not restless, anxious, irritable No yawning Normal pupil size No runny nose No tremors No sweating or gooseflesh No bone/joint pain No GI upset	Resting pulse rate <80 Not restless, anxious, irritable No yawning Normal pupil size No runny nose No tremors No sweating or gooseflesh No bone/joint pain No GI upset	Resting pulse rate >81 - 100 Frequent shifting Increasingly irritable / anxious Yawning 1 - 4 x / assessment Pupils dilated Runny nose / tearing eyes Slight tremor Flushed or some sweating Piloerection Mild or severe bone/joint Cramps, nausea, loose stool	Resting pulse rate > 120 Unable to sit still Too irritable to participate Frequent yawning Pupils completely dilated Runny nose / tearing eyes Gross tremor / twitching Beads of sweat Prominent piloerection Can't sit due to bone/join pain Vomiting / diarrhea
<b>Ready to start treatment</b>	No	Yes	Yes	Yes
<b>In the ED treatment</b>	No	- wait until withdrawal worsens, and then 4 mg SL/P dose	- 4mg SL/PO - Observe for 45 min - Ensure no side effects - Repeat dose of 4mg SL/PO - Observe for 60 min	- 8mg SL/PO - Observe for 45 min - Ensure no side effects
<b>Select treatment option</b>	No BUP Refer for Treatment	Order BUP (4mg) in 60 min. Refer for treatment	Order BUP (4mg) Return to ED in 24 hrs. for 16 mg Refer for treatment	Order BUP (8mg) Return to ED in 24 hrs. for 16 mg Refer for treatment

All patients receive: Note populated to chart, brief intervention, overdose education, naloxone prescription, no BUP prescription

# Buprenorphine (BUP) Initiation

TEXT "5555" FOR RESOURCES



WWW.WEBADDRESSHERE.COM

Are you credentialed to prescribe Buprenorphine?

No  Yes

Select from one of the four treatment options

Treatment Options	Opioid Use Disorder	Withdrawal Status	Patient is ready	Treatment in ED	Select and Return to EHR
	DSM	COWS	Interview		
<b>1 Start 8 mg BUP</b> Consider if ... patient is in severe withdrawal	YES	 (>13 Severe)		<ul style="list-style-type: none"><li>- 8mg SL/PO</li><li>- Observe for 45 min</li><li>- Ensure no side effects</li></ul>	<b>Order BUP (8 mg)</b> <ul style="list-style-type: none"><li>- Refer for treatment</li><li>- Prescribe naloxone</li><li>- Populate note &amp; instructions</li><li>- Return to EHR</li></ul>
<b>2 Start 4 mg BUP (2x)</b> Consider if ... patient entered ED for treatment	YES	 (8 to 13 Mild-to-Moderate)		<ul style="list-style-type: none"><li>- 4mg SL/PO</li><li>- Observe for 45 min</li><li>- Ensure no side effects</li><li>- Repeat dose of 4mg SL/PO</li><li>- Observe for 60 min</li></ul>	<b>Order BUP (4 mg)</b> <ul style="list-style-type: none"><li>- Refer for treatment</li><li>- Prescribe naloxone</li><li>- Populate note &amp; instructions</li><li>- Return to EHR</li></ul>
<b>3 Hold in ED</b> Consider if ... patient's withdrawal is too mild	YES	 (<8 Mild-to-Moderate)		<ul style="list-style-type: none"><li>- Wait until withdrawal worsens</li><li>- Then 4 mg SL/PO dose</li></ul>	<b>Wait 1 hour - Order BUP (4mg)</b> <ul style="list-style-type: none"><li>- Refer for treatment</li><li>- Prescribe naloxone</li><li>- Populate note &amp; instructions</li><li>- Return to EHR</li></ul>
<b>4 Exit / No BUP</b> Consider if ... Patient is not ready for treatment	NO / MILD	 (<8 None-to-Mild)		<ul style="list-style-type: none"><li>- No</li></ul>	<b>Refer for treatment</b> <ul style="list-style-type: none"><li>- Prescribe naloxone</li><li>- Populate note &amp; instructions</li><li>- Return to EHR</li></ul>

# Buprenorphine (BUP) Initiation

TEXT "5555" FOR RESOURCES



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Are you credentialed to prescribe Buprenorphine?

