Measuring the Cost Effectiveness of Pharmacogenonomic Testing

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Learning Objectives

1. Identify expense, revenue and cost saving parameters prior to implementing an in-house pharmacogenomic testing program
2. Selection of key stake-holders, decision makers and implementation team members
3. Formulate and develop critical Electronic Medical Record system requirements to support clinical and cost monitoring

The “Buy or Rent” Decision

Bringing new diagnostic testing in-house is a strategic decision that must be weighed carefully

Pharmacogenomics Cost Justification

Upfront analysis can help mitigate the risk

Planning and implementation is Critical

Include the right people at the right time
Cost Effectiveness and Sustainability

**Keys to a successful program**
- Detailed pre-planning (with timelines and management tools)
- Experienced project manager
- Alignment with key stakeholder’s needs
- Staff training and clinical education
- Full integration (input and output) with the Electronic Medical Records system
- Patient and community education

Project Planning
Understanding current and future processes

- Identifies gaps and risks
- Confirms sources of costs
- Validates workflow
- Builds cross-functional alignment

Project Planning and Workflow
- Transitions workflow into tasks
- Creates dependency relationships between tasks
- Helps to prevent surprises and keep project on-schedule and on-budget

Stakeholder Alignment
- Senior Executive leadership (CEO/President, CMO, CFO, Chief Legal Officer and CIO)
- Senior Clinical leadership (clinical divisions, nursing and pharmacy)
- Pathology services
- Clinical staff
- P&T committee¹
- Third party payers
- Patient advocates (community awareness)

¹ASHP Guidelines on the Pharmacy and Therapeutics Committee and the Formulary System

Key Drivers by Stakeholder
**Senior Executive leadership (CEO/President, CMO, CFO, Chief Legal Officer and CIO)**
- Impact on clinical outcomes
- Capital budget
- Headcount requirements
- Standards of Care and legal liability
- Impact on community relations/Patient advocacy groups
- Added time and work burden for clinical staff
- Health Economics, return on overall investment (reimbursement vs cost)
- Integration into LIS/HIS (time and cost)

Key Drivers by Stakeholder
**Senior Clinical leadership (clinical divisions, nursing and pharmacy)**
- Technology adoption (National standards of care)
- Impact on malpractice liability
- Education and training (staff turnover)
- Impact on department headcount
- Clinical relevance for each clinical specialty
- Added time and work burden for clinical staff
- Alignment with current workflow
Key Drivers by Stakeholder

Clinical Staff (physicians, nurses and clinical pharmacists)
- Clinical validation (Peer-reviewed articles, National Standards)
- Clinical Pharmacy consultation availability
- Liability (to act or not act)
- Education (impact on current clinical decision making)
- Alignment with current workflow
- Test turn-around time
- Test reporting format
- Patient education support

Key Drivers by Stakeholder

Third party payers
- Clinical validation (National Standards)
- CMS/other third-party adoption (CPT MoPath code/tier assignment and reimbursement direction)
- Demonstrated/documented clinical and economic data addressing investment versus cost prevention (short and long-term plus hard and soft costs)

Key Drivers by Stakeholder

Patient advocates
- Alignment community needs
- Impact on patient care
- Cost (out of pocket) to patients
- Patient/community education programs

Implementation Team Structure

Key Drivers by Stakeholder

Test Selection – Where to Start
- Identify institution’s most common adverse events associated with gene mediated drug metabolism (informatics committee)
- Quantify frequency (12 to 24 months) of selected adverse events within your patient population (informatics committee)
- Obtain institutions drug volume (in and outpatient) for selected medications (informatics committee and pharmacy benefit manager)
- Quantify internal costs (at the patient level) associated with each adverse event identified

Testing Choices

Key Questions/Decisions:
- Will third party payers reimburse for PGx tests not directly linked to an ICD-9 code (i.e panel testing)?
- Prospective (prevention) vs. reactive (at-risk) testing (short vs. long-term impact)
- Individual tests versus disease or medication oriented PGx panels
- Turnaround time (TAT). What is needed vs required? Cost impact linked to changes in TAT
Drug Gene Selection Process

Nominate drug-gene pair  

Input:  
- Peer-reviewed publications  
- FDA labels  
- Internal data prepublication guidelines  

Team members:  
- Pharmacogeneticist  
- Clinical Pharmacologist  
- Pharmacists  
- CLIA lab director  
- Physicians (representing)  
  - Nephrologist  
  - Cardiologist  
  - Gastroenterologist  
  - Infectious Disease  
  - Oncologist  
  - Pediatrician  
  - Obstetrician  
  - Geriatrician

Recommendations

Develop clinical action flowcharts  

Reports and consultation services

Pharmacogenomics Laboratory

Technology may be the least challenging aspect

- Driven by laboratory services committee  
- Space and staff requirements  
- Test selection and volume may direct choices (automated vs. manual)  
- Equipment acquisition (buy versus lease)  
- Plan for future expansion  
- Plan for obsolescence

Electronic Medical Records

**EMR is the key to a successful program**

- Driven by Informatics Committee  
- Functional specifications require input from stakeholders  
- Lead time – planning, coding, implementing and testing  
- Prioritization (internal and vendor)  
- Data input and data mining critical  
- User defined flexibility (change friendly)

Staff Education

*It takes time to change clinical practice*

**Clinical Training:**

- Critical for short and long-term sustainability  
- Physician, Nursing and Pharmacy teams  
- Pre and post-implementation survey (what went well and what can be improved)  
- Training and re-training (consider turnover)  
- CME/CE

Patient Education

**Demystify genetics**

**Supporting Patient Ownership:**

- Alignment of patient education tools and how to deliver (clinical teams)  
- Patient education tools must simplify the concept of pharmacogenomics  
- Educated patients are associated with better outcomes\(^1\)

Measuring Cost Effectiveness

*A challenging task*

**Hard versus Soft Costs:**

- Out of pocket costs (capital and variable costs are straightforward measures)  
- Compare your adverse event rates to national averages  
- Benchmark costs per adverse event  
- Analyze accuracy of adverse event recording  
- Quantifying soft costs takes time (plan for it)

And Finally the Money

Profit and Loss Analysis

- Justification for Laboratory
- Driven by finance committee
- Establish metrics to achieve and measure periodically
- Cash flow, break-even analysis and Net present Value (NPV)
- Operating Profit (OP) before tax and depreciation
- Cumulative Income minimum of 5 years

Summary

- Adopting in-house pharmacogenomic testing requires clinical and financial strategic commitments
- Project teams require engagement from cross-functional areas within the institution
- EMR integration is critical for reporting and data mining
- Education of clinical staff and patients is required for sustainability