

MeTree® is an easy to use software that is patient-facing web-based family and personal health history collection and clinical decision support program.

- \*Educates you about what to collect and how to collect Family Health History from your family members.
- \*You may log in and out to collect more information as often as needed.
- \*Provides simple straightforward action-oriented recommendations tailored to you—the patient.
- \*Engages you in your care and encourages you to participate in your health.



# What is Family Health History?

Family health history is information about diseases that run in your family, as well as the eating habits, activities, and environments that your family shares. Knowing family health history can not only help you make healthy lifestyle choices, but also help you and your doctor choose screening and disease prevention options that are most appropriate for your risk level.

Your family's health is one part of the history of your family. While collecting your family health history, pay attention to events, stories, and experiences as well. Gathering your family history helps you share your family stories and health information with your family members and children.

# "Knowing your family health history could save your life."

Francis Collins, MD, PhD
Former director of the National Human Genome
Research Institute (NHGRI) at the National Institutes of
Health (NIH).



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### FAMILY HEALTH HISTORY

Come join us to find out your personalized risk for many common medical conditions and what you can do about it!





## metree Family Health History



is:

MeTree® is an easy to use software program that asks questions about your personal health history and your family health history.

In order to:

Calculate your risk for:

**Diabetes** 

**Heart Disease** 

**Stroke** 

**Aortic Aneurysm** 

**Hereditary Liver Diseases** 

**Hereditary Cancer Syndrome** 

**Hereditary Heart Syndromes** 

Colon Cancer

**Breast Cancer** 

**Blood Clots (Thrombosis)** 

**Tablet Friendly** 

Easy and Fast to Use

Gives guidance on talking with relatives

Lists Information you need to collect about yourself and your family

MeTree® allows you to become an important partner in your health and health care

Creating a report for you that outlines your level of risk and what makes you at risk

Giving you personalized recommendations for actions you can take now, on your own, to lower that risk

Creating a report for your doctor with personalized recommendations about medical care you qualify for to lower your risk.





Provide
personalized
recommendations
for you and your
doctor to manage
and / or lower your
risk



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