CYP2D6 Pharmacogenetics Consultation UF Health Personalized Medicine Program

<u>HPI:</u>

Patient full name (MRN 00000), is currently enrolled in the research study, Implementing Genomics in Practice (IGNITE): CYP2D6 Genotype-Guided Pain Management in Patients Undergoing Arthroplasty Surgery (IRB 201800445). This patient provided written consent on --/--/---- and was randomized to the genotype-guided group.

<u>Drug allergies:</u> <mark>Add</mark>

CYP2D6 interacting drugs (as of --/---): Add

<u>Pharmacogenetic test results (-/-/---):</u> *CYP2D6* Genotype: */* CYP2D6 Phenotype: Ultra-Rapid Metabolizer (UM); increased CYP2D6 enzyme activity

Interpretation:

Tramadol, codeine, and to a lesser extent hydrocodone and oxycodone are converted to more potent metabolites by the CYP2D6 enzyme. This patient's CYP2D6 metabolizer status is associated with production of excess amounts of more potent forms of these drugs and increased risk of adverse events. Toxic plasma levels of potent metabolites may occur at normally prescribed doses and result in respiratory depression, respiratory arrest, shock, cardiac arrest or, in rare cases, death. Therefore, this patient may have increased risk of toxicity from tramadol, codeine, hydrocodone, and oxycodone.

Recommendations:

Tramadol, codeine, hydrocodone, and oxycodone are **NOT RECOMMENDED** because this patient is predicted to be an **ULTRA-RAPID METABOLIZER** of these drugs. Reduced doses of tramadol, codeine, hydrocodone, or oxycodone may also lead to toxicity and are not recommended alternatives. **Consider an alternative opioid** such as morphine or hydromorphone that is not affected by CYP2D6 metabolism status **or a non-opioid** analgesic.

For questions regarding this recommendation, please contact the UF Health Personalized Medicine Program:

Author:	<mark>ADD,</mark> Pha	rmD
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References:

- Crews, K.R., et al. CPIC guidelines for CYP2D6 genotype and codeine therapy: 2014 update. Clin Pharmacol Ther. 2014;95:376-82.
- Stamer, U.M., et al. Impact of CYP2D6 genotype on postoperative tramadol analgesia. Pain 2003;105:231-8.