No  Yes

Select from one of the four treatment options

Treatment Options	Opioid Use Disorder	Withdrawal Status	Patient is ready	Treatment in ED	Select and Return to EHR
	DSM	COWS	Interview		
<b>1 Start 8 mg BUP</b> Consider if ... patient is in severe withdrawal	YES	 (>13 Severe)		<ul style="list-style-type: none"><li>- 8mg SL/PO</li><li>- Observe for 45 min</li><li>- Ensure no side effects</li></ul>	<b>Order BUP (8 mg)</b> <ul style="list-style-type: none"><li>- Rx: 8mg / 3 times daily</li><li>- Refer for treatment</li></ul>
<b>2 Start 4 mg BUP (2x)</b> Consider if ... patient entered ED for treatment	YES	 (8 to 13 Mild-to-Moderate)		<ul style="list-style-type: none"><li>- 4mg SL/PO</li><li>- Observe for 45 min</li><li>- Ensure no side effects</li><li>- Repeat dose of 4mg SL/PO</li><li>- Observe for 60 min</li></ul>	<b>Order BUP (4 mg)</b> <ul style="list-style-type: none"><li>- Rx: 8mg / 3 times daily</li><li>- Refer for treatment</li></ul>
<b>3 BUP Rx for Home</b> Consider if ... patient's withdrawal is too mild	YES	 (<8 Mild-to-Moderate)		<ul style="list-style-type: none"><li>- Educate patient on home induction</li></ul>	<b>BUP Home Induction</b> <ul style="list-style-type: none"><li>- Rx: 8mg / 3 times daily</li><li>- Refer for treatment</li></ul>
<b>4 Exit / No BUP</b> Consider if ... Patient is not ready for treatment	NO / MILD	 (<8 None-to-Mild)		<ul style="list-style-type: none"><li>- No</li></ul>	<b>Refer for treatment</b> <ul style="list-style-type: none"><li>- Prescribe naloxone</li><li>- Populate note &amp; instructions</li><li>- Return to EHR</li></ul>



## Clinical Opiate Withdrawal Scale (COWS)

For each item, select the appropriate description of the patient's signs or symptoms (points per symptom)

					<b>Score</b>	
1. Resting Pulse Rate	80 or below (0)	<b>81 - 100 (1)</b>	101 - 120 (2)	> 120 (4)	1	
2. Restlessness	Able to sit still (0)	Some difficulty sitting still (1)	Frequent shifting of limbs (3)	Unable to sit still (5)	0	
3. Anxiety or irritability	None (0)	Increasing amounts (1)	Obviously irritable / anxious (2)	Too difficult to participate (4)	0	
4. Yawning	No yawning (0)	1 or 2 times / assessment (1)	3 or 4 times / assessment (2)	Several times / minute (4)	0	
5. Pupil Size	Normal (0)	Possibly larger (1)	Moderately dilated (2)	Only rim of iris visible (5)	0	
6. Runny nose or tearing	Not present (0)	Stuffiness / moist eyes (1)	Nose running / tearing (2)	Constant running / tears streaming (4)	0	
7. Tremor	No tremor (0)	Felt - not observed (1)	Slight tremor observable (2)	Gross tremor / twitching (4)	0	
8. Sweating	No report (0)	Subjective report (1)	Flushed / observable (2)	Beads of sweat (3)	Streaming down face (4)	0
9. Gooseflesh skin	Skin is smooth (0)	Piloerection / hairs standing (3)	Prominent piloerection (5)		0	
10. Bone or joint pain	Not present (0)	Mild discomfort (1)	Severe aching (2)	Unable to sit due to pain (4)	0	
11. GI upset	No symptoms (0)	Stomach cramps (1)	Nausea or loose stool (2)	Vomiting or diarrhea (5)	Multiple episodes (5)	0

[Return to treatments](#)

# Barriers Scorecard

Barrier	Level of Difficulty*				
	1	2	3	4	5
Enrollment and engagement of patients/subjects			X		
Engagement of clinicians and health systems		X			
Data collection and merging datasets		X collection		X merging	
Regulatory issues (IRBs and consent)		X consent		X IRB	
Stability of control intervention				X	
Implementing/delivering intervention across healthcare organizations		X			

# Date Sharing UG3

- *What is your current data sharing plan and do you foresee any obstacles?*
  - Follow NIH guidelines & HIPAA compliant
  - Mindful of rights and privacy of participants given vulnerability of OUD
- *What information did the IRB require about how the data would be shared beyond the study in order to waive informed consent, if applicable?*
  - Pending external IRB review once sites finalized
  - Identifiers confidential, used only for data integrity, only shared with subject permission or as required by law
- *What data you are planning to share from your project (individual-level data, group-level data, specific variables/outcomes, etc.)?*
  - Primary outcome: rate of BUP use in ED (clinician-level)
  - Secondary outcomes: related to success of referral to MAT



# Thank you. Let's discuss.

Questions & Answers?  
Thoughts on need for DSMB?

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